

HIMALAYAN TRUST NEPAL

# ANNUAL REPORT

2022/23



AUGUST 2023



**ANNUAL PROGRESS REPORT 2022/23**



Integrated Development of  
**Education, Health, Environment,  
Culture and Livelihood**  
**IN SOLUKHUMBU DISTRICT**

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**Published Date:**

August 2023

**Publisher:**

Himalayan Trust Nepal  
Dilli Bazar, Kathmandu, Nepal

**Layout and Print:**

Digiscan Pre-Press Pvt. Ltd

**Front Cover:**

Students from Khumjung School are performing a Sherpa cultural dance during the opening ceremony of the Sir Ed Visitor Centre in Khumjung.

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# ACKNOWLEDGEMENTS

The Himalayan Trust Nepal (HTN) would like to express its gratitude to the Social Welfare Council, Ministry of Women, Children and Social Welfare; Education and Health Ministries, Department of Education/ Centre for Education and Human Resources in central level for their cooperation to implement our health, education and livelihood projects in the Solukhumbu district.

HTN supports and works in coordination with the government institutions and local communities at grassroots level for improvement of education, health and livelihoods of the local people. Special recognition goes to the District Administration Office, District Coordination Committee, District Education and Health Coordination Units, Solududhkunda Municipality, Khumbu Pasang Lhamu, Mapya Dudhkoshi, Mahakulung, Sotang and Likhu-Pike Rural Municipalities for their partnership and cooperation.

The HTN highly acknowledges the supports received from Himalayan Trust New Zealand (HTNZ), The New Zealand Aid Programme/Ministry of Foreign Affairs and Trades (MFAT) and individual donors of New Zealand. The support was received for the Improvement of Quality Education in Solukhumbu through teacher training, scholarships, teachers' salary and teaching material support, classroom

furniture, office management cost and livelihood improvement projects. HTNZ has also expanded its support to Khunde hospital's regular operation and management from January 2021.

The HTN would like to thank HTNZ Patron and former prime minister of New Zealand Rt. Honourable Mrs. Helen Clark, Chairman, Peter Hillary, Vice-chairman Dr. Mike Gill, board members, general members and staff personnel for their major role in strengthening, supporting and fundraising for the programmes of the Himalayan Trust in Nepal. HTN would like to thank New Zealand High Commission, New Delhi, India for their generous support to develop Sir Edmund Hillary Visitor Centre in the Khumjung High School and raising funds from silent auction during the 70th anniversary celebration on 6th June 2023.

The HTN would like to thank President Ms. Karen O'Connor and all the Sir Edmund Hillary Foundation Canada (SEHF) Board of Directors and staff personnel for their support. The support of the Foundation primarily focused on the management of Khunde Hospital and its peripheral health clinics in Thame, Phortse and Monju villages has significantly helped improve the health conditions of the local people. The founder and executive director of SEHF Canada, late

William F. (Zeke) O'Connor, and President Karen O'Connor's untiring leadership and support to the people of Khumbu are highly appreciated.

The HTN highly values the financial support received from the American Himalayan Foundation (AHF) over many years for the education and health programmes of Himalayan Trust in Solukhumbu district. Under the chairmanship of Richard C. Blum, AHF continued financial support to the Himalayan Trust Nepal's educational, health and livelihood improvement programme and conservation of ancient monasteries. AHF has kindly extended their support for managing the health services of the Himalayan Trust in the Khumbu region from early 2018. AHF has been supporting fifty percent of the Khunde hospital operation cost from 2020. We would like to acknowledge the entire funding support of Sokol Family Foundation, USA to the operation and management cost of Khunde hospital since the fiscal year 2021/22.

In addition, late Richard has also donated half cost of the Thame Hostel Construction Project. AHF also supported for the procurement of COVID-19 prevention materials for Khunde hospital, outreach clinics, government health posts, management of the Covid-19 isolation centre and food relief material support to the people of Thame valley. The Himalayan Trust

would like to extend its gratitude to all its Board Members and especially to late chairman Richard Blum, President Erica Stone, Vice President Norbu Tenzing, Programme Director Betsy Horan, Bruce Moore the Senior Programme Director, Ms Charu Pradhan, Programme Director of Nepal and the staff members for their valuable support. We dearly missed Richard C. Blum for his untimely demise in March 2022. We remain committed to flourish his legacy in the Khumbu region. We would like to welcome and wish best of luck to Jon Krakauer for taking the position of chairman of the American Himalayan Foundation.

The HTN also acknowledges the considerable support received from Himalayan Trust UK for rebuilding the earthquake-damaged Solukhumbu schools, for supporting child-friendly school furniture, funding for Mary Lowe scholarship and Covid-19 second wave prevention material support projects. The HTN would like to extend sincere thanks to Sir Graham Wrigley, the Chairman of HTUK, 1953 Patron Mrs. Mary Lowe, Sue Leyden and all its Trustees for their contribution in Solukhumbu through HTN. Mary Lowe has been providing scholarships to a batch topper boy and a girl of Bung Secondary School annually. Special thanks to Mary for her sole contribution. Likewise, HTUK has established Mary Lowe Scholarship in 2020 to provide scholarship to the students of Khumjung, Chaurikharka, Kharikhola, Taksindu and Junbesi Secondary School graduates for undertaking three-year Health Assistant and Staff Nurse Courses in Nepal.

Grants from Sir Edmund Hillary Stiftung (SEHS) Germany go to Phaplu Hospital, Bung, Salyan and Sotang Primary Health Centres in the Solu region in the form of medicine, subsidies and incentives to doctors and other technical and administrative staff. SEHS has also supported Phaplu hospital to build a maternity ward. Their support to Phaplu hospital continues through an agreement with the hospital development board with an aim to provide better services from Phaplu Hospital in Solukhumbu district. SEHS Germany and HAUSER Exkursionen International Germany have also provided a grant to build Monju Community Hall in 2017, Sir Ed's Visitor Centre at Khumjung school in 2020, construction of Patle clinic and funding for 11 students to pursue high school and bachelor's degree under "Louise and Belinda Hillary Memorial Scholarship" scheme. Thanks to Chairperson Ingrid Versen, Deputy Chair Manfred Haupl and its Board Members in Germany who have untiringly helped raise funds for Phaplu Hospital and people of Solukhumbu.

Himalayan Trust Nepal highly appreciates the supports of Benoit Chamoux Foundation and its board of directors for their humanitarian assistance to semi-orphan children of mountain disaster victims for their school and college level education. Through this foundation, more than 37 children have received the scholarship in reputed schools of Kathmandu. Special appreciation goes to Mrs. Fabienne Clauss, the spiritual mother of the BCF children and founder of the organization. She is

not just a donor but also a kind hearted mother to all children that BCF supports. She remains in regular contact with the children and tracks their progress and successes. She feels proud on the success of her spiritual children.

Himalayan Trust New Zealand, American Himalayan Foundation and Himalayan Trust UK have also supported schooling of 2014 Mt. Everest avalanche victims' children (MDRES) from grade 1 – 12 through HTN with mutual understanding between HTN and Nepal Mountaineering Association. The HTN plays bridging role between the schools and above organizations for managing the scholarship programme, monitoring, counselling, and overseeing academic progress of children.

Naulekh Foundation has been supporting Poyan Basic School and a village health clinic in Poyan village. After the completion of primary level education from Poyan School, students are admitted to Mahendra Jyoti Secondary School in Chaurikharka. The Foundation supports for the living costs of Poyan village students at Mahendra Jyoti Secondary School. HTN highly appreciates the support of Chairwoman Mrs. Ursula Heuscher, board members Werner Heuscher and rest of board of trustees to the students of this remote mountain village.

The HTN is highly indebted to the Grand Circle Foundation (GCF) of USA for their continued support to build a 24 bedded hostel construction project for Birendra Jyoti Secondary

School in Sotang in 2022/23, School WaSH Project in Pelmang, Chheskam, Bung and Juving schools, REDSS Project and teacher training programme. HTN extends its sincere appreciation to late Chairman Alan Lewis and Vice-chairperson Ms. Jan Byrnes and the board of directors of GCF for their continued support to the people of Solukhumbu through HTN.

The HTN expresses its sincere gratitude to the Forgotten Sherpas of Nepal Trust (FSNT) for their support to operate Goli and Patle Community Health clinics. HTN built a two-room clinic building and toilets at Patle Okhaldunga with the funding support of Sir Edmund Hillary Stiftung Germany and FSNT in 2023. FSNT is a New Zealand based NGO set up to support the health project of Goli and Patle communities.

The HTN highly appreciates the Department for Development Assistance and Humanitarian Aid, Ministry of Foreign and European Affairs of the Slovak Republic, Slovak Embassy, New Delhi, Reinhold Messner Mountain Foundation, Land Rover New Zealand for their assistance to build the Monju Community Water Supply and Fire Hydrant Project. Khumbu Pasang Lhamu Rural Municipality and Chaurikharka Buffer Zone User Committee deserve special appreciation for their contribution and partnership with HTN on this important project.

The HTN also highly values the support of The Greater Himalayas Foundation (TGHF) USA- *Honoring The*

*Legacy of late Mingma Norbu Sherpa* for their support in education programme of HTN. TGHF have been supporting computer and Sherpa language teachers' salary, scholarships to Khumjung school graduate students. The Foundation also supported in Khumjung School rebuilding projects and Sir Edmund Hillary Visitor Centre. Chairperson Mrs. Phurba Sona Sherpa and its board members deserve special thanks.

The HTN is pleased to express its heartfelt gratitude to EduTech Nepal and its founder and donors Mike Chisholm and Sheryl Chisholm for supporting computer lab projects in the Solukhumbu and Khotang districts.

HTN is also pleased to partner with Nepal KinderHilfe Germany for delivering scholarship programme to the poor children of Nepal from Pokhara, Chitwan, Rasuwa, Kathmandu, Kavre and Solukhumbu areas.

Likewise, Lights for Kids (LfK) a Germany based NGO has also joined hands with HTN for providing solar home system for more than 90 households of Mamerkhu and Boksuwar villages of Mahakulung Rural Municipality, Solukhumbu in 2021/22. LfK has been supporting the Saraswati Basic School in Hill of Mapya-Dudh-kosi Rural Municipality to improve the classrooms, to provide nutritious lunch for children and English teacher's salary support. In addition, they have been supporting to build a 4-classroom block at Kharikhola Secondary school in 2023. Thanks to its board of directors and donors for

their interest to partner with HTN and follow the legacy of Sir Ed.

HTN would like to acknowledge the donation support of Mr. David Smith of England and Dr. Tshering Wangdi Sherpa of Pennsylvania USA. HTN is grateful to Dr. Jeffrey W. Phillips of Seattle USA for supporting to establish and operate a dental clinic at Khunde hospital in May, 2023. Similarly, HTN likes to express sincere thanks to Mr. Shaun Cheng of Eyes4Everest Australia for supporting to train 2 nurses of Khunde hospital as primary eye care professionals for 3 months at Tilganga Institute of Ophthalmology. Eyes4Everest is committed to support the establishment of a primary eye care clinic in Khunde hospital.

We would like to extend our heartfelt appreciation to Johns Hopkins University, USA, for their invaluable funding support towards the implementation of the "Zero TB in Kids and Family" projects in 2023. Their generous contribution has played a vital role in making these initiatives a reality. We would also like to express our sincere gratitude to Dr. Kunchok Dorjee and his dedicated team for their continuous support and active involvement in the implementation of the project.

We acknowledge the hard work of Dr. Kami Temba Sherpa, Dr. Mingma Kanchi Sherpa and their entire staff at Khunde Hospital for their efficient and effective management in delivering excellent health services at the hospital and outreach clinics in the Khumbu region.

Sister Sani Sherpa, In-charge of Phaplu hospital management and medical in-charge Dr. Ajay Chaudhary MDGP and the entire team at Phaplu Hospital deserve special appreciation for the competent medical and surgical services and overall management of the hospital effectively. Particularly, Phaplu hospital could play very crucial role to prevent and treat Covid-19 infection in the Solukhumbu district while providing all other general medical services.

Mr. Mahendra Bahadur Kathet, Mr. Is-worman Rai, Mr. Bishnu Rayamajhi, Mr. Nava Bahadur Bhujel, Mr. Abin Maharjan, Mr. Ujwol Bhomi, Mr. Chandra Dev Bhatt, Ms. Neelam Chand, Ms. Prabina Karki and Ms Rashmi Gurung teacher trainers of the HTN have worked hard to help students and teachers of Solukhumbu to run the school education activities effectively during and post Covid lockdown. They have been coordinating with 106 plus schools of Solukhumbu for the implementation of a five-year education programme. The programme is being funded by the Ministry of Foreign Affairs and Trades (MFAT) and Himalayan Trust New Zealand. Thanks go to HTN trainers for their hard work in the field.

We appreciate Mr. Lhakpa Tenji Lama (Sherpa), Mr. Baween Raj Tandukar, Mr. Bijay Shrestha, Mr. Dipu Sherpa, Ms. Pema Diki Sherpa, Ms. Fura Yangee Sherpa, Mr. Phurba Chheten Pradhan, Mr. Man Bahadur Magar and Mr. Chhiring Sherpa of HTN for their hard work and positive team spirit in the field as well as at the Trust Office.

We would also like to acknowledge the active support of all executive as well as general members of the Himalayan Trust Nepal for giving much of their time to the affairs of the institution and for setting up future guidelines for the welfare of the community of Solukhumbu in keeping with the path set by Sir Edmund Hillary.

Himalayan Trust Nepal family is extremely thankful to Ms. Lisa Chogyal, Honorary Consul of New Zealand to Nepal, for her active and continued cooperation.

Finally, the HTN expresses its heartfelt gratitude to all its overseas well-wishers, friends, donors and foundations for their generous support and cooperation.



**Pasang Dawa Sherpa**  
Chairman



**Mingma Norbu Sherpa, PhD**  
Chief Executive Officer

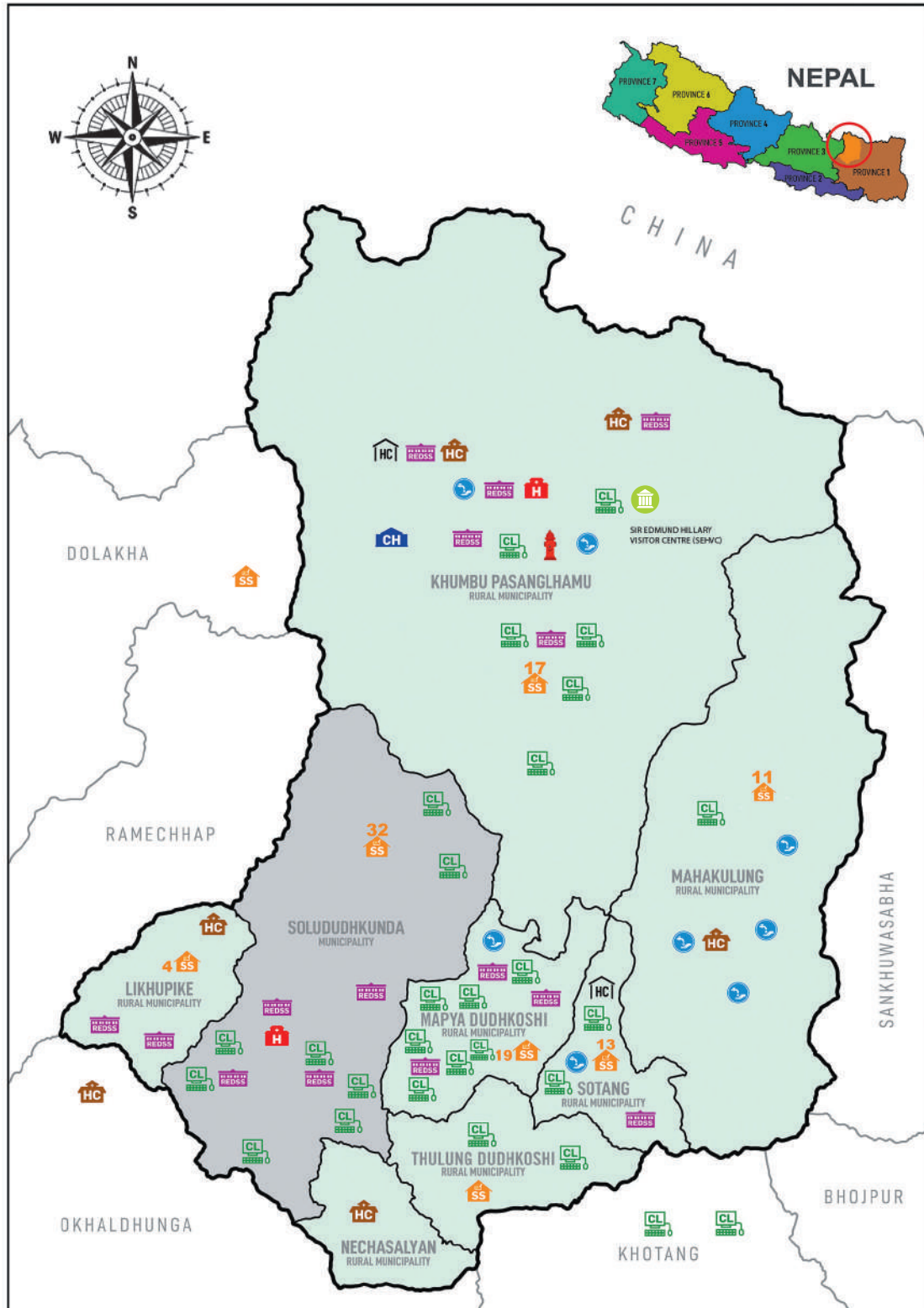
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## LIST OF ABBREVIATIONS

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AGM	Annual General Meeting	KPLRM	Khumbu Pasang Lhamu Rural Municipality
AHF	American Himalayan Foundation	LIL	Literacy through Integrated Learning
ANM	Auxiliary Nurse Midwife	MoU	Memorandum of Understanding
BCF	Benoit Chamoux Foundation	MDRES	Mountain Disaster Relief Education Support
CDC	Curriculum Development Centre	NGO	Non-Government Organization
CEHRD	Centre for Education and Human Resource Development	NDC	Namche Dental Clinic
CEO	Chief Executive Officer	NHRC	Nepal Health Resource Council
CMA	Community Medicine Assistant	NTCC	Nepal Tuberculosis Control Centre
DCC	District Coordination Committee	NATA	Nepal Anti Tuberculosis Association
DHIS	District Health Information System	PTA	Parents Teachers Association
DHO	District Health Office	QEPS	Quality Education Programme in Solukhumbu
EDCU	Education Development and Coordination Unit	SBTTP	School Based Teacher Training Programme
ECED	Early Childhood Education and Development	SEE	Secondary Education Examination
ECD	Early Childhood Development	SEHF	Sir Edmund Hillary Foundation, Canada
FAM	Finance and Admin Manager	SEHM	Sir Edmund Hillary Memorial Scholarship
FSNT	Forgotten Sherpas of Nepal Trust	SEHS	Sir Edmund Hillary Stiftung, Germany
GCF	Grand Circle Foundation	SMC	School Management Committee
GPA	Grade Point Average	SIP	School Improvement Plan
HA	Health Assistant	SWC	Social Welfare Council
HTN	Himalayan Trust Nepal	SEHVC	Sir Edmund Hillary Visitor Centre
HTNZ	Himalayan Trust New Zealand	TGHF	The Greater Himalayas Foundation
HTUK	Himalayan Trust United Kingdom	ToT	Training of Trainers
ICT	Information and Communications Technology	TB	Tuberculosis
INGO	International Non-Government Organization	WaSH	Water, Sanitation and Hygiene

# HIMALAYAN TRUST PROGRAMME AREA MAP



INDEX

- HOSPITAL
- HEALTH CLINIC
- COMMUNITY HALL
- COMPUTER LAB
- WATER SANITATION & HYGIENE
- SCHOOL SUPPORT
- REBUILD EARTHQUAKE DAMAGED SCHOOLS
- HOSTEL CONSTRUCTION
- FIRE-HYDRANT
- SOLAR PROJECT
- SEHVC

# HTN INFOGRAPHICS



**SCHOLARSHIPS  
290 STUDENTS**



**MALE :111**



**FEMALE :179**



**STATIONERY SUPPORT  
106 SCHOOLS**



**TEACHERS  
SALARY SUPPORT  
20 TEACHER**



**MALE : 14**



**FEMALE : 06**



**COMPUTER LAB  
35 SCHOOLS**



**ZERO TB IN HIMALAYA  
KIDS AND FAMILY  
PROJECT : 1  
BENEFICIARY: 2,000 LOCALS**



**MEDICINE SUPPLY  
3 HOSPITALS &  
6 CLINICS**



## PATIENTS TREATED



**PERIPHERAL CLINICS**  
(Phortse and Thame) - **1,164**

**MALE : 504** | **FEMALE : 660**

**PHAPLU HOSPITAL - 12,827**

**MALE : 5,994** | **FEMALE : 6,833**

**PIKE RURAL GEORGE  
HUNTER HEALTH CLINIC - 1,041**

**MALE : 369** | **FEMALE : 672**

**KHUNDE HOSPITAL - 4,439**

**MALE : 1,833** | **FEMALE : 2,606**

**NAMCHE DENTAL CLINIC - 1,105**

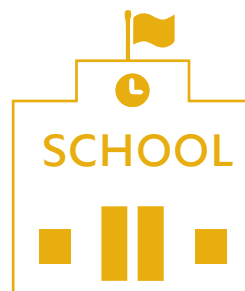
**MALE : 480** | **FEMALE : 625**

**PATLE COMMUNITY  
HEALTH SERVICE - 1,247**

**MALE : 550** | **FEMALE : 697**



**HOSTEL CONSTRUCTION : 1**  
BENEFICIARY: 24 STUDENTS,  
1 Teacher



**KHARIKHOLA SCHOOL  
BUILDING CONSTRUCTION : 1**  
BENEFICIARY: 200 STUDENTS

# EXECUTIVE SUMMARY

Himalayan Trust Nepal (HTN) implemented a wide range of impactful programme activities in education, health, culture, and livelihood over the fiscal year 2022/23 (17 July 2022 - 16 July 2023). A key element in HTN's accomplishments was its well-coordinated team efforts at the central, district, and local government levels, which facilitated the smooth implementation of its regular programmes.

Under the education programme, HTN achieved considerable success by providing teacher trainings, consistent monitoring, and follow-up support to 33 schools under the School Based Teacher Training Programme (SBTTP) and 43 schools under the Literacy through Integrated Learning (LIL) Programme. Notable achievements in the education sector included the implementation of various scholarships for 290 students at the primary, secondary (grade 10+2) and bachelor's levels, the provision of child-friendly furniture and establishment of model classrooms, and essential materials support for more than 100 classrooms. Moreover,

teaching materials were distributed to 106 schools, and HTN, in collaboration with EduTech Nepal and respective School Management Committees (SMCs), established eight computer labs. Further contributing to the improvement of educational facilities, HTN successfully completed the construction of a hostel building at Birendra Jyoti Secondary School in Sotang. Additionally, the establishment and inauguration of the Sir Edmund Hillary Visitor Centre at Khumjung School on the occasion of 70<sup>th</sup> anniversary of the first ascent of Mt. Everest along with various events in Solukhumbu and Kathmandu.

In the health sector, HTN continued its long-term ongoing programmes with great success. These included the operation and management of Khunde Hospital, providing financial support to Phaplu Hospital, and aiding over a dozen government health posts, as well as operating clinics throughout the Solukhumbu district and Patle in Okhaldunga district. A noteworthy initiative was the imple-

mentation of the "Zero TB in Kids and Family" health project with the funding support of Johns Hopkins University, aimed at supporting the government of Nepal's target of eliminating Tuberculosis in the country.

HTN's dedicated board members and staff personnel remained deeply involved in planning, implementing, and monitoring the organization's annual programme activities across the Solukhumbu, Okhaldunga, Khotang, and Dolakha districts. Field visits played a crucial role in these efforts proving effectiveness for planning, observation, monitoring, and evaluation of HTN's progress while identifying the real needs of the communities and stakeholders. The organization realised reporting the field situation to donors and partners to be both important, interesting and effective throughout the year. Such monitoring visits proved instrumental in identifying new projects and planning accordingly, while fostering improved working relationships with grassroots level organizations, partners, and beneficiaries.



# 01

## BACKGROUND OF REPORT

- 1.1 Introduction
- 1.2 Objectives
- 1.3 Presentation of the Report

## 1.1 INTRODUCTION

Himalayan Trust Nepal (HTN) is a non-governmental organization established to support the Government of Nepal and the people of Solukhumbu in education, health, culture, environment and livelihood programmes through an inclusive, innovative and locally-driven governance approach. Established as part of the work of Sir Edmund Hillary and his Sherpa friends in the Everest Region, HTN is dedicated to achieving community-led, sustainable mountain development in Solukhumbu District and wider Nepal.

Although the Himalayan Trust has been active in the Solukhumbu district since the 1960s, HTN was officially registered as an NGO in 2007 and is affiliated with the Social Welfare Council of Nepal. HTN is governed by its own constitution as an autonomous body. HTN is supported by the Himalayan Trust New Zealand, the Himalayan Trust UK, American Himalayan Foundation, Sir Edmund Hillary Foundation Canada, Sir Edmund Hillary Stiftung Germany, Grand Circle Foundation USA and partners from Benoit Chamoux Foundation, Naulekh Foundation, Forgotten Sherpas of Nepal Trust New Zealand, The Greater Himalayas Foundation- *Honouring the Legacy of Mingma Norbu Sherpa*, Reinhold Messner Mountain Foundation, Italy, NepalHilfe Tirol Austria, Nepal Kinderhilfe and Lights for Kids Germany

and many organizational and individual donors and partners.

HTN successfully carried out a wide range of programme activities focused on education, health and livelihood over the fiscal year 2022/23 (17 July 2022-16 July 2023) with the generous financial support from the above-mentioned donors/supporters. HTN persistently pursued its diverse programme activities and projects despite the obstacles presented by the Covid-19 pandemic. This annual report highlights the significant accomplishments attained through the implementation of various activities throughout the fiscal year 2022/23. The main purpose is to inform its target beneficiaries, donor community, government line agencies and concerned stakeholders who have generously supported in the initiatives of HTN.

## 1.2 OBJECTIVES

The overall objective of the Annual Progress Report is to share its annual progress achievements to HTN's board, honorary, patron and general members, and donors, implementing partners, government agencies, beneficiaries and wider stakeholders and seek valuable feedback for improvement of the Trust's programme activities and sustainable change at the grassroot level.

## 1.3 PRESENTATION OF THE REPORT

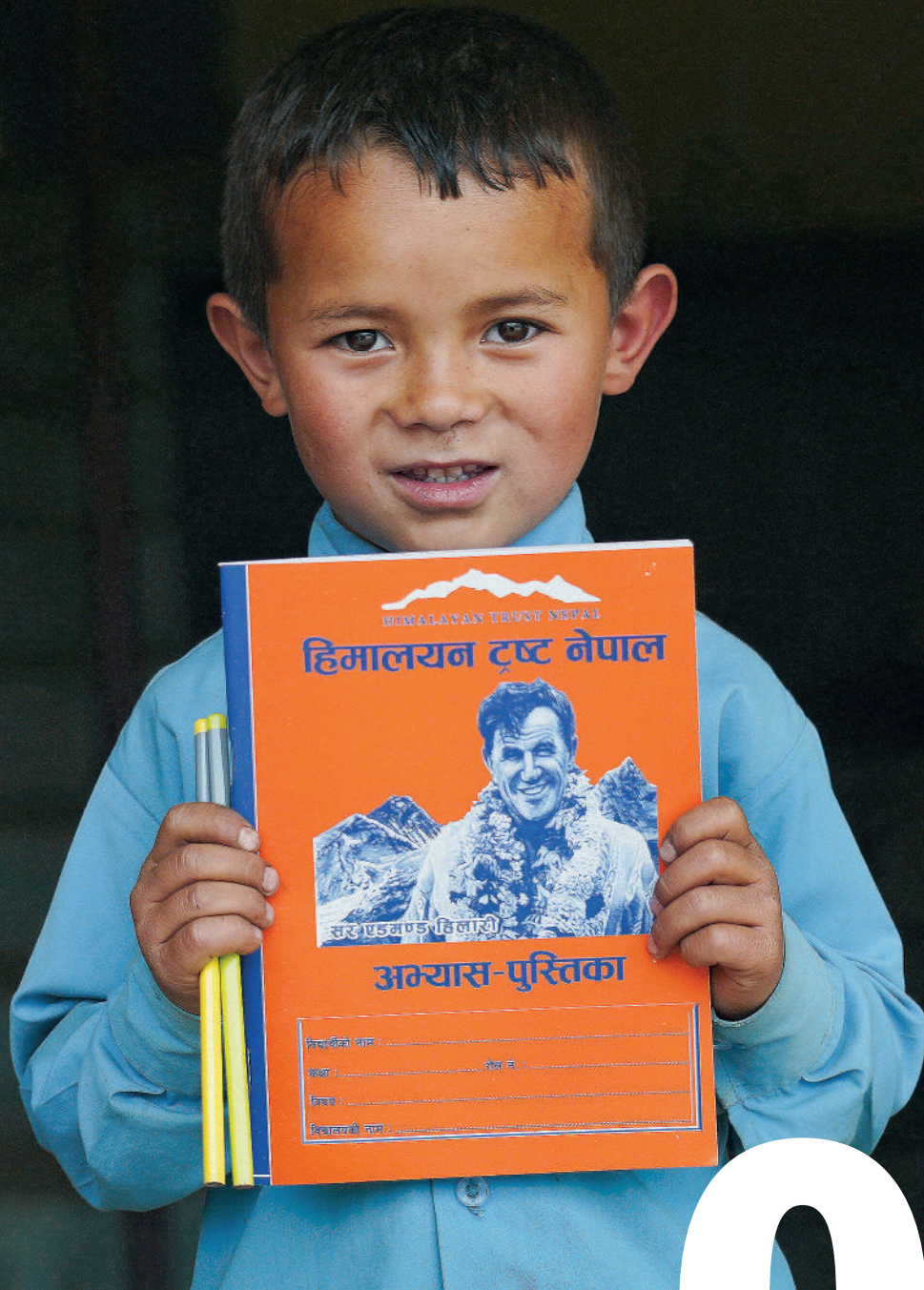
The overall progress achieved throughout the fiscal year 2022/23 is presented in five distinct chapters within this report. Chapter one serves as an introduction, presenting the objectives and structure of the report.

Chapter two focuses on the education programme, providing a comprehensive overview of the background, objectives, and various educational activities undertaken over the fiscal year, along with their corresponding achievements.

Similarly, chapter three describes health programme, offering insights into the background, objectives, description of the different projects implemented over the last fiscal year, accompanied by their respective achievements.

Chapter four provides information on the progress made in the cultural and livelihood programme activities, following the same format as the other chapters. Additionally, this chapter includes updates on various events organised on the occasion of 70<sup>th</sup> anniversary of the first ascent of the Mt. Everest.

Lastly, chapter five presents the management and governance of the organization. It provides a description of the various activities carried out in terms of organizational management and governance, including the monitoring of programme activities and conclusion of the report.



# 02

## EDUCATION PROGRAMME

- 2.1 Background
- 2.2 Objectives
- 2.3 Activities

## 2.1 BACKGROUND

Since its establishment in 1960s, Himalayan Trust has actively dedicated its efforts to educational development in Solukhumbu. The first school supported by the Trust was the Khumjung School, which consisted of a two-room aluminium building. Sir Ed, the founder of the Trust, personally built more than 42 schools throughout Solukhumbu district and continued to provide ongoing support to them. HTN's primary objective is to ensure equal, equitable and quality education in the region, and it has been supporting over 105 schools to achieve this goal. The Trust aims to improve the quality of education in the local community and monastic schools, reduce the number of out-migration of students, promote local teachers, develop child and gender-friendly education system, provide education through computer technology and contribute to the reduction of rural poverty. Moreover, HTN's intervention in education sector includes rebuilding schools damaged by earthquakes, building child-friendly hostels, repairing and maintaining basic facilities of schools, operating schools in child-friendly environment, and improving the quality of education with the support of dedicated and trained teachers, supporting students in pursuing higher education for various career paths, including teaching jobs at local schools, increasing student's learning achievements, efficient management and operation of classrooms, providing various scholarships, empowering school management committees and parents in

governance and decision-making processes. Furthermore, Himalayan Trust Nepal and New Zealand have partnered with EduTech Nepal to set up computer labs in Solukhumbu schools with the aim of transforming education through technology.

## 2.2 OBJECTIVES

- *Enhance Quality Education: Elevate education standards in community schools of Solukhumbu through the Quality Education Programme, ensuring impactful learning experiences for students.*
- *Strengthen Teaching Resources: Provide qualified teacher support to meet students' needs in community schools of Solukhumbu.*
- *Improve Learning Infrastructure: Equip community schools with teaching materials, including computer labs, to enhance the learning process.*
- *Build Safe Learning Spaces: Support the construction of earthquake-resistant classrooms with child-friendly furniture and WASH facilities for a secure and conducive learning environment.*
- *Foster Child-Centred Approach: Create a student-centred teaching and learning environment that emphasizes engagement, participation, and personalized learning.*
- *Promote Access to Higher Education: Offer scholarships to deserving students, enabling them to pursue higher education and achieve their academic goals.*

## 2.3 ACTIVITIES (INPUTS)

In the fiscal year 2022/23, the education programme implemented by HTN consists of more than thirteen diverse components. These components include Literacy through Integrated Learning (LIL) programme in 43 schools, School Based Teacher Training Programme (SBTTP) in 33 schools across Solukhumbu, the establishment of computer labs in 8 schools, teachers support in 12 schools, scholarships awarded to students at the basic, high school and college levels, teaching materials support to 106 schools, classroom management support to Solukhumbu schools, Sotang Hostel Construction Project, Thame hostel roof reconstruction project, Kharikhola school building construction project and the provision of small grant support to schools. Additional details about these activities are briefly presented under the following sub-headings:

### 2.3.1 Literacy through Integrated Learning Programme

The Literacy through Integrated Learning (LIL) is being implemented for a duration of three years in 43 schools across Mahakulug, Sotang, and Mapya Dudhkoshi rural municipalities. Himalayan Trust Nepal is implementing this programme under the umbrella of the Quality Education Programme in Solukhumbu (QEPS), with funding support from New Zealand Aid Programme and Himalayan Trust New Zealand. The main objective of this programme is to increase the literacy skills of students in Grade 1-3 through integrated learning approaches. Additionally, the programme aims to provide additional support in the ECED classes.

**a. Classroom Activities Support and Meeting**

The field visit of the LIL took place from 3<sup>rd</sup> August to 17<sup>th</sup> September 2022. The objectives of their visit included providing support to teachers in the classroom activities, meeting with head teachers, SMCs, PTAs, rural municipality education unit and local government representatives for the effective implementation of the project, ensuring proper use of Home Reading Log Book, assisting teachers in book coding, gathering necessary project-related data from the schools, observing model classrooms as per the plan. Additionally, the team organized a writing skills competition for students in grades 1-3 on the occasion of National Children's Day in 2022.

The LIL team then conducted a field visit to some of the major schools within Sotang, Mahakulung, and Mapya Dudhkoshi Rural Municipalities from 1st to 15th November 2022. The primary objectives of their visit encompassed providing support to teachers in the classroom activities, facilitating the coding of reading books, ensuring the proper use of Home Reading Log Book, collecting essential project-based data, presenting prizes for the National Children's Day competition, and holding meetings with head teachers, SMCs, PTAs, and the rural municipality education unit. The purpose of these interactions was to ensure effective implementation of the programme at the school level, with particular emphasis on verifying the implementation of a continuous evaluation system within the schools.



Head teacher's meeting at Sotang Rural Municipality.



Head teacher's meeting at Mapya Dudhkoshi Rural Municipality.



Parents' interaction in Khiraule Basic School.



Head teacher's meeting at Mapya Dudhkoshi Rural Municipality.



LIL Education Field Officer Neelam Chand with Grade 3 students of Janasudhar BS, Chheskam.



LIL Education Field Officer with students and teachers of Narkel BS, Sotang.



Students at Narkel BS, Sotang learning to greet with Namaste.



Parents at Amarjyoti BS of Mapya Dudhkoshi RM facilitating in children's hygiene and sanitation.

**b. School Uniform Distribution for School Kids**

HTN distributed school uniform to the students and teachers of Debisthan Basic School in Mapya Dudhkoshi Rural Municipality – 05, Grenaphu in the presence of Mr. Gaurab Rai and Mr. Jitendra Yadav, Deputy Chairperson and Chief Administrative Officer of Mapya Dudhkoshi Rural Municipality as well as the SMC Chair, teachers and parents.



*School uniform distribution programme held in Debisthan Basic School.*



*Students dressed up in new school uniform.*



Similarly, HTN distributed school uniforms to the students and teachers of Toshkham Basic School and Narkel Basic School located in Sotang Rural Municipality. The distribution ceremony took place in the presence of the Chairperson of Sotang Rural Municipality Ward No. 3, the School Management Committee (SMC) Chair, teachers, and parents. A total of 37 students and 4 teachers from Toshkham Basic School, as well as 47 students, 6 teachers, and 1 office assistant from Narkel Basic School, benefitted from this initiative. This support for this distribution was made possible through the funding provided by Kinderhilfe Nepal e.V., Germany, based on the recommendation of HTN Chairman Mr. Pasang Dawa Sherpa.



Group photo of guests, students, teachers and parents.



Students and teachers of Toshkham BS with new school uniform.



Education Officer of Sotang Rural Municipality, Mr. Nanda Raj Rai handing over the uniform set to a student.



Students and teachers of Narkel BS with new school uniform.

### c. Students Assessment 2023

The LIL team carried out assessments of students in grades 1-3 across 20 schools located in Sotang, Mahakulung, and Mapya Dudhkoshi Rural Municipality. In addition, the team assessed the performance of both the schools and teachers during their visit.

The findings of the students' assessments were shared during the head teachers and local government representative meetings in each rural municipalities by the LIL team.



LIL Education Field Officer Ms. Prabina Karki undertaking student assessment of grade 1 in Chepel Basic School.



LIL Education Field Officer Ms. Neelam Kumari Chand facilitating a Demo class in Janajagriti Basic School.



Student assessment in Khiraule Basic School, Khiraule.



Student assessment in Janasudhar Basic School, Chheskam.



Student assessment in Bumburi Basic School.



LIL Education Field Officer Ms. Rashmi Gurung undertaking student assessment in Deepjyoti Basic School, Didam.



Student assessment in Janakalyan Basic School, Hatemu.



#### **d. Monitoring and Follow-up Support**

The LIL team conducted school visits from 9th May to the end of June 2023. The primary objective of their visit was to provide support to teachers and enhance student learning in grades 1-3. Throughout their visit, the team got engaged in various activities such as conducting demonstration classes, observing classrooms, and providing constructive feedback to the teachers. Additionally, they assisted teachers in using evaluation books effectively, ensuring proper utilization of Home Reading Log Books, collecting and updating project-based data, and participating in meetings with School Management Committees, head teachers, teachers, parents, and local government representatives.

Furthermore, the team shared the assessment results of the students and collaborated with stakeholders to develop strategies for improving the learning outcomes of the students.



LIL Education Field Officer Ms. Neelam Chand facilitating a demo class.



Chairperson of Mapya Dudhkoshi ward no. 1 during parents interaction and observation programme.



Teachers being oriented on alphabet memory game.



LIL Coordinator Mr. Chandra Dev Bhatt facilitating a demo class.



Grade one students of Devasthan Basic School.



Grade Two students at Janakalyan Basic School.



Head teachers review and reflection meeting at Mapya Dudhkoshi Rural Municipality.



LIL Education Field Officer Ms. Rashmi Gurung facilitating a class on introduction about fruits and its first letter.



Evaluation practice with teachers of Narkel Basic School.



Introducing sand card to the teachers of Chepel Basic School.

### 2.3.2 School Based Teacher Training Programme (SBTTP)

Himalayan Trust Nepal is carrying out the "Quality Education Programme in Solukhumbu (QEPS)" for a duration of five years, starting from November 2019 until April 2025. The programme is supported by New Zealand Aid Programme and Himalayan Trust New Zealand. SBTTP is being implemented in 33 schools in Solukhumbu. Among these schools, 16 are located in

Solududhkunda Municipality, while the remaining 17 are located in Khumbu Pasang Lhamu Rural Municipality.

#### a. Customized Teacher Training on Basic Level Curriculum

In order to be acquainted with the recent changes in the basic level (Grade 6-8) curriculum in Nepal, the education team of HTN organized two five days' teacher trainings at Taksindu Secondary School. The training was

organized in two phases. The initial phase focused on Nepali and English subject teachers and took place from 9 July to 12 July 2022. Similarly, the second phase training targeted Mathematics and Science subject teachers and was held from 16 July to 19 July 2022. A total of 51 teachers (9 female and 42 male) from 13 different schools participated in the training.



Group photo of English and Nepali subjects Training.



Group photo of Science and Mathematics subjects Training.



Glimpses of the Training.

**b. Meeting with Local Governments and Head Teachers**

HTN Programme Manager, Mr. Lhakpa Tenji Lama (Sherpa), and Education Advisor, Mr. Mahendra Bahadur Kathet travelled to Solukhumbu from 26<sup>th</sup> August to 8<sup>th</sup> September 2022. The main objectives of their visit were to organize meetings with head teachers, education officers and local representatives in Solududhkunda ward-2, Mapya Dudhkoshi, Sotang and Mahakulung rural municipalities. The purpose of these meetings was to discuss the progress and priorities for enhancing the quality of education in schools, as well as to conduct monitoring visits to the programme area schools.



Group photo session after the meeting at ward 2 office, Solududhkunda Municipality.

The meeting discussed on various topics including HTN's support in promoting quality education, follow up on the progress on implementation of new curriculum as per the training conducted by HTN, involvement of parents in children's learning, use of home reading logs, school improvement plans, and plans for the celebration of National Children's Day 2022.



Group photo session with teachers and parent at Seti Devi BS, Charghare.



Group photo session after the meeting at Mapya Dudhkoshi Rural Municipality.



Group photo with teachers and parents at Nava Pragati Basic School.



Interaction with parents at Devasthan BS, Mapya Dudhkoshi Rural Municipality.



During the meeting at Mahakulung Rural Municipality.



Group photo session of head teachers, Rural Municipality Officials and HTN Team.



Meeting at Sotang Rural Municipality.

Another meeting with head teachers, school management committee members along with local government representatives and official of Khumbu Pasang Lhamu Rural Municipality (KPLRM) was held on 5<sup>th</sup> March 2023 in Chaurikharka. The purpose of the meeting was to discuss the Quality Education Programme in Solukhumbu (QEPS), share the findings of baseline survey and discuss on improving quality of education at the schools. The meeting was attended by 16 head teachers of KPLRM, SMC chair and members, and officials of the municipality.



Group photo of head teachers, KPLRM officials and HTN team



During the discussion at the meeting

### **c. Monitoring and Follow-up Support to the Schools of Solududhkunda Municipality**

The SBTTP team travelled to Solududhkunda Ward No. 2 and 3 from 20<sup>th</sup> August to 17<sup>th</sup> September 2022. The objectives of their visit were focused on facilitating the implementation of Grades 1-3 Integrated Curriculum, providing follow up support on

Grades 6-8 Centre Based Teacher Training content sharing, developing Model Question, use of Specification Grid, Rubrics, Assessment, conducting meeting with SMC/PTA and Head Teacher, meeting with local government representatives and head teachers of Solududhkunda Municipality Ward No. 2. Furthermore, in partnership with local government,

HTN and the schools in ward 2 of Solududhkunda Municipality, they organized various events to celebrate National Children's Day on 14 September 2022 at Junbesi Secondary School.

Similarly, HTN Training Officers, Ishwornan Rai and Ujwol Bhomi visited schools of Solududhkunda Muni-

pality ward no. 1 from 16<sup>th</sup> to 31<sup>st</sup> December 2022 to facilitate the implementation of Grade 1-3 Integrated Curriculum focusing on the use of evaluation record books and portfolio management. Additionally, they conducted data collection, observed classes and, gathered feedback. They also provided ongoing support for Grades 6-8 Centre Based Teacher Training, including content development for model questions, utilization of specification grids, rubrics, and assessment techniques for Grade 4 and 5. Furthermore, they assessed requirements for stationery and evaluation record books for grade 1-3 in the upcoming academic session 2023/4. Lastly, they also handed over ECED materials and books for literacy improvement to the schools.



Group photo with students and teachers in Dudhkunda BS, Hewa.



Members of the SBTTP team explaining on how to use different ECED materials to teachers at Balbikash BS, Chhulemu.



SBTTP team facilitating on evaluation technique grade 4-8 Saraswati BS, Phuleli.



ECED materials and books for literacy improvement handed over to the Principal of Taksindu SS, Mr. Prem Kumar Katel.



Education Training Officer Mr. Ishworman Rai facilitating student's evaluation for grade 1 - 3.



Education Training Officer Mr. Abin Maharjan facilitating on grade 6 -8 students' evaluation.



Teacher trainer, Mr. Ujwol Bhomi facilitating teachers of Khumjung SS on the evaluation system of grade 4-8.



Teacher trainer, Mr. Bishnu Rayamajhi explaining on the evaluation techniques of grade 1-3 in Janasewa BS, Sano Gumela.

**d. Monitoring and Follow-Up Support to the Schools of KPLRM**  
Mr. Bishnu Rayamajhi and Mr. Ujwol Bhomi visited the schools located in Ward No. 3, 4 and 5 of KPLRM whereas Mr. Abin Maharjan and Mr. Ishworman Rai visited the schools of KPLRM Ward No. 1, 2 and 3 from 1<sup>st</sup> to 14<sup>th</sup> November 2022. The objectives of their visit were focused on facilitating the implementation of Grades 1-3 Integrated Curriculum, use of evaluation record book, and portfolio management. Furthermore, the visit also focused on providing follow up support on Grades 6-8 Centre Based Teacher Training content sharing, developing Model Question, use of Specification Grid, Rubrics, Assessment and support the evaluation and assessment techniques for grade 4 and 5 to the schools.

Similarly, HTN's Trainers Team, including Mahendra Kathet, Ishworman Rai, Bishnu Rayamajhi, and Ujwol Bhomi conducted the SBTTP in 17 schools of KPLRM, starting from 21 May to concluding on 30 June 2023. Through the programme, the team engaged in activities such as updating data, observing classes, providing feedback, assisting teachers in developing model questions, specification grids, rubrics, and conducting assessments as per the curriculum.

Overall, this programme aims to empower teachers, enhance their capabilities, and ultimately improve the quality of education in Solukhumbu. The programme strives to bring about positive changes in the education system through targeted training initiatives and curriculum enhancement techniques.

#### **e. Annual Review Meeting at CEHRD**

On 9 December 2022, an annual review meeting for the Himalayan Trust's Quality Education Programme in Solukhumbu (QEPS) was organized at the Centre for Education and Human Resource Development (CEHRD) office in Sano Thimi, Bhaktapur. The meeting was presided over by Mr. Chhodamani Poudel, the Director General of CEHRD, and was attended by Mr. Rudra Adhikari, the Deputy Director General, as well as directors and department chiefs of CEHRD.

During the meeting, Mr. Lhakpa Tenji Lama (Sherpa), the Programme Manager, presented the progress of QEPS. He made a PowerPoint presentation to showcase the progress made in



Teacher trainer, Mr. Ishworman Rai teaching English in grade 4 and 5 in Buksa BS.



Education Advisor, Mr. Mahendra Kathet explaining about teaching methodologies and teacher responsibilities to the teachers of Kharikhola SS.

QEPS for the period of 16 July 2021 to 15 July 2022. The Director General, Deputy Director General, and Directors of the CEHRD expressed their appreciation to the Himalayan Trust for the continuous ongoing support in improving the quality of education

in Solukhumbu district. They also commended the programme for its expansion across the district. Mr. Mahendra Kathet, HTN's Education Advisor, and Mr. Bishnu Rayamajhi, the Education Training Officer, were also present at the meeting.



Review meeting at CEHRD Office.



*f. Meeting with Curriculum Development Centre*

A coordination meeting between HTN and Curriculum Development Centre (CDC) was held on March 16th, 2023 at the CDC's office in Sano Thimi, Bhaktapur. The meeting was attended by the Director General, Directors, and Officers of the CDC and CEHRD, a representative of the Ministry of Education, Science and Technology (MoEST), and HTN's Chief Executive Officer and Programme Manager.

The primary objective of the meeting was to share the progress of QEPS and collaborate with CDC in the publication of a Students' Evaluation Record Book for Grade 1-3 students in HTN working schools. The book is a compilation of tools developed by the CDC under the Basic Level (grade 1-3) curriculum 2076 BS. The Director General appreciated HTN's efforts in providing quality education in Solukhumbu and expressed pleasure in collaborating



During the meeting at CDC office, Sano Thimi, Bhaktapur

with HTN in the publication of the student evaluation book. HTN published the evaluation record books for the students of grade 1-3 in 76 schools in collaboration with the CDC and the HTN teacher trainers facilitated in the field in proper use of the record books as per the curriculum.

*g. ECED Training in Schools*

In December 2022, HTN organized three centre-based trainings for ECED teachers. The trainings took place in Junbesi, Khastap, and Sotang and involved a total of 17 schools from Solududhkunda Municipality, 19 schools from Mapya Dudhkoshi, and 24 schools from Sotang and Mahakulung Rural Municipalities. HTN's teacher trainers led the five-day training, which was attended by 56 teachers.

The primary objective of the training was to build the capacity of ECED teachers in delivering classes aligned with the government-mandated curriculum. These trainings were conducted as part of the QEPS supported by New Zealand Aid Programme and Himalayan Trust New Zealand.



Trainees, guests and trainers in Junbesi Secondary School.



Trainees, guests and trainers in Himalaya Secondary School, Basa.



Trainees, guests and trainers in Birendra Jyoti Secondary School, Sotang.



Ms. Rashmi Gurung facilitating a session.



During a demo lesson by HTN trainer Mr. Abin Maharjan.



Mr. Mahendra Kathet facilitating a session.



Participants observing readymade ECED materials before beginning of technical session.



Participants displaying classroom decoration materials prepared at the training.



Glimpses of five day's ECED training in Mahendra Jyoti Secondary School in Chaurikharka.

Similarly, another centre-based training for the ECED teachers of Khumbu Pasanglhamu Rural Municipality took place at Mahendra Jyoti Secondary School, Chaurikharka. The five-day training was facilitated by HTN teacher trainers and a total of 16 teachers received the training.

#### ***h. Students Assessment 2023***

The School Based Teacher Training Programme team carried out mid-term assessments for students of grades 2-8 across 20 schools located in the KPLRM and Solududhkunda Municipality (specifically, Ward # 1, 2 and 3). Additionally, the team evalu-

ated the performance of both the schools and teachers during their visit.

The team of Mahendra Kathet, Education Advisor and Bishnu Rayamajhi, Education Training Officer (Mathematics) of HTN presented the find-

ings of the students' assessment at the meeting of head teachers organised by KPLRM on 26 May 2023. The HTN's mid-term assessment results were presented, showing an improvement in learning outcomes compared to the baseline assessment in 2021.

SBTTP Education officer Mr. Ishworman Rai undertaking student assessment of grade 6-8 in Khumjung Secondary School.



SBTTP Education officers Mr. Bishnu Rayamajhi and Mr. Ujwol Bhomi undertaking student assessment of grade 2-5 in Beni BS, Salabesi.



Student assessment grade 2-5 in Phuleli BS, Phuleli.

### **i. Uniform Distribution for School Kids**

During their Khumbu visit on 12<sup>th</sup> November, Himalayan Trust Nepal facilitated the distribution of school uniform set at Yuba Barsa Basic School, Monjo. The procurement of the uniform set was supported by Dani Humphrys, a trekker from Bulgaria. The distribution was carried out by Mr. Peter Hillary, Mr. Alexander Hillary, Mr. Casey Hemingway and Mr. Pasang Dawa Sherpa. A total of 46 sets of school uniforms, consisting of track suits, shoes, and 2 pairs of socks, were provided to the students, while the teachers received 8 sets of track suits and sweaters.



Mr. Peter Hillary handing over the uniform set to a student.



Mr. Pasang Dawa Sherpa handing over clothes to a teacher.



Mr. Alexander Hillary handing over the clothes to a teacher.



Mr. Casey Hemingway handing over the uniform set to a student.



### 2.3.3. Teachers Support

Since 2012, Himalayan Trust has been providing the salary support of teachers to facilitate English medium education for the students in Khumbu schools, ensuring quality education in major subjects such as English, Science, Social Studies, and Math. Currently, HTN is supporting the salary of 20 teachers from 12 schools. Among them, 17 teachers receive support from Himalayan Trust New Zealand and New Zealand Aid Programme under QEPS. One teacher receives support from The Greater Himalayas Foundation, while one teacher is supported by Rotary Club Koblenz Dt. Eck, Germany. In addition, HTN is providing the salary of an English teacher at Saraswati Basic School in Hill of Mapya Dudhkoshi Rural Municipality with the funding support from Light for Kids Germany.

Apart from other donors, Benoit Chamoux Foundation of France has supported the salary of an English teacher at Rolwaling Monastery School in Beding village, Dolakha. The school was first built by Himalayan Trust in 1972. The school provides education to 30 students, teaching English, Nepali, and Sambhotta scripts and is staffed by three teachers.

### 2.3.4 Scholarships

Scholarship is one of the important programmes of Himalayan Trust Nepal. The programme is growing every year. HTN has been able to administer 290 scholarships over the last fiscal year. The details of the scholarships are given in Table 1 below.

The primary goal of this scholarship programme is to provide financial support to students to continue their

education at school and college level. The specific objectives to achieve the above goals are as follows:

- To provide partial scholarship grants to the students to complete their school and higher-level education.
- To produce academically trained individuals who can meet the local requirements of the region.
- To encourage students to develop their future careers to fulfil the job demands within the Solukhumbu region.
- To help reduce rural poverty through educational transformation

**Table 1: HTN has been managing the following scholarships over the fiscal year 2022/23**

S.N.	Name of the Scholarship	Supported by	Male	Female	Total
1	Sir Edmund Hillary Memorial Scholarship (+2)	New Zealand Aid Programme & Himalayan Trust NZ	20	28	48
2	Khumbu Pasang Lhamu Rural Municipality and Himalayan Trust Bachelor Level Scholarship (for students of KPLRM)	KPLRM, New Zealand Aid Programme & Himalayan Trust NZ	6	4	10
3	Himalayan Trust Bachelor Level (for students of Southern Solukhumbu)	New Zealand Aid Programme & Himalayan Trust NZ	8	7	15
4	George Lowe Memorial Scholarship	Mary Lowe, UK	2	2	4
5	The Mary Lowe Scholarship	Himalayan Trust UK	1	8	9
6	Mingma Norbu Sherpa Memorial Scholarship	The Greater Himalayas Foundation, USA	5	10	15
7	Dr. Tshering Wangdi Sherpa Scholarship	Dr. Tshering Wangdi Sherpa Family	1	3	4
8	Louise and Belinda Hillary Memorial Scholarship	Sir Edmund Hillary Stiftung, Germany	0	11	11
9	Benoit Chamoux Foundation Scholarship	Benoit Chamoux Foundation, France	8	4	12
10	Tenzing Norgay Memorial Scholarship	Tenzing Norgay Foundation	1	3	4
11	Naulekh Foundation Scholarship	Naulekh Foundation, Switzerland	13	11	24
12	Nepal Kinderhilfe Scholarship	Nepal Kinderhilfe e.V, Germany	36	73	109
13	Diane McKinnon Scholarship	Diane and John McKinnon	2	5	7
14	David Smith Scholarship	David Smith	5	5	10
15	Mountain Disaster Relief Education Support (MDRES) Scholarship	American Himalayan Foundation	2	1	3
		Himalayan Trust NZ	1	4	5
<b>Grand Total</b>			<b>111</b>	<b>179</b>	<b>290</b>

Through these scholarships, HTN strives to empower students and enable them to achieve their educational goals while making a positive impact on the livelihoods of the Solukhumbu community and wider Nepal.

#### a. Sir Edmund Hillary Memorial Scholarship:

Himalayan Trust Nepal has been awarding **Sir Edmund Hillary Memorial Scholarships** to three graduates of the Secondary Education Examination (SEE) from Khumjung, Mahendra

Jyoti, Kharikhola, Taksindu, Junbesi, Bhakanje, Pike Loding, and Juving schools, enabling them to pursue their studies at the grade 11 and 12 levels. In 2020, HTN revised the scholarship policy with the aim of promoting social inclusivity. The revised policy gives priority to the first girl and first boy of the SEE batch, as well as one economically disadvantaged and needy girl or boy student from the same school. This scholarship is funded by Himalayan Trust New Zealand and New Zealand Aid Programme.

The recipients of this year's scholarship represent a diverse range of ethnicities, and the scholarship has been predominantly awarded to female students. The specific details of the ethnographic and gender composition of the scholarship recipients are presented in the table below:

**Table 2: Ethnographic and gender composition of SEHM scholarship recipients**

S.N.	Ethnicity	Grade 11			Grade 12			Grand Total		
		Boys	Girls	Total	Boys	Girls	Total	Boys	Girls	Total
1	Sherpa	1	5	6	4	4	8	5	9	14
2	Rai	3	7	10	3	4	7	6	11	17
3	Tamang	0	1	1	0	1	1	0	2	2
4	Chhetri (Basnet)	0	0	0	1	0	1	1	0	1
5	Magar	3	0	3	3	3	6	6	3	9
6	Pradhan	0	0	0	0	1	1	0	1	1
7	Sundash	0	1	1	0	0	0	0	1	1
8	Jirel	0	1	1	0	0	0	0	1	1
9	Katwal	1	0	1	0	0	0	1	0	1
10	Bhujel	1	0	1	0	0	0	1	0	1
Total		9	15	24	11	13	24	20	28	48

### b. Bachelor Level Scholarships:

Under the Quality Education Programme in Solukhumbu, HTN has established bachelor-level scholarships for the students of Solukhumbu, with funding provided by the New Zealand Aid Programme and Himalayan Trust New Zealand. These scholarships are awarded in two different categories.

#### 1. KPLRM and Himalayan Trust Scholarships for the students of the Khumbu region.

The first category is the KPLRM and Himalayan Trust Scholarships, specifically for the students of the Khumbu region. KPLRM contributes 60% and HTN covers 40% of the scholarship fund in the joint initiative. The scholarship amount includes tuition fees and partial living costs while students are responsible for bearing a portion of their living expenses. Initially, only 7 out of 28 available seats were filled until the fiscal year 2020/21. However, the scholarship selection committee revised the quota in 2022, leading to a second round of applications for the remaining unfulfilled seats. Ultimately, three female students from KPLRM successfully received the scholarships, resulting 3 out of the revised 14 seats being filled this year.

#### 2. Himalayan Trust Bachelor Level Scholarship for the students of Southern Solukhumbu

The second category is the Himalayan Trust Bachelor Level Scholarship, designated for students from Southern Solukhumbu. A total of 15 scholarships were announced for students to pursue their bachelor-level studies in various subjects. However, two seats for Nursing and Dental surgery remained unfulfilled in the first year as the applicants could not overcome their entrance examinations. Consequently, applications were re-called for these two seats over the last fiscal year. Two female students belonging to the scheduled caste "Dalit" from Solukhumbu were able to secure the scholarships. With those two scholarships, all 15 seats of bachelor's level scholarships have been awarded in between 2020 to 2023.

**Table 3: KPLRM and Himalayan Trust Scholarship – Students selected in year 2022/23**

S.N.	Name of student	Permanent address	Subjects	Status
1	Mr. Ngima Chhiri Sherpa	KPLRM – 02, Lukla	B. Sc. Environment Science	Awarded in 2021 and Passed Out.
2	Mr. Dorjee Gyalzen Sherpa	KPLRM – 04, Khumjung	B.E. Civil Engineering	Awarded in 2021 and continuing.
3	Mr. Subas Rai	KPLRM – 02, Lukla	B.E. Civil Engineering	Awarded in 2021 and continuing.
4	Ms. Mingma Doma Sherpa	KPLRM-5, Theso	B. Ed (English)	Awarded in 2021 and continuing.
5	Mr. Ngima Tashi Sherpa	KPLRM-5, Chanyakpa	Bachelor Tourism	Awarded in 2021 and continuing.
6	Mr. Dawa Tshering Sherpa	KPLRM– 03, Ngamuteng	Bachelor IT	Awarded in 2021 and continuing.
7	Mr. Kami Temba Sherpa	KPLRM-5, Thameteng	Bachelor–Computer Science	Awarded in 2022 and continuing.
8	Ms. Aarati Rai	KPLRM– 01, Paiya	B. Sc. Agriculture	Awarded in 2022 and continuing.
9	Ms. Pemba Jangmu Sherpa	KPLRM – 04, Khumjung	B.Ed. – English	Awarded in 2022 and continuing.
10	Mr. Ang Futi Sherpa	KPLRM– 04, Khumjung	Bachelor Hotel Management	Awarded in 2022 and continuing.

**Table 4: Himalayan Trust Bachelor Level Scholarship for Southern Solukhumbu – students selected in year 2022/23**

S.N.	Name of student	Permanent address	Subjects	Status
1	Ms. Lhamu Dolma Sherpa	Solududhkunda-03, Loding	B.Sc. – Forestry Science	Awarded in 2021 and continuing.
2	Mr. Ganesh Bastola	Necha-Salyan-03, Necha	B.Sc. – Agriculture	Awarded in 2021 and continuing.
3	Mr. Manich Kumar Rai	Thulung Dudhkoshi-09, Dilbu	B.Sc. – Agriculture	Awarded in 2021 and continuing.
4	Ms. Bebina Phuyal	Necha-Salyan-03, Besigaun	B.Ed. (Science)	Awarded in 2021 and continuing.
5	Mr. Pasang Tamang	Mapya Dudhkoshi-05, Rokful	B.Ed. (Science)	Awarded in 2021 and continuing.
6	Ms. Sribina Rai	Mapya Dudhkoshi-05, Kanku	B.Ed. (Science)	Awarded in 2021 and continuing.
7	Mr. Prajwal Rai	Mahakulung-01, Saddi	B.Ed. (English)	Awarded in 2021 and continuing.
8	Mr. Suraj Pratap Ranamagar	Mapya Dudhkoshi-05, Kanku	B.Ed. (English)	Awarded in 2021 and continuing.
9	Ms. Samina Kulung Rai	Mahakulung-03, Chheskam, Khardo	B.Ed. (Maths)	Awarded in 2021 and continuing.
10	Mr. Mukesh Bastola	Necha-Salyan-02, Salyan	B.Ed. (Social Studies)	Awarded in 2021 and continuing.



S.N.	Name of student	Permanent address	Subjects	Status
11	Ms. Sharmila Ranapal	Solududhkunda-11, Tingla	B.Sc. – Nursing	Awarded in 2022 and continuing.
12	Mr. Phurba Gyalzen Sherpa	Solududhkunda-04, Salleri	Bachelor – Computer Science	Awarded in 2021 and passed out.
13	Mr. Amrit Regmi Magar	Mapya Dudhkoshi-06, Waku	Bachelor – IT	Awarded in 2021 and continuing.
14	Ms. Resha Sundas	Solududhkunda-01, Nunthala	Bachelor of Dental Surgery (BDS)	Awarded in 2022 and continuing.
15	Ms. Rojina Katel	Necha-Salyan-03, Necha	Bachelor of Law (LLB)	Awarded in 2021 and continuing.

### c. The George Lowe Memorial Scholarship:

The George Lowe Memorial Scholarship is an annual award given to the top-performing students of Sagar-matha Secondary School, Bung. Each year, one male and one female student are selected to receive this scholarship. For the current year, Mr. Biyog Kirat Kulung and Ms. Tara Devi Kulung from Bung have been granted the scholarship to pursue their studies in Health Assistant (H.A.) and Management subjects respectively.

Mary Lowe, in memory of her late husband George Lowe, established this scholarship. George Lowe was a dear friend of Sir Edmund Hillary. Mary Lowe continues to provide funding for the scholarship through Himalayan Trust UK to Nepal on a yearly basis. This scholarship serves as a tribute to George Lowe's legacy and supports the educational goals of deserving students in the community of Bung.

### d. The Mary Lowe Scholarship:

The Mary Lowe Scholarship, established by Himalayan Trust UK (HTUK) is a tribute to the dedicated support



Ms. Pasang Phuti Sherpa  
(B.Ed. English)



Ms. Tashi Lhamu Sherpa  
(B.Sc. General Science)



Ms. Jyoti Kala Rai (H.A)

provided by Mary Lowe, a long-standing Trustee Member of the organization. Over the course of several decades, Mary Lowe has been instrumental in supporting the education programme of Himalayan Trust in Solukhumbu.

This scholarship is awarded annually to two deserving students who wish to pursue courses in health assistant and staff nurse. However, due to limited applicants for the staff nurse course in the year 2020, the scholarship originally nominated for that course was redirected to support two other deserving female students their chosen subjects. Mr. Pemba Dorji Sherpa and Ms. Rolishma Khatri were awarded the scholarship to complete their high school level studies in Kathmandu for a duration

of two years. They have since successfully graduated.

Two other students, Ms. Pema Chutin Sherpa studying Chartered Accountancy and Ms. Chhiring Lhamu Lama studying Computer Engineering, are still pursuing their studies with the continued funding support from this scholarship.

In the current year, **The Mary Lowe Scholarship** has been awarded to three female students, Ms. Jyoti Kala Rai to study Health Assistant (H.A.) course, Ms. Tashi Lhamu Sherpa to study Bachelor in General Science and Ms. Pasang Phuti Sherpa to study Bachelor in Education with a major in English, all in Kathmandu.

### e. The Greater Himalayas Foundation Scholarship:

**The Greater Himalayas Foundation Scholarship**, an initiative that pays tribute to the esteemed legacy of Mingma Norbu Sherpa, provides annual scholarships to deserving students who have successfully completed their School Education Examination (SEE) at Khumjung Secondary School. This year, ten students (8 girls and 2 boys) have been selected as the recipients of the scholarship. Among them, 9 students have been selected to pursue their high school level (grade 11 & 12) education in Kathmandu while one female student has been granted the opportunity to pursue her Bachelor's degree.

**Table 5: The Greater Himalayas Foundation Scholarship 2022/23**

S.N.	Name of student	Gender	Subject	Status
1	Anusha KC	Female	Bachelor in Civil Engineering	Passed out in Dec 2022
2	Mingma Lhamu Sherpa	Female	Science	Passed out in May 2023
3	Dawa Tenzing Sherpa	Male	Science	Passed out in May 2023
4	Kunga Doma Sherpa	Female	Management	Passed out in May 2023
5	Rinjin Dorjee Sherpa	Male	Management	Passed out in May 2023
6	Chewang Gyurmen Sherpa	Male	Management	Passed out in May 2023
7	Ngima Lhamu Sherpa	Female	Education (English major)	Grade 12 running
8	Tenzing Dolma Sherpa	Female	Management (Computer Science)	Grade 12 running
9	Phurba Phuti Sherpa	Female	Management (Computer Science)	Grade 12 running
10	Mingma Doka Sherpa	Female	Management (Hotel Management)	Grade 12 running
11	Ang Yenden Sherpa	Female	Management (Business Studies)	Grade 12 running
12	Pemba Tenzing Sherpa	Male	Management (Computer Science)	Grade 12 running
13	Soniya Rai	Female	Management (Business Studies)	Grade 12 running
14	Sonam Yangji Sherpa	Female	Management (Hotel and Travel Management)	Grade 12 running
15	Tsering Sherpa	Male	Science (Physics)	Grade 12 running
16	Smritee Kala Rai	Female	B. Sc. (Hons) Computing	Bachelor running

On 15<sup>th</sup> October 2022, Mrs. Phurba Sona Sherpa, Chairperson of the Foundation interacted with both previous and newly awarded scholarship students at the Himalayan Trust office. The details of students are given in Table 5 below.

**f. Dr. Tshering Wangdi Sherpa Scholarship:**

Dr. Tshering Wangdi Sherpa, originally from Namche is currently residing in the United States. Dr. Sherpa who initially received scholarship from the Himalayan Trust significantly transformed his life. Filled with deep respect for Sir Ed and his enduring legacy, Dr. Sherpa now seeks to express his gratitude by giving back to the Himalayan Trust.



TGHF Scholarship students' interaction programme held at Trust office.

In recognition of his generosity, Mr. Dawa Tshering Sherpa and Ms. Pasang Chhiki Sherpa have been selected as recipients of the **Dr. Tshering Wangdi Sherpa Scholarship** for the year 2022. Both students have successfully completed their SEE from Khumjung Secondary School and are currently pursuing their high school level education in Kathmandu. Dr. Sherpa has been providing annual funding for the scholarship annually through The Greater Himalayas Foundation to HTN.

**g. Louise and Belinda Hillary Memorial Scholarship:**

Two female students Ms. Nima Futi Sherpa and Ms. Esmita Magar have been awarded **The Louise and Belinda Hillary Memorial Scholarship**. Ms. Sherpa is currently pursuing a Bachelor's degree in Business Administration (BBA), while Ms. Magar is study-



Ms. Nima Futi Sherpa, BBA



Ms. Esmita Magar, BA LLB



Ms. Lamdiki Sherpa, B.Sc. Nursing



Ms. Anisha Ghimire, BDS

ing Bachelor of Arts – Bachelor of Legislative Law (BA LLB). The grant for the scholarship has been supported by Sir Edmund Hillary Stiftung, Germany.

Initially, nine female students were selected to benefit from this scholarship, enabling them to pursue their

education in Kathmandu. However, Ms. Pasang Yangjee Sherpa had to discontinue her studies as she has plans to go abroad. As a result, Ms. Anisha Ghimire, who is studying Dental Surgery, has been selected to take her place. Likewise, Ms. Lamdiki Sherpa has been selected to study four years' Bachelors in Nursing under this schol-

arship starting July 2023. The grant support for her scholarship was donated by board member of SEHS, Germany, Mr. Manfred Braml and his wife Brigitte as his birthday gift through the foundation to Ms. Sherpa.

The details are as shown in the Table 6 below:

**Table 6: Louise and Belinda Hillary Memorial Scholarship**

S.N.	Name of student	Gender	Subject	Status
1	Ang Chhechi Sherpa	Female	Bachelor in Business Administration (BBA)	Continuing
2	Sophi Rai	Female	Chartered Accountant (CA)	Continuing
3	Pasang Jangmu Sherpa	Female	Staff Nurse	Continuing
4	Pasang Maya Sherpa	Female	Bachelor in Business Studies	Continuing
5	Pasang Yangji Sherpa	Female	Bachelor in Business Studies	Discontinued
	Anisha Ghimire	Female	Bachelor Dental Surgery	Awarded in July 2023
6	Pratima Magar	Female	Management (Computer Science )	Passed Out
7	Fura Lhamu Sherpa	Female	Bachelor in Education (English major)	Continuing
8	Pasang Yangzi Sherpa	Female	Bachelor in Information Technology	Continuing
9	Nima Futi Sherpa	Female	Bachelor in Business Administration (BBA)	Continuing
10	Esmita Magar	Female	Bachelor of Arts – Bachelor of Legislative Law (BALLB)	Continuing
11	Lamdiki Sherpa	Female	Bachelor in Nursing	Awarded in July 2023

**h. Miss Elizabeth Hawley Memorial Journalism Scholarship:**

The Elizabeth Hawley Memorial Master's in Journalism Scholarship is dedicated to supporting female Nepali journalists pursuing a Master's degree in journalism. This prestigious scholarship is funded by the American Himalayan Foundation in collaboration with HTN. It covers the full tuition fee and provides a laptop computer to the recipient.

Previously, the scholarship was awarded to Ms. Srijana Rai and Ms. Sapana

Neupane. While Ms. Rai has completed her studies and is in the process of submitting her thesis, the scholarship could not be continued for two years due to the impact of the Covid-19 pandemic.

For the academic year 2022/23, applications were called in December. Two applications were received. However, one of them had completed her first year of studies and needed support for her second year only. Since the scholarship was intended for a fresh candidate, she did not qualify for it.

The other candidate was unable to secure admission for the course as the deadline for new admission had passed. As a result, no recipient was selected for this year's scholarship.

**i. The Benoit Chamoux Foundation Scholarship:**

Ms. Fabienne Clauss from Switzerland and her foundation – The Benoit Chamoux Foundation, has been providing support to children who have lost their fathers in mountaineering expeditions. This foundation has played a crucial role in shaping the

lives of these students, enabling many of them to successfully complete their studies in their chosen fields and secure employment.

HTN organizes an annual picnic programme where the Chairperson of the Foundation, Ms. Fabienne Claus, interacts with the children and parents, assessing the student's progress, addressing any challenges they may face, and discussing their future interests. Unfortunately, this event could not take place for the past three years due to the Covid-19 pandemic.

This year was particularly special as it coincided with the 26<sup>th</sup> anniversary of the Foundation. HTN organized a ceremony at Hotel Dolmaling, Boudha on 26<sup>th</sup> September 2022, to commemorate this milestone and celebrate the enduring partnership between the foundation and the Trust. The event witnessed the presence of more than fifty scholarship recipient students, parents and guests.

The foundation has been supporting the salary of a teacher at Rolwaling Sangag Choling Monastery School in Rolwaling valley starting from March 2021. The status of students supported by the foundation in the last fiscal year is shown in the following Table 7:

**Table 7: Benoit Chamoux Foundation Scholarship**

S.N.	Levels	No. of students		Total
		Male	Female	
1	School	3	2	5
2	Grade 11 & 12	1	0	1
3	Bachelor	2	2	4
4	Vocational	2	0	2
Total		8	4	12



BCF student, Ms. Nawang Palden Sherpa welcoming Ms. Fabienne Claus.



BCF student, Mr. Karma Tshering Sherpa thanking her for the support with a khada.



A traditional Sherpa ceremony "Gyakar Penchen" wishing auspicious, long-life and prosperity to Ms. Fabienne.



Ms. Fabienne Claus interacting with the children and their guardians.



Parents and children's participation during the programme.



Honorary Member of National Assembly Mr. Sonam Gyalzen Sherpa handed over an appreciation certificate to Ms. Fabienne Claus from HTN.



BCF student, Mr. Ang Ngima Sherpa presenting Ms. Fabienne with a art drawn by him as a present.



BCF students Ms. Pasang Phuti Sherpa and Ms. Yonden Dolma Sherpa performing during the event.



SMC Chairperson of Sangah Chholling Monastery presenting Ms. Fabienne with a token of love on behalf of the monastery school.



Ms. Fabienne Clauss cutting the cake marking the 26th Anniversary of the foundation and its partnership with HTN.



Group photo of the BCF annual picnic and 26th Anniversary celebration.



### j. Tenzing Norgay Sherpa Foundation Scholarship:

The Tenzing Norgay Sherpa Foundation has been providing financial support for the tuition fees of deserving and underprivileged students. Ms. Chhiring Yangjee Sherpa (MBBS), Ms. Sabitri Kulung (Health Assistant), Ms. Lhakpa Yangzum Sherpa (grade 11 and 12 in Science), and Mr. Pasang Nuru Sherpa (Bachelor in Computer Science and Information Technology - CSIT) have received the funding from the foundation to pursue their respective fields of study.

Among these four students, Ms. Chhiring Yangjee Sherpa, Ms. Sabitri Kulung, and Ms. Lhakpa Yangzum Sherpa have successfully completed their studies. Currently, Mr. Pasang Nuru Sherpa is the only student who is continuing his education with the financial support provided by the scholarship.

### k. Naulekh Foundation Scholarship:

Every year, the Naulekh Foundation in Switzerland sponsors children who have completed their primary school education from Poyan School through Himalayan Trust Nepal. Presently, there are 31 students (Male 16 and Female 15) studying at Mahendra Jyoti Secondary School in Chauri-karkha, and their hostel expenses are covered by the Foundation. In addition, a total of 24 students, including 13 males and 11 females, are pursuing their high school and bachelor's level studies with the support of scholarships provided by the foundation, as illustrated in Table 8.

**Table 8: Naulekh Foundation Scholarship**

S.N.	Levels	No. of students		Total
		Male	Female	
1	Grade 11 & 12	11	8	19
2	Bachelor	2	3	5
Total		13	11	24

**Table 9: Nepal Kinderhilfe Germany Scholarship**

S.N.	Levels	No. of students		Total
		Male	Female	
1	School	36	73	109
2	Passed Out	4	2	6
Total		40	75	115

### l. Nepal Kinderhilfe Germany Scholarship:

Nepal Kinderhilfe is a non-profit organization based in Germany provides support for the school fees of over 100 students in Nepal, ranging from primary to high school level. Since April 2021, HTN has been overseeing their activities in Nepal. The status of students supported by the organization over the last fiscal year is shown in the following Table 9:

### m. Mountain Disaster Relief Education Support (MDRES) Scholarship

The MDRES Scholarship is awarded to the children of individuals who lost their lives in the 2014 Everest avalanche. The American Himalayan Foundation supports in the education of two male and one female student, while the Himalayan Trust New

Zealand has been providing funding for the education of five students (one male and 4 females) since 2014. This support extends the student's education all the way through high school.

### n. Diane McKinnon Scholarship

Ms. Diane McKinnon from New Zealand has been supporting for education of seven students (two male and five female) through HTN.

### o. David Smith Scholarship

David Smith's assistance through HTN has benefitted several underprivileged and orphaned children enabling them to attend school and providing basic necessities like food and clothing, significantly improving their quality of life. The support has benefitted 10 underprivileged students comprising of 5 males and 5 females.

### 2.3.5 Teaching Materials Support to 106 Schools

HTN through the funding support of New Zealand Aid Programme and Himalayan Trust New Zealand provides teaching materials to a total of 106 schools, consisting of 105 schools in Solukhumbu and one school in Dolakha annually. These materials include a range of items such as attendance register, exam copies, A4 paper, pens, pencils, exercise books, drawing papers, record files, envelopes, glue sticks, board markers, and tapes. The details of the teaching materials are given in Appendix 5.

HTN teacher trainers, Mr. Bishnu Kumar Rayamajhi and Mr. Ujwol Bhomi, facilitated in distributing the teaching materials to Solududhkunda Municipality Ward No. 1, 2, 3, 4, 5, and 6. The teaching materials of KPLRM Ward No. 1 were distributed from Kharikhola School, while the materials for the Chaurikharka and Khumjung clusters were airlifted and handed over to the respective schools.

Similarly, the teaching materials of Likhupike Rural Municipality schools were handed over to the schools by Chairman Mr. Pasang Dawa Sherpa and his team during the inauguration programme of Goli clinic. Furthermore, the LIL team handed over the teaching materials to 43 schools in Mapya Dudhkoshi, Sotang, and Mahakulung Rural Municipality. Similarly, the teaching materials for Rolwaling Sangag Chholing Monastery School was handed over the committee members in Kathmandu.



Teaching materials at the Trust office.



Head Teacher of Pike Loding School receiving the materials.



Cluster wise packed teaching materials.



Head Teacher of Jwalamai BS, Tamakhani receiving the materials.



Head Teacher of Saraswati School, Phuleli receiving materials in the presence of Deputy Mayor of Solududhkunda Municipality.



Devasthan BS in Mapya Dudhkoshi receiving materials in the presence of Deputy Chair of Mapya Dudhkoshi RM.





Students of Rolwaling Sangag Chholing Monastery School with the newly received teaching materials.

These teaching materials provided have played a significant impact on the functioning of the community schools in rural Solukhumbu, effectively reducing the financial burden on parents and the school administration. The following photos showcase the teaching materials that have been handed over to the schools:



Stationery materials handed over to Taksindu School.



Stationery materials handed over to Samata School, Salleri.



Teachers of Junbesi Secondary School receiving the materials.



Students of Kamalamai Basic School, Goli Maili posing with the newly received exercise copy and pencil.

### 2.3.6 Computer Lab Support in Solukhumbu Schools

The establishment of computer labs in community schools of Solukhumbu stands as a significant project implemented through the collaboration of EduTech Nepal, Himalayan Trust New Zealand, and HTN. Since 2018, HTN, in partnership with EduTech Nepal and School Management Committees, has been executing the programme to install computer labs in schools throughout Solukhumbu district. From the year 2022/23, Himalayan Trust New Zealand has shared the fifty percent of the total cost in computer purchase with EduTech Nepal. HTN's role involves coordinating with Solukhumbu schools, government organizations, and supporting partners to ensure the smooth implementation of the computer lab installation programme.

By the end of the fiscal year 2022/23, a total of 35 computer labs had been established in Solukhumbu and Khotang Schools. These newly set-up computer labs are equipped with branded Dell computers and the lat-

est version of teaching materials. To further enhance the learning process, virtual learning tools have been installed, enabling students to access educational resources even in the absence of teachers. EduTech Nepal is playing a crucial role by providing computers and technical support for the establishment of these labs. On the other hand, HTN is responsible for identifying schools, transporting computers to the respective schools, monitoring the computer labs, and coordinating with local governments. The funding for HTN's involvement in this initiative is managed under the Quality Education Programme in Solukhumbu (QEPS), which is supported by the New Zealand Aid Programme and Himalayan Trust New Zealand.

The establishment of computer labs in monastery schools represents a new initiative undertaken by Himalayan Trust and EduTech Nepal. Recognizing the importance of education through technology, this undertaking aims to ensure that schools of all beliefs have access to

modern educational resources. Himalayan Trust takes pride in introducing computer-based education even in monastic schools, offering new possibilities for achieving a comprehensive education within a socially inclusive framework. This support signifies the inclusive education policy and practice embraced Himalayan Trust, providing renewed hope for the advancement of monastery-based education.

#### a. Inauguration of Computer Labs

On 4<sup>th</sup> November 2022, the computer lab at Sagarmatha Secondary School in Bung was inaugurated through a joint effort. The inauguration ceremony was attended by Mr. Surya Bahadur Rai, Mayor of Mahakulung Rural Municipality, Mr. Peter Hillary, the Chairman of HTNZ, and Mr. Pasang Dawa Sherpa, the Chairman of HTN. This event took place during Peter Hillary's visit to Solu in November 2022, symbolizing the collaboration between local government representatives and the Himalayan Trust in establishing the computer lab at Sagarmatha Secondary School.



Computer lab inauguration programme held in Sagarmatha Secondary School, Bung.



Computer lab inauguration programme held in Sagarmatha Secondary School, Bung.

Similarly, on 11<sup>th</sup> November 2022, the computer lab installed at Himalaya Basic School in Namche was jointly inaugurated by Mr. Pasang Gyalzen Sherpa, the Chairperson of Khumbu Pasang Lhamu Rural Municipality Ward No. 5, Mr. Peter Hillary, the Chairman of HTNZ, Mr. Pasang Dawa Sherpa, the Chairman of HTN, Mr. Mike Chisholm, the Founder of EduTech Nepal, and Ms. Erica Stone, the President of the American Himalayan Foundation. The combined efforts of these individuals and organizations have paved the way for advanced educational opportunities thus providing the students in Namche with access to cutting-edge technology and enhanced learning experiences.



Computer lab inauguration programme in Himalaya Basic School, Namche.



**b. Tripartite MoU on Computer Lab Installation Signed**

Following the successful implementation of the computer lab installation programme in Solukhumbu, HTNZ, EduTech Nepal, and HTN have entered into a tripartite MoU. This agreement signifies the continued expansion of the computer labs in additional schools within the Solukhumbu district and in other regions as well. With a total of 27 computer labs already established, the plan is to set up an additional 8 computer labs in the fiscal year. This collaboration reflects the efforts to promote computer-based education and ensure that more students have access to modern technology-enhanced learning opportunities.



Mr. Pasang Dawa Sherpa, HTN Chairperson and Mr. Mike Chisholm, Founder of EduTech Nepal signing the MoU.

**c. New Computer Labs Established in 8 Schools**

Himalayan Trust Nepal, EduTech Nepal and eight schools (seven schools from Solukhumbu district and one school from Khotang district) signed a MoU to jointly collaborate on the establishment of computer labs at these schools. The EduTech Nepal provided orientation to all the head teachers and computer teachers and computer teachers of the schools in Kathmandu. The names of the schools are:

1. Saraswati Basic School, Phuleli, Solududhkunda, Ward No. 1
2. Taksindu Secondary School, Nunthala, Solududhkunda, Ward No. 1
3. Himalayan Sherpa Buddhist Basic School, Phungmoche, Solududhkunda, Ward No. 2
4. Sekarsing Basic School, Sekarsing, Solududhkunda, Ward No. 7



Orientation on computer lab, its proper usage and maintenance provided to the respective computer teacher, headmaster and SMC chair of the eight schools.



A tripartite MoU Signed between HTN, EduTech Nepal and the eight schools.



Manokamana Janakalyan Secondary School, Khotang.



Singha Devi Basic School, Mural Khotang.



The respective SMC chair, computer teacher and headmaster of the eight schools visited HTN office for future collaboration and effective implementation of the computer lab.

5. Singhakali Basic School, Ganjedanda, Solududhkunda, Ward No. 11
6. Hulu Secondary School, Pawai, Sotang, Ward No. 5
7. Singha Devi Basic School, Mural, Mapya Dudhkoshi, Ward No. 5
8. Manokamana Janakalyan Secondary School, Diktel Rupakot Majuwagadhi, Ward No. 9, Khotang



Previously, a tripartite MoU was signed between Himalayan Trust New Zealand, EduTech Nepal and Himalayan Trust Nepal to execute the project. The computer labs in all the above eight schools planned for the fiscal year 2022/23 were successfully installed. With these 8 new labs, the total number of computer labs installed has now reached 35.



Himalayan Sherpa Buddhist Basic School, Phungmoche



Taksindu Secondary School, Nunthala



### 2.3.7 Classroom Management Support to Solukhumbu Schools

Classroom furniture including desks, benches, book shelves, tables and chairs for teachers, display boards, carpets & p-forms, and cushions were successfully delivered and installed. A total of 100 classrooms have been set up, with 44 being part of the SBTTP programme and 56 as part of the LIL programme. This provision of child-friendly furniture and materials have been made possible through the generous funding support of Himalayan Trust New Zealand and New Zealand Aid Programme under the Quality Education Programme in Solukhumbu. The details are given in the Table 10 below:

Child-friendly furniture supported to Solukhumbu schools.

**Table: 10 Classroom furniture support to Solukhumbu schools**

Particulars	No. of Schools	Full-support	Partial Support	Painted classrooms
Solududhkunda Municipality, SBTTP	12	17	27	-
Sotang Rural Municipality, LIL	6	32	24	29
Mahakulung Rural Municipality, LIL	4			
Mapya Dudhkoshi Rural Municipality, LIL	6			
<b>Total</b>	<b>28</b>	<b>49</b>	<b>51</b>	<b>29</b>

### 2.3.8 Sotang Hostel Construction Project

The construction of a new hostel building at Birendra Jyoti Secondary School in Sotang has been successfully completed. The hostel, which can accommodate 24 students from

distant areas, was completed in May 2023. HTN took the responsibility of procuring and transporting the hostel necessities such as mattresses, pillows, blankets etc. to the hostel in Sotang. The formal inauguration and handover of the hostel to the school

management will take place in the first week of August 2023. This project is the joint initiatives of Sotang Rural Municipality, the Grand Circle Foundation (GCF), USA and Himalayan Trust Nepal.



Himali Hostel in Sotang

### 2.3.9. Small Grant Support

Every year, HTN collects small grant petitions from the community and schools facing various needs. These petitions are thoroughly discussed during the executive committee meeting of January 11 to make the final decisions. In line with this process, several requests were approved this year. The provision of small grants is a crucial component of the Quality Education Programme in Solukhumbu, generously funded by the New Zealand Aid Programme and Himalayan Trust New Zealand. The specific details of the small grants that were approved are given in the table below:

Himalayan Trust Nepal installed a 3-kilowatt solar power system to operate the computer lab at Junbesi Secondary School. This new solar power system has enabled consistent and regular computer learning opportunities for the students. Through the utilization of solar energy, the computer lab can operate efficiently, ensuring that students have uninterrupted access to computer-based learning resources.



HTN representative Mr. Nava Bahadur Bhujel handed over the solar power system to the school



Students using the computer lab after installation of solar power system at Junbesi School

**Table 11: Details of small grant support**

S.N.	Project Description	Location	No. of Students/beneficiaries	Grant Amount
1	Child-friendly furniture support (grade 6-10) to Shree Taksindu Secondary School.	Solududhkunda Municipality – 1, Taksindu	113	500,000
2	Classroom (ECED - grade 2) improvement support to Himchuli Basic School.	Mahakulung – 1, Bung	105	350,000
3	Junbesi School computer lab solar installation	Solududhkunda Municipality – 2, Junbesi	126	700,000
4	Science lab equipment support to Khiraule Basic School.	Mahakulung – 1, Khiraule	66	150,000
5	Desk and bench support (ECED – grade 8) to Buddhi Bikas Basic School.	Mapya Dudhkoshi – 7, Solaban	45	150,000
6	Support to build a toilet to Shree Pipalbot Basic School	Sotang – 1, Pawai, Khorda	25	250,000
Total Grant Amount				2,000,000



Similarly, Himalayan Trust Nepal procured science lab equipment, including chemicals and instruments for Khiraule Basic School located in Mahakulung Rural Municipality and transported to the school. The equipment has been handed over to the school by HTN's LIL Field officer, Neelam Kumari Chand, and Computer Lab Monitoring Officer, Nava Bahadur Bhujel. In addition, Himalayan Trust Nepal has extended support to Taksindu Secondary School in Nunthala, Solukhumbu, by providing 45 pairs of desks and benches. These essential furniture have been made available to the students in grades 6-10, ensuring a positive learning environment and promoting comfortable seating arrangements for effective teaching and learning experiences.



Science lab equipment handed over to Khiraule Basic School.



Students using the microscope during their Science class.



Mr. Nava Bhujel, HTN representative handing over the furniture to Taksindu School at Phaplu"



Students seated in new desks and benches in the classroom.

### 2.3.10 Saraswati Basic School, Hill

On 27 December 2022, a joint monitoring team comprising Deputy Mayor Gaurab Rai and Education Officer Gajendra Bhattarai of Mapya Dudh-koshi Rural Municipality, as well as HTN Programme Manager Lhakpa Tenji Lama (Sherpa) and LIL Programme Coordinator Chandra Dev Bhatt, visited Saraswati Basic School located in Hill. The purpose of the visit was to discuss the current situation of the school, including various issues and questions.

During the meeting, it was decided to implement a daytime snack programme for both students and teachers starting from 16 January 2023. This programme is being supported by HTN and Light for Kids. To ensure the successful implementation, a tripartite agreement has been signed between the service provider, the school and HTN.

Responding to a request from SMC, HTN has hired Rakesh Sunuwar Rai, a qualified English teacher, to teach at the school. In addition, child-friendly furniture has been installed in the classrooms following earlier repairs. All of these improvements have been possible through the funding support of Light for Kids, Germany, as part of the Saraswati School improvement Project.



Joint meeting organised at Saraswati Basic School, Hill



Mr. Rakesh Sunuwar, HTN supported teacher facilitating a class using materials at Saraswati Basic School, Hill.



MoU signed for the implementation of day meals for students and teachers of Saraswati BS, Hill.



Snacks programme implemented successfully in the school.

### 2.3.11 Solukhumbu Declared as a Literate District

On 10th July 2022, during a formal programme held in Salleri, Solukhumbu was declared as a literate district. With a literacy rate of 96.73%, it has become the 58th literate district of Nepal. The programme was organized by the District Coordination Committee, and the Education Development & Coordination Unit of Solukhumbu.

During the programme, an appreciation certificate was presented to Himalayan Trust for its significant contribution to education, including its efforts in improving literacy in Solukhumbu over the past six decades.



Receiving Appreciation Certificate for Himalayan Trust's contribution in declaration of literate Solukhumbu.



A rally organised in Salleri prior to the formal programme of Literate Solukhumbu Declaration.

### 2.3.12 Thame Hostel Reconstruction Project

The rooftop of the Thame school hostel was blown off by a strong wind storm in February. HTN with the funding support from the American Himalayan Foundation is reconstructing the roof of the hostel. The roof reconstruction materials such as plywood, CGI, plain sheet, OPC cement, steel pipe, screw nails, toughened glass, paints, turpentine oil etc.

have been procured and airlifted to Lukla and thereafter carried by porters to Thame. However, 1000 kilogram of odd size iron truss has been stranded at Taksindu for air lift due to monsoon. Once, all the materials reach Thame, the reconstruction project will begin.

Packaged materials for Thame hostel reconstruction project.



The damaged rooftop of Thame hostel.

### 2.3.13 Kharikhola School Building Construction Project

HTN is building a new four-room two storey reinforced concrete structure school building in Kharikhola School with the funding support from the Light for Kids e. V. Germany. The old structure of the school damaged by earthquake in 2015 has been demolished, the site has been excavated and cleared and the foundation has been laid. The tow wall and casting of plinth beam has been completed and construction work is progressing well.



Kharikhola school building construction project



# 03

## HEALTH PROGRAMME

- 3.1 Background
- 3.2 Objectives
- 3.3 Activities

### 3.1 BACKGROUND

Health sector has been one of the major programmes of Himalayan Trust since its inception in the 1960s. Health Programme was initiated by Sir Edmund Hillary in the Khumbu region to address some of the endemic health issues such as goitre, tuberculosis, and malnutrition, while also providing primary healthcare services to the local people. In response to these needs, Khunde Hospital was built in 1966.

Initially, the hospital was operated by volunteer doctors from New Zealand and Canada until 2005. Subsequently, the responsibility of managing the hospital was taken over by local doctors. Currently, Dr. Kami Temba Sherpa and Dr. Mingma Kanchi Sherpa, alongside a dedicated team comprising nurses, a community-medicine assistant, a lab technician and a maintainer, efficiently manage the hospital, ensuring professional care and services are provided to the patients.

### 3.2 OBJECTIVES

- To provide prompt and quality medical care in the remote mountain region of Khumbu.
- To provide public health and primary healthcare services within the Solukhumbu region.
- To provide medical services to the densely-populated southern part of Solukhumbu district.
- To generate awareness about health, hygiene, and safety among the general public.

### 3.3 ACTIVITIES (INPUTS)

The health programme for this fiscal year comprises of six components, which include the management of Khunde Hospital, Phaplu Hospital and incentives to Phaplu hospital staff, the operation of Namche Dental Clinic, provision of drug support, and the management of clinics supported by the Forgotten Sherpas of Nepal Trust. The brief details about the components are as follows:

#### 3.3.1 Khunde Hospital

Khunde Hospital, under the management of Himalayan Trust Nepal, has been funded for its operational cost, including peripheral clinics. From 1976 until the end of 2017, the Sir Edmund Hillary Foundation of Canada provided full funding, while from the beginning of 2018 to the end of 2020, they covered 80% of the total cost. During the same period, the American Himalayan foundation funded 20% of the cost. Starting from 2021, the American Himalayan Foundation covers 50% of the cost, while Himalayan Trust New Zealand provides 40% of the funding support.

Throughout its existence of over five decades, Khunde Hospital has consistently delivered high-quality healthcare services to the local community and visitors to the region. The hospital serves the communities residing in Khumbu and the Upper Farak region of KPLRM, specifically ward 3, 4 and 5. In addition to catering the locals, the hospital extends its services to individuals who have mi-

grated to the area for employment purposes, as well as seasonal workers and trekkers.

Over the last fiscal year, the hospital's outpatient department recorded a total of 4,439 patients. Furthermore, two outreach clinics located in Phortse and Thame treated 1,164 patients. Overall, the management of Khunde Hospital, including the two outreach clinics, provided medical care to a total of 5,603 patients. The Table 12-17 presented below showcases a comprehensive breakdown of patient data based on various categories:



Dr. Mingma Kanchi Sherpa examining a patient.



Nurse Fura Doma checking blood pressure of a patient.

**Table 12: Khunde Hospital and Outreach Clinics Attendances by Age and Gender**

SN	Month	Khunde Hospital				Total	Outreach Clinics				Total
		Adult		Child/Adolescents			Adult		Child		
		M	F	M	F		M	F	M	F	
1	Jul/Aug	138	255	102	72	567	31	65	4	1	101
2	Aug/Sep	96	198	62	62	418	34	54	6	1	95
3	Sep/Oct	89	187	18	19	313	32	50	3	1	86
4	Oct/Nov	119	160	52	46	377	64	78	7	4	153
5	Nov/Dec	76	168	52	33	329	44	59	6	-	109
6	Dec/Jan	63	112	19	21	215	6	13	-	-	19
7	Jan/Feb	37	59	10	4	110	4	2	7	1	14
8	Feb/Mar	77	134	61	31	303	24	51	3	2	80
9	Mar/Apr	180	220	50	49	499	51	59	6	6	122
10	Apr/May	113	189	47	52	401	55	56	1	6	118
11	May/June	142	212	56	47	457	46	66	10	4	126
12	June/July	106	234	68	42	450	53	77	7	4	141
Total		1236	2128	597	478	4439	444	630	60	30	1164

**PATIENT MORBIDITY FROM JULY 2022 TO JULY 2023**

**a. Outpatients Clinic:**

The major types of clinical problems seen daily at both hospital and village clinics are similar to previous years with predominantly infections (respiratory and urinary) followed by non-communicable diseases such as hypertension. The disease pattern over the past few years has been changed. The infectious and communicable diseases are decreasing every year taken over by non-communicable diseases such as hypertension and diabetes. People are more aware of the non-communicable diseases now leading to frequent screening. Also, patient comes for general examination even if they are in good health condition. The number of patients by disease categories is presented in Table 13.

**Table 13: Khunde Hospital Clinic attendances, by main category**

SN	Disease Categories	Female	Male	Total
1	Infectious or Parasitic diseases	1	1	2
2	Communicable vector, water and food borne diseases	67	66	133
3	Sexually Transmitted Diseases (STD)	3	2	5
4	Infections (Respiratory/Urinary)	469	499	968
5	Nutritional and metabolic disorder	81	55	136
6	Skin diseases	107	92	199
7	ENT related infection/disorder	111	73	184
8	Oral and dental health related disorder	39	32	71
9	Eye problem	46	46	92
10	Obstetric and gynaecological problems	28	-	28
11	Mental health related problems	63	63	126
12	Cardiovascular & respiratory related problems	277	82	359
13	Orthopaedic problems	125	134	259

SN	Disease Categories	Female	Male	Total
14	Surgical problems	15	10	25
15	Other diseases and injuries	250	226	476
16	General examination /screening/ counselling	398	323	721
17	Common presenting symptoms	100	88	188
18	Obstetric, prenatal, postnatal & contraception	392	-	392
19	Childhood immunization	34	41	75
<b>Total</b>		<b>2606</b>	<b>1833</b>	<b>4439</b>

- Other diseases and injuries most commonly include gastritis, burns, insect bites and animal bite and cut injuries.
- Common presenting symptoms include headache, cough, dizziness, breathlessness, syncope, fatigue, weakness and abdominal pain that are not fitted in other categories.

**Antenatal care and obstetric**

Antenatal care is well accepted in the region and more than 98% of pregnant women in the region visit our antenatal clinic. Although, Nepal is listed as one of the countries with highest maternal and neonatal mortality, Khunde hospital hasn't noted any postpartum mortality in its catchment area over the past 2 decades. Ultrasonography is available at

hospital and all the pregnant women are screened for HIV, hepatitis B and syphilis and timely referral is made if there is a need of expertise care. However, the birth rate in Khumbu especially in Sherpa population is decreasing every year and is below replacement level directly affecting the number of Sherpa population. The total number of prenatal care and deliveries are presented in the Table 14 below:



Dr. Mingma Kanchi examining a newly born baby.



Checking FHT of pregnant lady.



**Table 14: Maternal/Child health services provided by Khunde Hospital**

SN	Month	Obstetric (Delivery)					Referral
		SVD	Retained placenta	PPH	Prenatal Care	Postnatal Care	
1	Jul/Aug	-	-	-	13	-	-
2	Aug/Sep	-	-	-	12	-	-
3	Sep/Oct	1	-	-	10	1	-
4	Oct/Nov	2	-	-	6	2	-
5	Nov/Dec	-	-	-	3	-	1
6	Dec/Jan	1	-	-	1	1	-
7	Jan/Feb	-	-	-	2	-	-
8	Feb/Mar	-	-	-	1	-	-
9	Mar/Apr	-	-	-	6	-	-
10	Apr/May	-	-	-	7	-	-
11	May/Jun	-	-	-	10	-	-
12	Jun/Jul	-	-	-	9	-	-
Total		4	-	-	80	4	1

### Family planning

Family planning has continued to be one of the most successful preventive and public health programme provided by Khunde hospital and the village health clinics. The contraception is well accepted by both the local and immigrant people. Depo-Provera injection and Jadelle implant remains the most popular contraceptive methods in the region. Over the last fiscal year, around 351 women's received contraception facility provided by the Khunde hospital. The types of contraceptive methods and the number of patients benefitted from the services are presented in Table 15.

**Table 15: Contraception method given at Khunde Hospital**

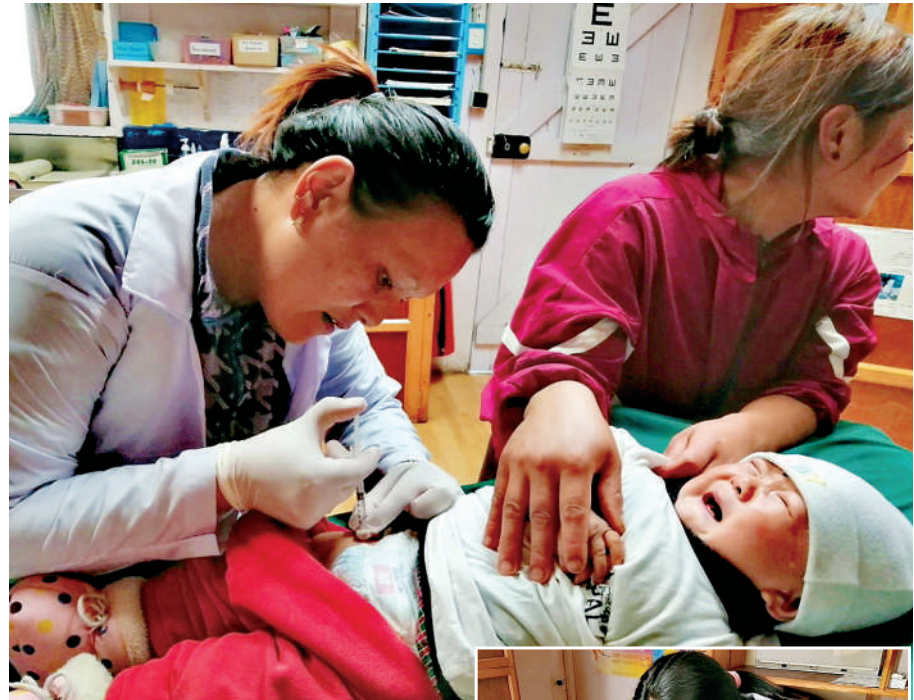
SN	Month	Contraceptive Services			
		Depo-Provera Injection	Jadelle Implant	OCP	Others
1	Jul/Aug	16	4	-	1
2	Aug/Sep	50	2	-	1
3	Sep/Oct	32	1	3	-
4	Oct/Nov	25	4	1	-
5	Nov/Dec	42	1	-	1
6	Dec/Jan	18	3	-	1
7	Jan/Feb	8	-	-	-
8	Feb/Mar	28	-	1	-
9	Mar/Apr	22	-	1	1
10	Apr/May	14	-	3	2
11	May/Jun	38	3	-	3
12	Jun/Jul	20	-	-	1
Total		313	18	9	11



Women receiving Depo-Provera injection.

### Immunization

Vaccination is well accepted and the coverage has been excellent in the region. Currently, there are 13 vaccinations against following disease (Diphtheria, Pertussis, Tetanus, Hepatitis B, Haemophilus influenza B, Polio, Tuberculosis, Rotavirus, Typhoid, Measles, Rubella, Japanese encephalitis, Streptococcus Pneumonia) included in National Immunization Programme. Health workers stationed at outreach clinics continue to play a major role in counselling the mothers and making sure that not a single child in their catchment misses the regular vaccinations. The number of children who received vaccination is presented in the Table 16 below:



ANM Dayangji vaccinating a baby.



Nurse Fura Doma vaccinating a baby.

**Table 16: Immunization given at Khunde Hospital**

SN	Month	Immunization Programme										Total
		BCG	Rota vaccine	OPV	FIPV	PCV	MR	DPT, Hep B, hiB	JE	TD	Vit A	
1	Jul/Aug	1	3	5	-	4	2	5	1	3	-	24
2	Aug/Sep	-	4	5	2	6	-	5	-	4	-	26
3	Sep/Oct	3	3	6	5	3	3	6	1	-	1	31
4	Oct/Nov	2	4	5	3	6	3	5	1	2	2	33
5	Nov/Dec	1	-	1	-	-	-	1	-	1	-	4
6	Dec/Jan	-	-	-	-	1	-	1	1	1	1	5
7	Jan/Feb	-	-	-	-	2	1	-	1	-	-	4
8	Feb/Mar	-	4	4	1	2	1	4	1	-	-	17
9	Mar/Apr	1	2	-	3	3	1	5	-	-	-	15
10	Apr/May	-	1	-	2	1	1	-	-	-	-	5
11	May/Jul	-	-	-	-	1	1	2	-	-	-	4
12	Jun/Jul	-	1	-	-	2	2	2	-	6	-	13
<b>Total</b>		<b>8</b>	<b>22</b>	<b>26</b>	<b>16</b>	<b>31</b>	<b>15</b>	<b>36</b>	<b>6</b>	<b>22</b>	<b>4</b>	<b>181</b>

**b. Inpatient, Emergency, Minor Surgery and Diagnostic Tests**

Khunde hospital is equipped with 15 beds for inpatient services. Over the last fiscal year, the hospital had 30 admissions. Emergency service is available 24 hours and we had seen 113 emergency cases and performed minor surgery in around 41 patients. The minor surgery includes suturing of lacerated wound, removal of foreign bodies, managing closed fractures and joint dislocations etc.

The diagnostic tests available at Khunde hospital includes imaging studies such as X-ray, ultrasound, ECG and laboratory tests like complete blood count, few blood biochemistry and serology. Over the last fiscal year, 334 patients benefited from diagnostic tests and around 827 tests were done.

From the end of last fiscal year, we have added H. Pylori stool antigen test, RA factor, CRP and Troponin I in our lab.



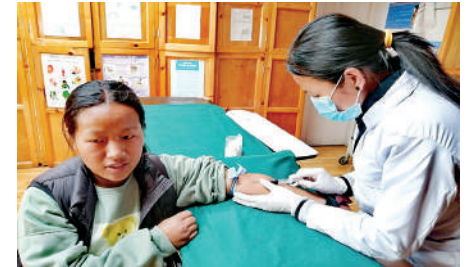
Patient with lacerated wound.



Dr. Mingma Kanchi injecting IV medications to patient.



Suturing of lacerated wound in hand.



Lab assistant Sita Kala Rai drawing blood for examination.



Patient prepared for minor surgery.



Sita kala doing blood examination.

**Table 17: Khunde Hospital - Inpatients and other activities**

SN	Months	Admission			Emergency	Minor surgery	Diagnostic test			
		Total	Recovery	Referred			X-ray	USG	ECG	Lab test
1	Jul/Aug	1	1	-	4	5	6	12	1	57
2	Aug/Sep	2	2	1	10	5	8	15	2	34
3	Sep/Oct	5	5	2	9	-	8	15	1	19
4	Oct/Nov	5	5	-	13	6	8	15	-	22
5	Nov/Dec	1	-	1	6	2	4	8	-	26
6	Dec/Jan	5	4	1	6	3	5	6	3	19
7	Jan/Feb	2	2	1	2	-	2	6	1	6
8	Feb/Mar	2	2	3	12	1	4	-	3	33
9	Mar/Apr	3	2	2	14	5	6	10	4	29
10	Apr/May	2	1	4	13	1	7	3	5	33
11	May/June	2	2	-	10	4	9	14	-	32
12	June/July	-	-	-	14	9	10	3	-	24
Total		30	26	15	113	41	77	107	20	334



Staff engaged in PPH management training.



Training on safe motherhood,  
Kangaroo Mother Care.

### c. Village Health Clinics

The health workers in village health clinics are the key person to deliver public health and primary medical care to the remote community where it takes several hours to reach the nearest hospital. Doctors continue to visit the outreach clinics to provide regular training to the health workers once in every 2 months to make the village health programme more effective and accessible. The health workers in both outreach clinic visit hospital by the end of each Nepali month to collect supplies and to discuss the cases seen at clinics. Both village health clinics located at Phortse and Thame are staffed with qualified health workers and clinics are functioning well.

### d. Covid-19 Vaccination

Khunde hospital in co-ordination with Khumbu Pasanglhamu Rural Municipality (KPLRM) provided 4th phase of Covid-19 vaccinations which included children of 5-12 years old. Around 129 children were vaccinated (Male: 64, Female: 65) at the end of March, 2023.

In addition to that, people above 60 years old were given 4th booster dose of Covid-19 vaccine in the first week of April, 2023. Around 70 people above 60 years were covered in Khunde and Khumjung.

### e. Staff Training

In the last fiscal year, our ANM Dayangji Sherpa attended training on antenatal care, delivery, postnatal care and vaccine outreach programme in the first week of April, 2023 organized by KPLRM. Both of our nurses and lab assistant had two day's training on safe motherhood programme on July 14-15, 2023 at Khunde hospital organized by local government.

### f. Free Medical Service during the Everest 70th Anniversary Celebration

On the auspicious occasion of the 70th anniversary of first ascent of Mount Everest, temporary clinics with doctors and nurses were set up at three different locations (Namche, Thame, Khunde and Khumjung) to provide free medical service and counselling to guests of the Everest 70th celebration from May 16 to May 31, 2023. The clinics and hospital were prepared for any possible health issues including high altitude sickness and evacuation.

During the period of two weeks, around 35 guests were given free medical services. Most of the cases were acute gastroenteritis and mild acute mountain sickness. All guests were recovered for celebration and were very grateful for the service.

### g. Dental Unit at Khunde Hospital

On the occasion of 70th anniversary of first Everest summit, a dental clinic was inaugurated in Khunde hospital on 28 May 2023. The dental equipment and salary for dental hygienist are supported by Dr. Jeffrey W. Phillips, a resident of Silverdale, Washington, USA. The unit will work closely with Namche Dental Clinic.

Mr. Bhupendra Chaudhary has been appointed as Dental hygienist to work in the dental clinic of Khunde Hospital effective from 15 June 2023 aiming to provide primary oral health care. Over the span of one month, around 18 patients were given dental service. Oral health awareness was given to the students of Grade1-10 of Khumjung School.



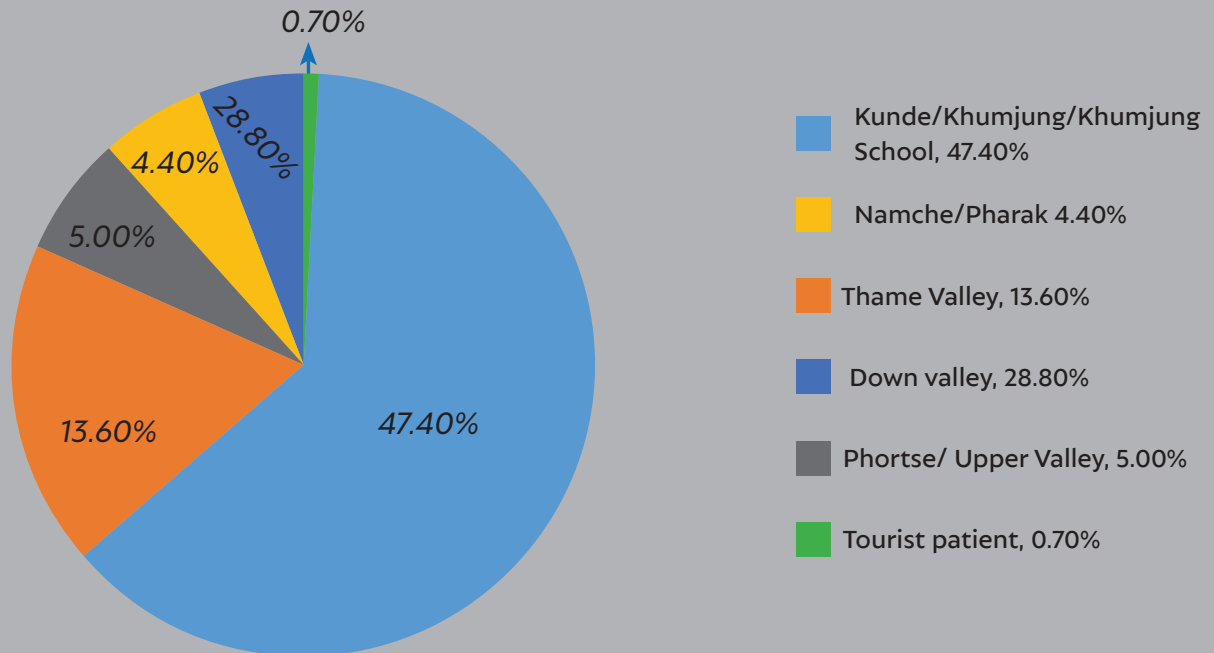
Dental Hygienist, Mr. Bhupendra Chaudhary  
doing scaling on patient.



Oral health education conducted at  
Khumjung School.

## h. Patient by Villages

Patient seen at Kunde Hospital by location



## i. Referred Cases

### Intussusception

An eleven month's old, female child was brought by her mother with the complaints of vomiting and diarrhoea for a week. Sought consult at clinic in Thame and was prescribed with antibiotics for gastroenteritis. However, symptoms did not seem to improve thus was brought at Kunde.

Upon examination, patient looked lethargic and sausage shaped mass was palpated in the right hypochondriac region of abdomen. Gross inspection of stool revealed the stool that looked like currant jelly. Patient was thus suspected to have intussusception.

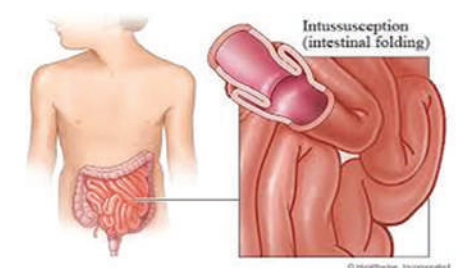
Fluid resuscitation was done and was referred to Kathmandu for further management.

Patient was operated on the same day of referral.

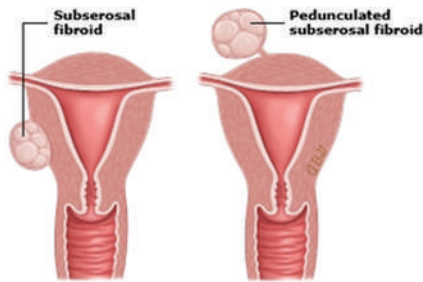
Intussusception is a process in which a segment of intestine invaginates into the adjoining intestinal lumen, causing bowel obstruction. With early diagnosis, appropriate fluid resuscitation, and therapy, the mortality rate from intussusception in children is less than 1%. If left untreated, however, this condition is uniformly fatal in 2-5 days. Its estimated incidence is approximately 1 case per 2000 live births.



Patient stool



Intussusception



Subserosal myoma

**Torsion of subserosal uterine leiomyoma**

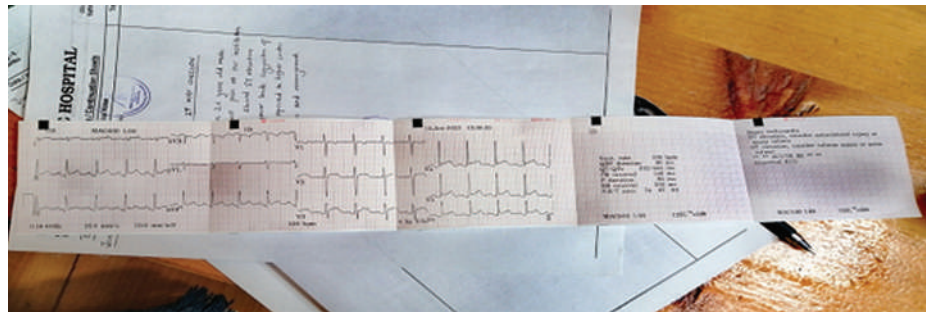
32-year-old, female, G2P1, 18 weeks AOG presented to our hospital with severe abdominal pain at right iliac region for a day. She reported on and off pain for 2 episodes for past month. However, this time the pain was severe with pain scale of 10/10 associated with vomiting.

Upon examination, tenderness was noted at right lower quadrant of abdomen. USG was done which showed intrauterine pregnancy of 18 weeks with good fetal heart tone. Mass was noted at the outer surface of uterus. Patient was counselled and was referred for further evaluation and management. She was diagnosed with pedunculated subserosal myoma with torsion and was operated on the same day of referral.

Patient is doing well now and she is in her third trimester of pregnancy.

**Myocardial infarction**

Over the last fiscal year, we had two cases of ST elevation myocardial infarction (STEMI). They were a 26 year's old male soldier with no risk factors and a 58 years old male from Khum-



ECG of patient with MI seen at Khunde Hospital.



Patient rescue

jung. ECG was undertaken and patients were diagnosed on time. They were given emergency management service and were referred for further evaluation, monitoring and management.

**j. Monjo Clinic Handed Over to Khumbu Pasanglhamu Rural Municipality**

As of 16 July 2022, Monjo Clinic, which was being managed by the Himalayan Trust under the technical supervision

of Khunde hospital for the past four decades, was handed over to Khumbu Pasanglhamu Rural Municipality. Previously, the staff salary and medicine supplies for the clinic were supported by the American Himalayan Foundation, Himalayan Trust, and Sir Edmund Hillary Foundation Canada.

Moving forward, KPLRM has taken over the management of the clinic, ensuring its continuity. The municipality has appointed a health worker and is responsible for supplying medicines.

**k. Dr. Kunchok Dorjee Visits Khunde Hospital**

From 23rd to 29th July 2022, Dr. Kunchok Dorjee, a faculty member at Johns Hopkins University, and Dr. Mingma Norbu Sherpa embarked on a trip to Khumbu. During their visit, they toured Khunde Hospital, Namche Dental Clinic, and Khumjung School. The main objectives of their trip were to acquaint Dr. Kunchok Dorjee with the Khunde Hospital team, to discuss about Latent Tuberculosis (LTB) screening project with the hospital staff, as well as visit Namche Dental Clinic and the Sir Ed Visitor Centre in Khumjung.



*Dr. Kunchok Dorjee with Khunde hospital team.*



*Visit to Namche Dental Clinic.*



*Visit to Khumjung School.*



*Dr. Kunchok Dorjee presenting about TB screening and awareness programme at Khunde hospital.*



### I. Outreach Clinic Visits

Dr. Kami Temba Sherpa and Dr. Mingma Kanchi Sherpa from Khunde hospital completed their clinic visit programme in March and May/June. In March, Dr. Kami Temba Sherpa examined a total of 42 patients at Thame clinic and 45 patients at Thamo clinic. In Thame, 18 male and 24 female patients received benefits from the camp, while in Thamo, 20 male and 25 female patients were provided medical care.

Similarly, in May/June, Dr. Mingma Kanchi Sherpa and Nurse Fura Doma Sherpa visited Tengboche and Phortse clinic, where they examined a total of 50 patients, including 37 male and 13 female patients.



*Dr. Kami Temba Sherpa examining patients during his Thame and Thamo clinic visit.*



*Dr. Mingma Kanchi Sherpa and nurse Fura Doma Sherpa examining patients during their Tengboche and Phortse clinic visit.*



### m. Hospital Facility Upgraded in Khunde Hospital

Himalayan Trust Nepal purchased essential hospital items for Khunde Hospital, such as an ICU manual bed with a mattress, a cardiac monitor with a touch screen, a lead jacket, and a bed side locker. These items were then transported to the hospital. Additionally, HTN procured regular drug supplies, necessary hospital equipment, and fire safety equipment from Kathmandu. Subsequently, these items were transported to Khunde hospital to ensure adequate supplies and safety measures are in place.



ICU manual bed installed in Khunde hospital.



Fire extinguisher in main clinic.



Hospital equipment ready for dispatch.



Newly installed medical bed and cardiac monitor.

### n. Auxiliary Nurse Midwife Hired for Khunde Hospital

Starting April 2023, Ms. Dayangjee Sherpa of Khumjung has been appointed as an Auxiliary Nurse Midwife (ANM) to join the professional staff team of Khunde Hospital. Notably, Ms. Sherpa brings a valuable experience to the role, as she had previously worked as an ANM at Khunde Hospital for seven years.



Ms. Dayangjee Sherpa, Auxiliary Nurse Midwife (ANM)

### 3.3.2 Phaplu Hospital

Phaplu Hospital is situated in Solududhkunda Municipality-4 in Solukhumbu district. In 1985, Himalayan Trust officially transferred the hospital management to the government of Nepal, making it the only district hospital under governmental administration. Despite this transition, HTN has continued its support to the hospital, ensuring its sustained operations.

To facilitate ongoing assistance, Himalayan Trust Nepal has signed a two-year MOU with the Phaplu Hospital Development and Management Board. This agreement covers the provision of medicine and staff incentives. The support from Himalayan Trust has played a crucial role in enabling the hospital's doctors and staff to deliver quality medical services to the local community and while maintaining the physical infrastructures of the hospital.

The Sir Edmund Hillary-Stiftung Deutschland (SEHS), chaired by Mrs. Ingrid Versen, has been diligently raising funds in Germany to support the Phaplu Hospital for many years. This support has continued to the present, contributing to the sustained functioning of the hospital.

### a. Medicines and Hospital Supplies Support

HTN procured necessary medicines for Phaplu Hospital and transported to the hospital. The medicines have been supported by the Sir Edmund Hillary Stiftung Germany.



Drugs of Phaplu Hospital.

**General OPD Services:**

The hospital treated **12,827** patients including **6,833** female and **5,994** male patients over the last fiscal year. The detail data of patient treated on a general OPD services are as follows:

**Emergency Services:**

The hospital has been providing emergency services all round the clock other than the OPD hours. The hospital provided emergency service to 2,606 patients which included 1,104 female and 1,502 male over the fiscal year 2022/23. The emergency service receiving patient data are provided in the following table.

**Maternity Services:**

Maternity services are one of the most important services of this hospital. Phaplu hospital is only the hospital in the district which has Comprehensive Emergency Obstetric and Neonatal Services (CEONC) centre in Solukhumbu district. The hospital provides every kind of obstetrics and neonatal services on free of cost. The detail data is presented in the following table.

**Immunization Services:**

Phaplu hospital has been providing immunization services to children up to 15 months according to the EPI

schedule on a regular basis. Unfortunately, due to the Covid-19 pandemic, these services had be temporarily suspended. However, Salleri Health Post stepped in to provide the immunization services during that period on behalf of Phaplu Hospital. The hospital resumed its regular immunization services from the last fiscal year. In addition to children, the hospital also follows the national protocol to administer immunizations to pregnant women. The details of the immunization services are presented in the given table.

**Table 18: Phaplu Hospital - General OPD Services**

S.N	Month	0-9 years		10-19 years		20-59 years		>60 years		Total	
		Female	Male	Female	Male	Female	Male	Female	Male	Female	Male
1	Jul 17-Aug 16	119	205	112	122	605	344	122	98	958	769
2	Aug 17-Sep 16	92	113	68	77	486	256	85	72	731	518
3	Sep 17-Oct 17	48	87	58	40	282	172	68	50	932	349
4	Oct 18-Nov 16	45	61	49	32	211	128	55	29	360	250
5	Nov 17-Dec 15	46	63	51	34	214	130	56	32	643	347
6	Dec 16-Jan 14	52	66	54	38	215	134	58	35	379	794
7	Jan 15-Feb 12	58	52	57	30	242	419	52	61	409	419
8	Feb 13- Mar 14	57	51	56	29	241	420	53	62	407	562
9	Mar15-Apr 13	62	51	54	31	239	421	50	59	405	562
10	Apr 15-May 14	83	76	55	36	238	420	49	58	425	590
11	May 15-June 15	113	123	50	64	401	197	96	76	660	460
12	June 16-July 16	77	112	67	89	299	130	81	43	524	374
Total		852	1060	731	622	3673	3171	825	675	6833	5994
Grand Total										12,827	

**Table 19: Phaplu Hospital - Emergency Services**

S.N	Month	0-9 years		10-19 years		20-59 years		>60 years		Total	
		Female	Male	Female	Male	Female	Male	Female	Male	Female	Male
1	Jul 17-Aug 16	43	50	21	36	88	78	18	22	170	186
2	Aug 17-Sep 16	69	83	73	98	78	66	22	17	40	264
3	Sep 17-Oct 17	25	26	10	13	55	60	10	16	100	115
4	Oct 18-Nov 16	26	19	14	14	61	69	18	23	119	125
5	Nov 17-Dec 15	19	26	14	18	58	80	12	20	56	144
6	Dec 16-Jan 14	15	15	15	15	41	38	8	9	79	77
7	Jan 15-Feb 12	12	6	5	16	36	50	8	13	61	85
8	Feb 13- Mar 14	17	22	13	10	13	21	27	29	70	82
9	Mar15-Apr 13	14	24	14	22	36	33	17	16	81	95
10	Apr 15-May 14	16	23	14	21	45	53	30	22	105	119
11	May 15-June 15	17	22	13	22	75	39	4	7	109	90
12	June 16-July 16	25	32	47	59	29	25	13	4	114	120
<b>Total</b>		<b>298</b>	<b>348</b>	<b>253</b>	<b>344</b>	<b>615</b>	<b>612</b>	<b>187</b>	<b>198</b>	<b>1104</b>	<b>1502</b>
<b>Grand Total</b>										<b>2606</b>	

**Table 20: Phaplu Hospital - Maternity Services**

S.N	Month	S.V. Delivery	Caesarean section	Complicated	Blood Transfusion	CAC	PAC
1	Jul 17-Aug 16	18	5	11	0	18	3
2	Aug 17-Sep 16	9	3	2	0	5	2
3	Sep 17-Oct 17	14	2	0	0	9	4
4	Oct 18-Nov 16	13	6	1	2 pint	9	2
5	Nov 17-Dec 15	27	4	1	2 pint	12	3
6	Dec 16-Jan 14	12	2	1	2 pint	9	5
7	Jan 15-Feb 12	19	1		0	1	1
8	Feb 13- Mar 14	20	4	2	3 pint	14	0
9	Mar15-Apr 13	12	2	1	0	12	0
10	Apr 14-May 14	21	3	0	0	12	0
11	May 15-June 15	21	4	2	0	7	3
12	June 16-July 16	17	6	0	3 pint	14	3
<b>Total</b>		<b>203</b>	<b>42</b>	<b>21</b>	<b>0</b>	<b>122</b>	<b>26</b>

**Table 21: Phaplu hospital – Immunization Services**

Month	BCG		DPT		DPT		DPT		OPV		OPV		OPV		PCV		PCV		PCV		FIPV		FIPV		MR		MR		JE		TD		TD		To- tal
	1	2	3	1	2	3	1	2	3	1	2	3	1	2	3	1	2	3	1	2	1	2	1	2	1	2	1	2	1	2	1	2			
Jul 17- Aug 16	27	5	1	2	4	1	5	0	2	4	2	2	2	3	0	23	14	1	97																
Aug 17- Sep 16	27	7	4	1	7	4	7	3	1	7	1	1	0	2	10	1	6	98																	
Sep 17- Oct 16	8	2	3	3	4	4	4	4	3	5	3	2	0	0	0	5	6	62																	
Oct 17- Nov 15	14	5	2	2	5	1	5	1	4	2	0	0	0	14	3	0	60																		
Nov 16- Dec 15	13	5	7	4	5	7	4	7	3	3	2	1	2	0	7	0	78																		
Dec 16- Jan 13	12	9	2	5	9	2	7	1	0	7	3	0	0	3	2	6	73																		
Jan 14- Feb 12	14	4	10	5	4	10	4	10	1	4	5	1	0	1	8	3	1	92																	
Feb 13- Mar 13	16	8	5	8	9	3	9	0	0	8	8	0	0	0	7	5	4	96																	
Mar 14- Apr 13	11	6	6	6	6	6	7	7	0	6	6	0	0	1	8	2	3	87																	
Apr 14- May 14	1	3		Sallery Health post						5	2	0	0	1	1	1	7	21																	
May 15- June 14				Sallery Health Post						0	0	0	0	0	2	12	7	21																	
June 15- July 15				Sallery Health Post						0	0	0	0	4	30																				

**Family planning services:**

The hospital provides different kinds of family planning (temporary) measures and permanent sterilization too. Clients requiring those services can get the services on every working day. A total of 3,109 users got family planning service from the Phaplu hospital in the fiscal year 2022/23.

**Radiology and laboratory services:**

Phaplu hospital provides radiological services including X-ray at minimal cost. Similarly, the laboratory fees are reasonable, free to poor and destitute. The ultrasound service is free of cost to all pregnant ladies and pregnancy related patients. 7,302 patients used radiology and laboratory services in last fiscal year 2022/23.

**Inpatient services:**

The hospital has been providing inpatient services all-round the year with 24 hours nursing care. The hospital was sanctioned to 15 beds whereas the hospital has been providing services of 29 beds. Altogether 1,899 patients were admitted over the last fiscal year and their total hospital stay day was 4,663.

**OCMC Case Data:**

The Phaplu hospital is the only one hospital in the district to handle the medico-legal cases all around the district. Similarly, one step crisis management centre provides free services to the gender based violence clients.

**Table 22: Phaplu Hospital – Family Planning Services**

S.N	Month	ICUD	Depo	Pills	Implant	Total
1	Jul 17-Aug 16		28	4	183	215
2	Aug 17-Sep 16	24	24	3	193	244
3	Sep 17-Oct 16	24	23	4	198	249
4	Oct 17-Nov 15	24	15	4	203	246
5	Nov 16-Dec 15	24	14	4	202	244
6	Dec 16-Jan 13	24	14	4	205	247
7	Jan 14-Feb 12	24	12	2	213	251
8	Feb 13- Mar 13	24	12	2	213	251
9	Mar14-Apr 13	24	16	2	224	266
10	Apr 14-May 14	24	23	2	239	288
11	May 15-June 14	24	25	2	253	304
12	June 15-July 15	24	25	2	253	304
<b>Total</b>		<b>264</b>	<b>231</b>	<b>35</b>	<b>2,579</b>	<b>3,109</b>

**Table 23: Phaplu Hospital – Radiology and Laboratory Services**

S.N	Month	X-Ray	Ultraso-nography	Electrocardi-ography	Lab
1	Jul 17-Aug 16	383	199	85	682
2	Aug 17-Sep 16	374	150	35	690
3	Sep17-Oct-17	296	163	9	603
4	Oct18-Nov-16	190	35	35	657
5	Nov17-Dec 15	334	199	16	421
6	Dec 16-Jan 14	221	35	35	443
7	Jan 15-Feb 12	251	199	110	456
8	Feb 13- Mar 14	224	194	38	544
9	Mar15-Apr 13	287	160	59	590
10	Apr 14-May 14	410	215	66	539
11	May 15-June 15	445	140	123	778
12	June 16-July 16	462	146	95	899
<b>Total</b>		<b>3877</b>	<b>1835</b>	<b>706</b>	<b>7302</b>

### b. Incentive to Phaplu Hospital Staff

Himalayan Trust Nepal provides incentives to the staff of Phaplu Hospital in line with the MoU signed with the Hospital Development Board. HTN values the hardworking staff members who tirelessly work for the improvement of Phaplu Hospital and provide service to the general public. In recognition of their hard work, HTN provides incentives to the hospital staff with the financial support from Sir Edmund Hillary Stiftung Germany. This scheme of the incentive aims to encourage long-term commitment from the staff and ensure delivery of high-quality care to patients. The local beneficiaries greatly appreciate this support.

**Table 24: Phaplu Hospital - Inpatient Services**

S.N	Month	Total no. of admitted patients	Total Hospital stay day
1	Jul 17-Aug 16	184	437
2	Aug 17-Sep 16	177	478
3	Sep 17-Oct 17	169	256
4	Oct 18-Nov 16	116	240
5	Nov 17-Dec 15	191	333
6	Dec 16-Jan 14	101	243
7	Jan 15-Feb 12	106	277
8	Feb 13- Mar 14	129	418
9	Mar15-Apr 13	141	406
10	Apr 15-May 14	141	401
11	May 14-June 14	229	566
12	June 16-July 16	215	608
Total		1899	4663

### 3.3.3 Namche Dental Clinic

Namche Dental Clinic is located in Khumbu Pasang Lhamu Rural Municipality (KPLRM), Ward No. 5. It has been serving as the sole dental care facility in the Khumbu region. Established in 1991, the clinic was funded by the American Himalayan Foundation (AHF) in 1991 with the aim of providing preventive and curative dental services in the Khumbu region. Since its inception, the dental clinic has been providing essential dental care services to the community. In addition to tooth scaling, extraction, and hygiene services, it also provides dental education programmes to raise awareness among local children about preventive dental care. The clinic's operation, including the salaries of the dentist and office assistant, as well as procurement of medicines, are made possible through the generous and ongoing financial support of Richard Blum and AHF. Since 2019, Himalayan Trust Nepal has been

**Table 25: Covid-19 report: July 2022 – July 2023**

Total Antigen Test	Total Positive Case	Admission ICU	Discharge	Refer	Death
3	3	0	0	0	0



Namche Dental Clinic, Namche

managing the clinic in close coordination and collaboration with the Namche Dental Clinic Management Committee.

#### a. Dental Services

The clinic caters to a diverse range of patients, including local residents, children, trekking porters, guides, as well as foreign visitors such as tourists and mountaineers. It serves the entire Khumbu region, extending as far as three to four-day walk from Namche. The primary inhabitants of the Khumbu region are Sherpas, followed by Rai, Magar, Basnet, Dalits, and other minority groups. Namche Bazar is home to numerous government and non-governmental offices, whose staff members are beneficiaries of the clinic services.

The most prevalent dental problems observed in the clinic include:

- A high prevalence of cavities seen in children, primarily caused by the easy availability of chocolates and sweetened drinks.
- Delayed eruption and shedding of primary and permanent teeth in children, possibly resulting from vitamin D deficiency commonly observed in the local people.
- Periodontitis is frequently found in a significant number of patients, primarily due to poor oral hygiene. The extreme cold weather discourages regular tooth brushing, especially during treks.
- Tourists from lower elevations often present complaints of Barodontalgia (tooth pain caused by changes in ambient pressure) when visiting the clinic.

**Table 26: The services provided by Namche Dental Clinic are as follows**

S. N.	Dental Services
1.	Odontogenic pain and infection originating from dental origin
2.	Non odontogenic pain and infection originating from or facial origin
3.	Dental X-ray (bisecting angle and Bitewing techniques)
4.	Pedodontics Simple GIC restoration
5.	Pedodontics Pit and fissure sealants application
6.	Pedodontics Fluoride application
7.	Pedodontics pulpotomy and pulpectomy
8.	Simple composite restoration
9.	Composite restoration by Sandwich techniques)
10.	Root Canal Treatment (anterior and posterior)
11.	Re-Root Canal Treatment
12.	Fixed partial dentures (Crown and bridge)
13.	Removable Complete dentures
14.	Removable partial rigid and flexible dentures
15.	Simple Extraction
16.	Complex Extraction
17.	Surgical Extraction of impacted teeth
18.	Scaling and polishing of teeth

**Table 27: Dental services provided by Namche Dental Clinic in 2022/23 as per dental procedure**

S. N.	Dental Procedure Done	No. of cases
1	Dental consultation	1,405
2	Scaling and polishing of teeth	78
3	Restoration	295
4	Extraction	250
5	Root Canal Treatment (anterior and posterior)	55
6	Fixed partial dentures (Crown and bridge)	9
7	X-ray	405

**Table 28: Patients belonging to different ethnic groups from 17th July 2022 to 16th July 2023**

S.N.	Month	Dalit		Janajati		Brahmin		Total	
		Male	Female	Male	Female	Male	Female	Male	Female
1	17th July – 16th Aug	1	2	4	3	59	59	64	64
2	17th Aug – 16th Sept	0	1	2	3	43	38	45	42
3	17th Sept – 17th Oct	0	5	4	0	39	86	43	91
4	18th Oct – 16th Nov	3	1	5	0	31	49	39	50
5	17th Nov – 15th Dec	0	0	22	28	0	0	22	28
6	16th Dec – 31st Dec	Winter break							
7	January	Winter break							
8	February	Winter break							
9	March	4	1	42	66	0	3	46	70
10	April	0	3	43	80	2	1	45	84
11	May	0	1	57	69	0	2	57	72
12	June	0	4	40	78	40	17	80	99
13	1st July – 16th July	0	0	19	22	0	3	19	25
Total		8	18	238	349	214	258	460	625
Grand Total								1,085	

**Table 29: Age wise patient distribution in Namche Dental Clinic from 17th July 2022 to 16th July 2023**

SN	Month	0-9 year		10-19 year		20-59 year		60 and above		Total	
		Male	Female	Male	Female	Male	Female	Male	Female	Male	Female
1	17th July – 16th Aug	11	5	5	6	35	41	13	12	64	64
2	17th Aug – 16th Sept	4	7	1	1	33	27	7	7	45	42
3	17th Sept – 17th Oct	2	11	14	11	23	61	4	8	43	91
4	18th Oct – 16th Nov	2	3	7	23	28	22	22	2	59	50
5	17th Nov – 15th Dec	5	0	4	10	9	18	4	0	22	28
6	16th Dec – 31st Dec	Winter break									
7	January	Winter break									
8	February	Winter break									
9	March	6	9	11	22	20	35	9	4	46	70
10	April	2	13	20	28	19	39	4	4	45	84
11	May	7	2	33	33	17	30	0	7	57	72
12	June	12	8	28	44	35	40	5	7	80	99
13	1st July – 16th July	3	5	11	14	5	5	0	1	19	25
Total		54	63	134	192	224	318	68	52	480	625
Grand Total								1,105			



### b. Dental Camps Organized

Namche Dental Clinic organized five dental camps this year for the purpose of providing good oral hygiene and knowledge to the school going children and community people. During the dental camps, oral hygiene status of the beneficiaries were examined and some cases which required especial care were referred to the clinic for treatment. During the school dental camps, the primary teeth of the students were extracted, applied fluoride varnish gel, educated on the importance of hygienic diet and nutrition, importance of milky teeth, and taught them about the correct brushing techniques, and distributed free toothbrush and paste. The clinic has conducted 12 school dental camps till date and examined more than 1,200 school going children. Dental camps of such nature will be conducted more depending upon the need.

Dr. Jeffrey W. Phillips led the dental camp held at Khunde hospital on May 27 and 28, 2023. Mr. Mingma Thundu Sherpa from Khumjung coordinated the camp. Dr. Sampada Bhattarai and Mingma Lhamu Sherpa actively took part in the camp, where they provided dental care to a group of 78 patients, addressing different dental problems.

**Table 30: Total number of patients in Namche Dental Clinic from 17th July 2022 to 16th July 2023**

S.N.	Months	Male	Female	Total
1	17th July to 16th Aug	64	64	128
2	17th Aug to 16th Sept	45	42	87
3	17th Sept to 17th Oct	43	91	134
4	18th Oct to 16th Nov	39	50	89
5	17th Nov to 15th Dec	22	28	50
6	16th Dec to 31st Dec	Winter break		
7	January	Winter break		
8	February	Winter break		
9	March	46	70	116
10	April	45	84	129
11	May	57	72	129
12	June	80	99	179
13	1st July – 16th July	19	25	44
Total		460	625	1,085

**Table 31: List of Dental Camps**

S.N.	Name of schools/ hospitals/ villages	Date of dental camp conducted	No. of examinees
1	Khunde hospital	27th and 28th March 2023	78
2	Shree Janasewa Basic School, Sano Gumela	8th May 2023	128
3	Rimijung Monastery, Gumela	8th May 2023	35
4	Shree Yuba Barsa Basic School, Monjo	9th May 2023	31
5	Khari Nunnery, Thamo	17th May 2023	24
Total			296



Dental camp organized in Khunde Hospital led by Dr. Jeffrey W. Phillips and NDC team.



Shree Janasewa Basic School, Sano Gumela.



Rimijung Monastery, Gumela.



Shree Yuba Barshe Basic School, Monjo.



Khari Nunnery, Thamo.



Repair and maintenance work being carried out in NDC.

**c. Repair and Maintenance**

The dental equipment of Namche Dental Clinic such as dental chairs, water retraction valve, water pipe, air pipe, carbon brush assembly, joystick of foot control, suction bottles and tubes, LED dental light driver sensor, LED with heat sink drainage tube, hanger valve confident were repaired and maintained by a technician hired from Kathmandu.

Also, new equipment such as suction set, light cure, slow speed hand piece, U.V. light sterilization, R.O. or distilled water, Apex locator NSK, Dents ply ultrasonic scales tip, pro tapes next etc. were procured. The clinic remains closed for winter as water freezes and cannot operate the dental equipment.



Dental equipment upgraded in Namche Dental Clinic with the funding support of AHF and generous donors.

#### d. Dentist Appointed for Namche Dental Clinic

Dr. Sampada Bhattarai has been appointed as the new dentist at Namche Dental Clinic (NDC), commencing her role from 1st March 2023.

#### e. Donation to Namche Dental Clinic

Namche Dental Clinic received a generous donation from Dr. Jeffrey W. Phillips, a resident of Silverdale, Washington. The donation consists of a cutting-edge dental digital portable X-ray machine, which will greatly enhance the clinic's capabilities. This remarkable initiative was led by Mr. Dawa Tshering Sherpa and coordinated by Mr. Mingma Thundu Sherpa from Khumjung, in collaboration with Dr. Jeffrey and HTN.



Dr. Sampada Bhattarai, Namche Dental Clinic



Dr. Jeffrey and Mr. Mingma Thundu Sherpa at Namche Dental Clinic.



Dr. Jeffrey and Mr. Mingma Thundu Sherpa at HTN office.

#### f. Temporary Clinic Set-up for the Everest 70th Anniversary Celebration

A temporary clinic was set-up at Namche Dental Clinic from 16th May to 30th May 2023 with the purpose of providing free healthcare services to the distinguished guests of Everest 70 celebration and provide consultations to the local people.

Within a two-week period, Dr. Nima Ongchuk Sherpa examined a total of 20 patients, including 6 individuals from the local area. The majority of cases observed were related to acute mountain sickness (AMS) and acute gastroenteritis (AGE). All visitors to the clinic received comprehensive guidance and lectures regarding the risks of high altitude sickness. Additionally, Oxygen cylinders were kept on standby in case of emergencies requiring evacuation.



Temporary clinic set-up for Everest70 celebration.

### 3.3.4 Drugs Support

As part of the health programme, HTN has been consistently providing essential medicines to Khunde and Phaplu Hospitals, as well as clinics located in Thame, Phortse, Bung, Sotang, and Salyan. This support is one of the significant initiatives undertaken by HTN.

#### a. Bung Clinic

Sir Edmund Hillary Stiftung (SEHS) Germany has been supporting Bung clinic with medicine supplies worth Rs. 100,000 per year. A total of **1,351** patients (**770** female and **581** male) benefitted from the medicines provided by Himalayan Trust Nepal to Bung clinic. With the medicines provided, they were able to cure Headache, Fever, Cough, Upper Respiratory Tract Infection (URTI), Gastritis, Scabies, Wound infection, Cuts & Injuries, and Body ache etc.

#### b. Salyan Primary Health Centre

Similarly, SEHS has been supporting Salyan Primary Health Centre with necessary medicine supplies on a regular basis. HTN has been providing medicines support to the clinic through the funding of Sir Edmund Hillary Stiftung Germany. A total of **1,513** patients (**781** female and **732** male) benefitted from the medicines provided by Himalayan Trust Nepal to Salyan clinic. The clinic is a primary care centre and it has high number of patient flow. With the medicines provided, they were able to cure Headache, Hypertension, Upper Respiratory Tract Infection (URTI), Acid peptic disease, Chronic Obstructive Pulmonary Disease (COPD), Urticarial, and Acute Gastroenteritis (AGE) etc.



Drugs of Bung Clinic



Drugs of Salyan Primary Health Centre

**Table 32: Number of beneficiary patients of Bung Clinic**

S.N.	Month	Female	Male	Total
1	Shrawan (July)	43	42	85
2	Bhadra (August)	34	33	67
3	Ashoj (September)	53	48	101
4	Kartik (October)	21	17	38
5	Mangsir (November)	38	33	71
6	Poush (December)	59	55	114
7	Magh (January)	119	96	215
8	Falgun (February)	178	111	289
9	Chaitra (March)	84	38	122
10	Baisakh (April)	27	24	51
11	Jestha (May)	50	28	78
12	Asar (June)	64	56	120
Total		770	581	1,351

**Table 33: Number of beneficiary patients of Salyan Primary Health Centre**

S.N.	Month	Female	Male	Total
1	Shrawan (July)	55	70	125
2	Bhadra (August)	69	37	106
3	Ashoj (September)	97	99	196
4	Kartik (October)	70	60	130
5	Mangsir (November)	77	56	133
6	Poush (December)	55	65	120
7	Magh (January)	71	50	121
8	Falgun (February)	53	74	127
9	Chaitra (March)	51	27	78
10	Baisakh (April)	39	63	102
11	Jestha (May)	60	52	112
12	Asar (June)	84	79	163
Total		781	732	1,513

### c. Sotang Primary Hospital

HTN through the generous funding support from Sir Edmund Hillary Stiftung, Germany has been supporting necessary medicine to Sotang Primary Hospital starting from January 2020. Some of the commonly seen diseases in patients visiting the hospital are Hypertension, Chronic Obstructive Pulmonary Disease (COPD), Urticarial, Gastritis and Conjunctivitis. A total of **6,220** patient benefitted from the medicine provided by Himalayan Trust Nepal to Sotang primary hospital among which **3,858** are female and **2,362** are male.

### 3.3.5 Management of Clinics supported by Forgotten Sherpas of Nepal Trust

Forgotten Sherpas of Nepal Trust (FSNT) based in New Zealand provides financial support for the operation of two community clinics located in Patle, Okhaldhunga district, and Goli, Solukhumbu district. The Trust provides assistance for the salaries of health workers and procurement of medicines. Since July 2018, these clinics have been operated and managed by HTN in collaboration with FSNT.

#### a. Patle Community Health Clinic Service

Patle Community Health Clinic is located in Molung Rural Municipality, Ward No. 7, Patle in Okhaldhunga district. The clinic was established in July 2018 and receives support from the Forgotten Sherpas of Nepal Trust (FSNT) in New Zealand. FSNT provides funding for the staff salaries, medicine, and clinic's rent, which is covered until March 2023. Since its inception, the clinic has been providing essential healthcare services to

**Table 34: Number of beneficiary patients of Sotang Primary Hospital**

S.N.	Month	Female	Male	Total
1	Shrawan (July)	409	222	631
2	Bhadra (August)	335	193	528
3	Ashoj (September)	284	132	416
4	Kartik (October)	268	172	440
5	Mangsir (November)	287	203	490
6	Poush (December)	336	229	565
7	Magh (January)	338	227	565
8	Falgun (February)	345	163	508
9	Chaitra (March)	324	197	521
10	Baisakh (April)	288	192	480
11	Jestha (May)	386	212	598
12	Asar (June)	258	220	478
Total		3858	2362	6,220



The drugs of Sotang Primary Hospital has been handed over to the hospital by LIL Education Field Officer, Ms. Rashmi Gurung during her field visit to Sotang.



the local community, including general health check-ups, medicine distribution, free counselling, health education programmes, and free family planning and referral services on a regular basis. Located in a remote area of Okhaldhunga district, the clinic serves residents of Molung Rural Municipality Ward No.7 and Sidchicharan Municipality Ward No. 6.

The catchment area of the clinic includes Gate Khola, Maskharka, Patle Khola, Rachane, Jese, Talkot, Basmekhola, Kharsubot, Dhap, Katike, Bakhre and Buinasa. The community served by the clinic is composed of people from various castes including Brahmin, Chhetri, Sherpa, Tamang, Magar, Sunuwar, Pahari, and Dalit (Kami, Damai). There are total of 600 house-



Patle Clinic Building Construction.

holds in the village, with a population of 3,000 individuals, consisting of 1,350 males and 1,650 females.

The clinic is staffed by one Health Assistant (H.A.), Mr. Nirmal Karki, and one Office Assistant, Mr. Gelje Sherpa. Commonly ailments seen among the patients attending the clinic include gastritis, Chronic Obstructive Pulmonary Disease (COPD), arthritis, Acute Respiratory Tract Infection (ARTI)/Upper respiratory Tract Infection (URTI)/common colds, allergies, dental problems, and hypertension. Himalayan Trust Nepal with the financial support from Forgotten Sherpas of Nepal, supplies the essential medicines required by the clinic.

Previously, the clinic was being operated in a rented room which posed challenges due to its small size. However, a two-room clinic building has been successfully constructed using light-weight prefab materials. The project received joint funding from

Sir Edmund Hillary Stiftung, Germany, Forgotten Sherpas of Nepal Trust, New Zealand, Val Pitkethly, and Light Education Development. During the year 2022/23, the clinic provided healthcare services to a total of **1247** patients, with **697** females and **550** males benefiting from its services.

**b. Inauguration of Patle Community Health Clinic Building**

Mr. Pasang Dawa Sherpa, Chairman of HTN, together with Ms. Margaret Stocker, Chairperson of Forgotten Sherpas of Nepal Trust (FSNT), Dr. Mingma Norbu Sherpa, CEO, Mr. Baween Raj Tandukar, Finance and Admin Manager and inaugurated and

handed over the recently built Patle Community Health Clinic building to local community in Okhaldhunga on 19th April 2023 in the presence of more than 200 local people and stakeholders. The Chairman of Molung Rural Municipality Mr. Uttam Rai and ward no. 7 Mr. Hem Sunuwar were also present at the inauguration ceremony. HTN built the 2-room clinic building and toilet through the funding support of Sir Edmund Hillary Stiftung Germany, FSNT and Light Education Development UK in March 2023. The staff salary and medicines are funded by FSNT and managed by HTN. The clinic is operated by a Health Assistant and an Office Assistant.



Newly built Patle Community Clinic and toilet.



During the inauguration of the clinic.



Mr. Nirmal Karki (HA) examining a patient.



Mr. Gelje Sherpa (Office Assistant) and Mr. Nirmal Karki (HA)

**Table 35: Patle Community Health Service Patient Morbidity: 17 July, 2022 - 16 July, 2023**

S.N.	Disease categories	Female	Male	Total
1	Gastritis	100	90	190
2	Chronic Obstructive Pulmonary Disease (COPD)	50	31	81
3	Dental problem	60	50	110
4	Hypertension	40	25	65
5	Pneumonia	11	9	20
6	Allergy	43	48	91
7	Injury/Wound/Sprain/Strain	22	26	48
8	Urinary Tract Infection (UTI)	15	11	26



S.N.	Disease categories	Female	Male	Total
9	Typhoid fever	5	5	10
10	Arthritis	27	25	52
11	Asthma/Bronchitis	12	8	20
12	Tonsillitis	12	9	21
13	Taeniasis/ Eczema	22	12	34
14	Mastitis	3	0	3
15	Hypotension/Weakness	16	13	29
16	Conjunctivitis	25	12	37
17	Pediculosis	11	2	13
18	Laryngitis	0	3	3
19	Sinusitis	12	2	14
20	Jaundice	1	1	2
21	Scrotal Swelling Syndrome	0	3	3
22	Pelvic Inflammatory Disease	5	0	5
23	Urethral Discharge Syndrome	0	3	3
24	Vaginitis/ Vaginal Discharge Syndrome	6	0	6
25	Amoebiasis	5	4	9
26	Diarrhoea/ Dehydration	22	11	33
27	Pregnancy Test	3	0	3
28	Impetigo	4	3	7
29	Snake bite/ Insect bite	4	5	9
30	Otitis externa / media	3	5	8
31	Intestinal worm	8	7	15
32	Peptic ulcer disease	20	18	38
33	Angular stomatitis	5	8	13
34	Acute Respiratory Tract Infection (ARTI) / Upper Respiratory Tract Infection (URTI)/ Common cold	70	59	129
35	Dysmenorrhea	3	0	3
36	Psoriasis	0	1	1
37	Scabies	3	3	6
38	Foreign body in nose/ear	5	6	11
39	Neuritis	10	9	19
40	Cholera	1	1	2
41	Boils/ Abscess	3	3	6
42	Headache Fever	20	12	32
43	Dryness of eyes	10	7	17
Total		697	550	1247

**Table 36: Patle Community Health Service age group Gender-wise General OPD services in 2022/23**

S.N.	Months	0-9 years		10-19 years		20-59 years		>60 years		Total	
		Female	Male	Female	Male	Female	Male	Female	Male	Female	Male
1	Jul/ Aug	2	2	9	5	26	23	11	8	48	38
2	Aug/Sept	4	5	13	9	50	43	4	3	71	60
3	Sept/Oct	2	1	6	5	25	15	3	2	36	23
4	Oct/Nov	2	1	5	5	24	15	3	3	34	24
5	Nov/Dec	5	3	15	6	33	24	7	8	60	41
6	Dec/Jan	2	2	6	6	23	16	4	4	35	28
7	Jan/Feb	7	6	13	14	30	20	6	8	56	48
8	Feb/Mar	9	6	17	13	32	20	8	8	66	47
9	Mar/Apr	6	8	24	13	36	28	6	10	72	59
10	Apr/May	11	10	28	22	47	42	21	11	107	85
11	May/June	7	5	26	10	37	45	7	4	77	64
12	June/July	2	3	5	9	24	17	4	4	35	33
Total		59	52	167	117	387	308	84	73	697	550
Grand Total										1247	

**Table 37: Patle Community Health Service patients number by ethnicity**

S.N.	Month	Dalit		Janajati		Brahmin/Chhetri		Total			
		Female	Male	Female	Male	Female	Male	Female	Male		
1	July/Aug	4	3	40	33	4	2	48	38		
2	Aug/Sept	4	5	61	52	6	3	71	60		
3	Sept/Oct	3	2	30	20	3	1	36	23		
4	Oct/Nov	2	2	30	21	2	1	34	24		
5	Nov/Dec	5	4	49	34	6	3	60	41		
6	Dec/Jan	2	2	31	23	2	3	35	28		
7	Jan/Feb	5	4	45	40	6	4	56	48		
8	Feb/Mar	4	5	58	40	4	2	66	47		
9	Mar/Apr	6	5	60	51	6	3	72	59		
10	Apr/May	8	9	90	70	9	6	107	85		
11	May/June	6	5	65	54	6	5	77	64		
12	June/July	2	3	31	29	2	1	35	33		
Total		51	49	590	467	56	34	697	550		
Grand Total										1247	

**Table 38: Patle Community Health Service distribution of Contraceptive Services in 2022/23**

S.N.	Month	Contraceptive Services			Total
		DMPA	OCP	Condom	
1	Jul/ Aug	3	0	0	3
2	Aug/Sept	4	0	0	4
3	Sept/Oct	6	2	0	8
4	Oct/Nov	5	1	0	6
5	Nov/Dec	7	0	2	9
6	Dec/Jan	4	0	3	7
7	Jan/Feb	2	1	5	8
8	Feb/Mar	3	1	3	7
9	Mar/Apr	10	1	2	13
10	Apr/May	3	2	6	11
11	May/ June	2	1	1	4
12	June/July	1	1	2	4
<b>Total</b>		<b>50</b>	<b>10</b>	<b>24</b>	<b>84</b>

**c. Pike Rural George Hunter Health Clinic**

The Pike Rural George Hunter Health Clinic has been established in Goli village, specifically in Likhu Pike Rural Municipality (LKPRM) Ward No. 1 of Solukhumbu district. Since its inception, the clinic has been providing essential healthcare services to general public. These services include general health check-ups, family planning, health education, counselling and safe maternity care on a regular basis. The clinic serves individuals from various castes, including Sherpa, Chhetri, Tamang, Kami, Damai, Thami, and Bhujel from LPKRM, Ward No. 1 to 5, as well as Khijidamba in Okhaldungha. The catchment area of the clinic includes Goli Gumba, Kosinasa, Gyapchuka, Khare, Buldada, Chhusa, Dudele, Meski, Goli, Kapti, Dura, Yarmakhu, Chaulakharka, and Namkheli.



Drugs of Goli Clinic.



Drugs of Patle Clinic.

In addition, they provide mobile health services once a month to the residents of Meski village in LKPRM, Ward No. 2. Goli village consists of a total of 76 households, with a population of 930 individuals, including 420 males and 510 females.

The clinic frequently encounters common diseases among its patients, including gastritis, arthritis, hypertension, common cold, acute respiratory infections, Urinary Tract Infection (UTI), wound infection, etc.

The clinic is operated by CMA, Mr. Buddha Bir Tamang and an Office Assistant, Ms. Lhamu Dolker Sherpa. Throughout the fiscal year, the clinic provided healthcare services to a total of **1,041** patients, including **672** females and **369** males.



Mr. Buddha Bir Tamang, CMA examining a patient.



During the inauguration of the clinic.

**d. Inauguration of Pike Rural George Hunter Health Clinic Building**

The Chairman of HTN Mr. Pasang Dawa Sherpa, together with CEO Dr. Mingma Norbu Sherpa, Finance and Admin Manager Mr. Baween Raj Tandukar and Chairperson of FSNT Ms. Margaret Stocker inaugurated and handed over the Pike Rural George Hunter Health Clinic building to the local community in Goli on 20th April 2023 in the presence of local people and leaders. The 2-room clinic block was built with the funding support of Slovak Embassy New Delhi, India and Likhu Pike Rural Municipality in 2020. The staff salary and medicines are funded by the FSNT and managed by HTN. The clinic is operated by a Community Medicine Assistant (CMA) and an Office Assistant.



*Clinic building in Goli*



*HTN's team with FSNT Chair Margaret Stocker (middle in Sherpa dress) and Deputy Chair of Likhu Pike RM Mr. Ngawang Lhakpa Sherpa (second from left)*

**Table 39: Pike Rural George Hunter Health Clinic Patient Morbidity: 17 July, 2022 – 16 July, 2023**

S.N.	Disease categories	Female	Male	Total
1	Gastritis	100	54	154
2	Amoebic Dysentery	14	6	20
3	Headache	16	11	27
4	Tonsillitis	37	14	51
5	Hypertension	44	25	69
6	Arthritis	51	34	85
7	Fever	21	3	24
8	Common cold	60	33	93
9	Scabies	16	9	25
10	Fungal Infection	25	9	34
11	Urinary Tract Infection (UTI)	33	1	34
12	Lower Respiratory Tract Infection (LRTI)	31	28	59
13	Toothache	21	10	31
14	Stomatitis	7	3	10
15	Foreign body in nose	0	1	1
16	Herpes zoster	0	1	1
17	Allergic reaction	7	7	14
18	Asthma	15	6	21
19	Otitis media	13	6	19
20	Otitis externa	10	10	20
21	Pneumonia	7	2	9
22	Conjunctivitis	5	3	8
23	Dysmenorrhea	0	0	0
24	Cuts and injuries	13	18	31
25	Worm Infestation	16	3	19
26	Diabetes Miletus	17	16	33
27	Neuritis	18	5	23
28	Cholera	0	1	1
29	Burns	5	1	6
30	Fracture	0	1	1
31	Boils/Abscess	3	1	4
32	Typhoid	0	1	1
33	Infected wound	34	15	49
34	Other problems	33	31	64
<b>Total</b>		<b>672</b>	<b>369</b>	<b>1,041</b>

**Table 40: Pike Rural George Hunter Health Clinic age group Gender-wise General OPD services in 2022/23**

S.N.	Months	0-9 years		10-19 years		20-59 years		>60 years		Total	
		Female	Male	Female	Male	Female	Male	Female	Male	Female	Male
1	Jul/ Aug	1	2	3	2	45	13	9	7	58	24
2	Aug/Sept	4	2	5	2	44	17	14	8	67	29
3	Sept/Oct	4	4	12	8	53	20	13	3	82	35
4	Oct/Nov	2	1	7	6	30	24	5	6	44	37
5	Nov/Dec	2	1	4	7	28	11	10	5	44	24
6	Dec/Jan	4	1	5	4	20	15	11	9	40	29
7	Jan/Feb	5	2	3	1	26	10	25	22	59	35
8	Feb/Mar	7	5	2	2	36	8	18	9	63	24
9	Mar/Apr	3	2	15	5	36	25	12	3	66	35
10	Apr/May	3	2	11	5	31	12	8	4	53	23
11	May/June	2	1	5	4	25	23	8	7	40	35
12	June/July	3	1	7	10	37	21	9	7	56	39
Total		40	24	79	56	411	199	142	90	672	369
Grand Total											1,041

### Distribution of Contraceptive Services

Since the nearby clinic run by government staff has been providing family planning services including the distribution of contraceptives free of cost, the clinic has discontinued the service.

**Table 41: Pike Rural George Hunter Health Clinic patients number by ethnicity**

S.N.	Month	Dalit		Janajati		Brahmin/Chhetri		Total	
		Female	Male	Female	Male	Female	Male	Female	Male
1	July/Aug	4	5	41	15	13	4	58	24
2	Aug/Sept	7	4	45	17	15	8	67	29
3	Sept/Oct	9	5	52	18	21	12	82	35
4	Oct/Nov	0	3	36	30	8	4	44	37
5	Nov/Dec	1	2	37	17	6	5	44	24
6	Dec/Jan	0	0	39	16	1	13	40	29
7	Jan/Feb	10	1	23	28	26	6	59	35
8	Feb/Mar	3	0	47	17	13	7	63	24
9	Mar/Apr	6	1	48	24	12	10	66	35
10	Apr/May	4	4	36	15	13	4	53	23
11	May/June	2	0	26	29	12	6	40	35
12	June/July	6	0	32	39	18	0	56	39
Total		52	25	462	265	158	79	672	369
Grand Total									1,041

### 3.3.6 Zero TB in Kids and Family

HTN is implementing a new project called the “Zero TB in Kids and Family” with funding support from Johns Hopkins University, USA and in collaboration with the National Health Research Council (NHRC), Nepal Tuberculosis Control Centre (NTCC), National Anti-Tuberculosis Association (NATA), and Budhanilkantha Municipality. The aim of this project is to detect and treat Latent Tuberculosis in the congregated residential areas, and thus help in eliminating TB. HTN appointed Dr. Nyima Phuti Sherpa as the Medical Officer of the project and Ms. Belashpura Kumari Shahi as the Nurse. Ms. Chandani Khaling Rai, a recent graduate on Health Assistant through HTN scholarship, served as an intern, providing valuable assistance to the team. Additionally, Ms. Aphima Rai joined the team as a Nurse in July 2023. The HTN health team has screened monks, nuns and students of Budhanilkantha Municipality. A total of **1136** individuals have been screened, including **484** males, **652** females, and **489** kids over the last quarter.



Young monks waiting for their turn to screen.



Dr. Nyima Phuti Sherpa is giving an orientation on latent Tuberculosis.



Dr. Nyima Phuti Sherpa examining monks/nuns during the screening.



Dr. Nyima Phuti Sherpa (right) and Ms. Aphima Rai (left) filling up the Questionnaire form.



Mrs. Belashpura Kumari Shahi (Nurse) in Mantoux test (Tuberculin skin test).





# 04

## CULTURE AND LIVELIHOOD PROGRAMME

- 4.1 Introduction
- 4.2 Objectives
- 4.3 Activities

## 4.1 BACKGROUND

Health, education and culture hold significant importance in the lives of the Sherpa people, making the conservation of their cultural heritage equally crucial for the quality of life in the region. Himalayan Trust has actively contributed to the reconstruction of numerous important Buddhist monasteries, chortens, prayer wheels, and monuments. These cultural sites not only serve as significant spiritual assets but also attract tourists, contributing to the economic development of the community and the country at large. In addition to preserving physical infrastructure, HTN has been providing support to local schools and monasteries in imparting Sherpa cultural education. For this purpose, HTN supports the salaries of Sherpa cultural teachers. The preservation of Sherpa culture, especially through the teaching of the Sherpa language in local schools and monasteries, is made possible through the support of the Himalayan Trust New Zealand and The Greater Himalayas Foundation.

## 4.2 OBJECTIVES

- Preserving Sherpa cultural heritage
- Introducing Sherpa language education in local public schools and monasteries
- Maintaining the monastic institutions
- Rebuilding earthquake-damaged old monuments
- Improving the livelihood of local community

## 4.3 ACTIVITIES (INPUTS)

The cultural and livelihood programme cover two main components in the last fiscal year. They are teachers support and partial support to Tengboche monastery and Debuche Nunnery. Below are brief details about each component:

### 4.3.1 Teacher Support

The Sherpa language and culture are facing a gradual decline as they are being overshadowed by dominant languages and cultures in the present times. To help in the preservation of

the local language and culture in the region, HTN provides support to Sherpa language teachers at Junbesi School, Salleri and Pema Chholing Monastery schools. The financial support for Sherpa language teacher support at Pema Chholing Monastery, Thulo Gumela is made possible through the generous funding of The Greater Himalayas Foundation, which honours the legacy of late Mingma Norbu Sherpa. Additionally, other teachers are supported by the Himalayan Trust New Zealand.

### 4.3.2 Partial Support to Tengboche Monastery and Debuche Nunnery

With the funding support from the American Himalayan Foundation, HTN provides an annual grant equivalent to US \$ 1000 to Tengboche Monastery and \$ 1,700 to Debuche Nunnery. This annual grant serves as a symbolic support to aid in the management and operation of these esteemed monastic institutions. Tengboche Monastery and Debuche Nunnery are prominent monasteries in the region, with a collective presence of over twenty monks and four nuns dedicated to their operation.

# 70<sup>th</sup> Anniversary Celebration of the First Ascent of Mount Everest



Year 2023 marks the 70th Anniversary of the first ascent of Mt. Everest by Sir Edmund Hillary and Tenzing Norgay Sherpa in 29 May 1953. To commemorate this historic achievement, HTN in collaboration with Himalayan Trust NZ, Himalayan Trust UK, Tenzing Norgay Sherpa Foundation, Australian Himalayan Foundation, Mount Everest Foundation, Khumbu Pasanglhamu Rural Municipality, Khumjung Secondary School and local communities celebrated the 70th Anniversary in May/June 2023. More than 200 Guests from 10 different countries participated in various events organized at Lukla, Namche, Khumjung, Khunde and Kathmandu. Many of the guests also visited HTN office in Dillibazar. Some glimpses of the visit are as shown below:

## Guests Visit HTN Office



HTNZ Board members Mr. Phurenje Sherpa and Ms. Claire Newman visited HTN office along with Mr. Kane Pottinger and Mr. Russell Lory on 10 May 2023.



*Dr. Lindsay Strang and his team visited HTN office on 12th May 2023.*



*HTNZ Chairman Mr. Peter Hillary and Mr. David Sokol and his family visited HTN office on 13 May 2023.*



*Associate Prof. Stephen Espiner of Lincoln University and his daughters, General Manager of HTNZ, Mr. Alexander Hillary, Mr. Bruce and Margaret Jefferies visited HTN office on 17 May 2023.*



Rolex Senior Manager Mr. Francesco Raeli, NZ High Commission New Delhi Second Secretary Mr. Louis O'Brien, and Lily Hillary, daughter of Peter Hillary visited HTN office on 30 May 2023.



Dr. John and Diane McKinnon and their friends visited HTN office on 5 June 2023.



HTUK board members Ms. Sasja McCann and Ms. Kate Wolstenholme visited HTN office on 1 June 2023.



HTNZ board member Ms. Emma Heydon and her mother Ms. Susan Heydon visited HTN office on 2 June 2023.



HTNZ board member Emeritus Professor David Simmons, Matthias Schellhorn and Mr. Leo Simmons visited HTN office on 4 June 2023.

### Tenzing Hillary Statue Unveiled

The Khumbu Pasanglhamu Rural Municipality built Tenzing Hillary Park, and established and unveiled statues of Sir Edmund Hillary and Tenzing Norgay Sherpa at the Tenzing Hillary Airport in Lukla on 26 May 2023. The ceremony took place in the presence of the Chief Minister of Koshi Province Mr. Hikmat Karki and Rt. Honourable Former Prime Minister Ms. Helen Clark. Family members of Peter Hillary and Jamling Tenzing Norgay were present along with HTUK Chair Sir Graham Wrigley, HTN Chairman Pasang Dawa Sherpa, HTNZ General Manager Alexander Hillary to name a few. This tribute stands as a lasting symbol of their extraordinary achievements and serves to inspire future generations.

### 70th Anniversary Programmes in Khunde Hospital and Khumjung School

Khunde hospital hosted a breakfast to more than 170 guests on 28 May 2023 in the premises of Khunde hospital and organized a hospital tour. The Khunde Women Group managed the breakfast for the guests. As part of the celebration event, a new dental clinic at Khunde hospital was inaugurated by the Chairman of Himalayan Trust, Mr. Peter Hillary and Chairman of Khumbu Pasanglhamu Rural Municipality, Mr. Mingma Chhiri Sherpa. The dental equipment and a hygienist's salary were donated by Dr. Jeffrey W. Phillips, a resident of Silverdale, Washington.

On the occasion, certificates of appreciation were awarded to Dr. John



Tenzing Hillary Statue at Lukla.



Ms. Yvonne Oomen, Mr. Alexander Hillary, Rt. Honorable Helen Clark, Mr. Peter Davis and Mr. Peter Hillary during the unveiling of the Tenzing Hillary statue programme at Lukla.

McKinnon (first doctor of Khunde hospital) and Diane McKinnon (first New Zealand English teacher of Khumjung School), Dr. Lindsay and Genevieve Strang, and Dr. John and Dr. Sue Heydon for their contribution to Khunde hospital as volunteer doctors in early days of Khunde hospital establishment. Mr. David Sokol and his family were also awarded appreciation certificate for funding overall

operation and management cost of Khunde hospital for year 2022 and 2023.

The opening event was followed by a lunch programme at Khunde Community building. The programme was managed by the Khunde Women's group in financial support of the KPLRM (local government).



*Dr. John and Diane McKinnon being awarded certificate of appreciation for their extraordinary service as the first doctor by Chair of HTNZ, Mr. Peter Hillary. Prior to it, local community offered chhyang (drink) in Sherpa traditional way. Dr. John and Diane were the first doctor couple at Khunde from 1966-1968*



*Local community offering chhyang (drink) to Dr. Lindsay Strang in Sherpa traditional way. Dr. Lindsay & Genevieve Strang were the third batch doctor of the Khunde (1971-1974). Local community presented an appreciation certificate to Dr. Lindsay and Genevieve for their valuable service at Khunde hospital.*

*Dr. John and Sue Heydon served in Khunde from 1996-1998. Sue and their daughter Emma Heydon were present at the programme. An appreciation certificate was awarded to Dr. John and Sue for their incredible service to Khunde hospital.*



*Opening of Dental clinic in Khunde hospital.*

Khumjung Secondary School hosted a welcome programme for the distinguished guests following the lunch programme by the Khunde community. Students from various schools in the Khumbu Pasanglhamu Rural Municipality showcased cultural performances, entertaining the guests. During the event, a special gift was presented to Khumjung School—a bibliography of research conducted by Nepalese students at Lincoln University—by HTNZ board member and

Emeritus Professor David Simmons, along with Associate Professor Stephen Espiner from Lincoln University.

In the same event, the 70th Anniversary Magazine, published by HTN was launched by Rt. Honourable Helen Clark, Peter Hillary, Sarah Hillary, KPLRM Chair Mingma Chhiri Sherpa, and HTN Chair Pasang Dawa Sherpa. This magazine covers articles, photographic collection of the 1953 expedition and a lot more.

Following the school programme, a plantation programme was organized at the premises of the Hillary Memorial Chorten. Led by the Khumjung Buffer Zone User Committee, 70 seedlings were planted, symbolizing growth and sustainability in the region. In the evening, the local community and government hosted a dinner programme at Khumjung Monastery, extending their hospitality to all the guests.





Welcome programme organized by Khumjung School and KPLRM.



Professor David Simmons of Lincoln University presenting the publication as a gift to Khumjung School.



Formal launch of the Everest 70 magazine published by HTN.



Mr. George Hillary planting a sapling during the plantation programme.



Khumjung Community welcoming the guests with "Gyakar Penchen".



Rt. Honorable Helen Clark presenting a Certificate of Appreciation to Mr. David Sokol and his family



Cultural dance performed by the community.

## Inauguration of Sir Edmund Hillary Visitor Centre

The historic school block built, originally constructed out of aluminium by Sir Edmund Hillary in 1961 at Khumjung School, and has undergone renovation and preservation to become the Sir Edmund Hillary Visitor Centre (SEHVC) in Khumjung. The successful completion of the visitor centre project was made possible through the generous support from Rolex Perpetual Planet, Peter and Sarah Hillary, Himalayan Trust New Zealand, New Zealand High Commission, New Delhi, the Sir Edmund Hillary Stiftung, Germany, Himalayan

Trust UK, Himalayan Trust Nepal, The Greater Himalayas Foundation, USA and Dr. Tshering Wangdi Sherpa, a native of Namche and currently residing in the USA. The visitor centre's architectural design was undertaken by Mr. Rick Pearson from New Zealand, ensuring a remarkable transformation of the historic school block into a valuable cultural and educational resource for the community.

On the auspicious occasion of the 70th Anniversary of the first successful Everest Summit, the visitor centre was officially inaugurated. The ceremony was graced by the presence of

Rt. Honourable Helen Clark, Mr. Peter Hillary, the Chairman of HTNZ and Mr. Jamling Tenzing Norgay, son of Tenzing Norgay Sherpa. Over 200 foreign guests from 10 countries and more than 300 members of the local community attended the event. The ceremony also included the presentation of appreciation certificates and khadas to the donors, partners, and professionals who played a vital role in establishing the SEHVC. Right after the opening, the distinguished guests had the first experience of visitor centre. Students of Khumjung School made incredible cultural performances at the opening ceremony.



The first-ever aluminum school building built by Sir Edmund Hillary in Khumjung.





Sir Ed Visitor Centre in Khumjung.



Rt. Honourable Helen Clark formally inaugurating the Sir Ed Visitor Centre, left and addressing the crowd, right.



Mr. Peter Hillary, Rt. Honourable Helen Clark and Mr. Jamling Tenzing lighting butter lamps in front of the portrait of Sir Edmund Hillary and Tenzing Norgay Sherpa.



Mr. Mingma Chhiri Sherpa, Mr. Laxman Adhikari, Mr. Peter Hillary, Ms. Sarah Hillary, Rt. Honorable Helen Clark and Mr. Jamling Tenzing.



Mr. Peter Hillary addressing the crowd during the inaugural ceremony.



Mr. Louis O'Brien, Mr. Peter Hillary and Mr. Francesco Raeli inside the visitor centre.



Students of Khumjung school performing a Sherpa cultural dance.



Crowd gathered during the inaugural ceremony.

Himalayan Trust Nepal hosted breakfast for the guest at Khumjung School on 29 May 2023 and it was managed by Khumjung Women Group. The inaugural programme at Khumjung concluded at 10:50 a.m. and all the guests walked down to Namche.

Cultural and speech programme were held at the Tenzing Norgay - Sherpa Heritage Centre Namche. A tour of the impressive Centre was made on the occasion. The opening of the Tenzing Centre was followed by a lunch programme hosted by the Tenzing Norgay Sherpa Foundation. The programme was attended by more than 300 guests including only the living team member Mr. Kancha Sherpa of the 1953 expedition.

The Khumbu Pasanglhamu Rural Municipality provided appreciation awards to Tenzing and Hillary for their unprecedented achievement and contribution. On the occasion, the KPLRM presented appreciation certificate to Himalayan Trust New Zealand and Himalayan Trust Nepal for their long standing support and contribution.

The celebration in Khumbu concluded with the dinner reception of KPLRM and Namche community hosted in Namche Monastery on 29th May 2023.

### 70th Anniversary Dinner Reception

Hillary Family and HTN hosted a dinner reception on 2nd June 2023 at Aloft Hotel, Kathmandu to mark the 70th anniversary. The event was attended by Rt. Honourable Helen Clark, Patron of Himalayan Trust, Chairman of HTNZ, Mr. Peter Hillary, Ms. Sue Leyden, daughter of 1953 ex-

pedition leader John Hunt, National Assembly Member Honourable Mr. Sonam Gyalzen Sherpa, Sir Graham Wrigley from HTUK, Mr. Jamling Tenzing and his family, and many other distinguished guests from New Zealand, UK, Austria, Italy, USA and Nepal. The dinner programme was attended by more than 200 guests.



*Dinner Reception on 2 June 2023 at Aloft Hotel.*



*Ms. Emma Heydon, Mrs. Sue Heydon, Dr. Lindsay Strang, Professor David Simmons and Mr. Peter Davis.*



*Ms. Anna Boyer, Ms. Sarah Hillary, Mr. Jamling Tenzing and his family.*



*Mr. Peter Hillary, Mr. Sonam Gyalzen Sherpa, Rt. Honourable Helen Clark, Ms. Lucky Sherpa and Mr. Mingma Chhiri Sherpa.*



*Cultural performance by Yambu Thamichho Kyidug artists.*



*Mr. Peter Hillary addressing the Dinner reception.*



*Presence of guests at the Dinner reception.*

## 70th Anniversary Celebration in New Delhi

The New Zealand High Commission in New Delhi organized a special programme on 6 June 2023 to celebrate the 70th Anniversary of the first as-

cent of Mount Everest. The event witnessed the presence of the families of Sir Edmund Hillary and Tenzing Norgay along with the diverse community of mountaineers, adventure enthusiasts, diplomats and private

sectors. Mr. Pasang Dawa Sherpa, Chairman of the HTN attended the event. As part of the celebration, a silent auction was organized, with the proceeds being dedicated to the HTN.



High Commissioner David Pine raised a toast to mark the occasion, along with Acting British High Commissioner Christina Scott; Nepal Ambassador Shankar Prasad Sharma; Peter and Sarah Hillary; Jamling Tenzing; Sue Leyden, daughter of the expedition leader Lord Hunt; Chairman of Himalayan Trust UK Sir Graham Wrigley; Chairman of Himalayan Trust Nepal Pasang Dawa Sherpa; President of the Indian Mountaineering Foundation Harshwanti Bisht; and New Zealand Honorary Consul to Nepal Lisa Choegyal.



Panel discussion about managing the environmental impact of mountain tourism.



Guests at the event.

### 70th Anniversary Celebration in London

The Himalayan Trust UK organized series of events in London to celebrate the 70th Anniversary of the first ascent of Mount Everest from 13 to 15 June 2023. Among them, the lecture

series from Peter Hillary and Jamling Tenzing Norgay including renowned mountaineers were the highlights of the celebration. Chairman, Mr. Pasang Dawa Sherpa and CEO, Dr. Mingma Norbu Sherpa attended the celebration on behalf of HTN.



Glimpses of the 70th anniversary celebration in London.

## A Message from King Charles on Everest 70

A message from King Charles was readout at the Everest70 celebratory event at the Royal Geographical Society on 13th June 2023 in London.

### Ladies and Gentleman

Seventy years ago, on the eve of her coronation, my late mother, Queen Elizabeth II, received the wonderful news that a British Team, led by Colonel, later Lord, John Hunt, had successfully climbed Mount Everest.

The pair who reached the summit, supported by a dedicated team of mountaineers and sherpas, were a New Zealander and a Nepali Sherpa, thus bringing together two nations that have long shared a mutual love and respect for the mountains and for exploration. It has not escaped my notice that there is a wonderful symmetry in the coinciding of the 70th anniversary of that achievement with my own Coronation.

The bond between my family and the legacy that resulted from that historic moment was further strengthened through The Duke of Edinburgh's Award Scheme, which Lord Hunt helped my father to create and which has since offered millions of young people opportunities to explore their own strengths and skills, as well as to offer their services to the community.

What we are celebrating today must be one of the greatest examples of endurance, combined with careful planning and collaboration. Our world is facing unprecedented and existential challenges, including climate change which endangers fragile ecosystems, including the Himalayan range. I dearly hope we can take inspiration from the Everest Expedition of 1953 in order to work together in a similar fashion to safeguard our beautiful world for future generations.

**CHARLES R.**



Mr. Peter Hillary met King Charles at Buckingham Palace.



From left to right: Ms. Sue Leyden, Mr. Peter Hillary, King Charles, and Mr. Jamling Tenzing.





05

**MANAGEMENT  
& GOVERNANCE**

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## 5.1 BASIC PHOTOGRAPHY TRAINING

From 31 July to 1 August 2022, a comprehensive two-day basic photography training session was organized for the staff of HTN. The course, spanning six credit hours was facilitated by professional photographer Mr. Santosh Bisunke. A total of 15 staff members actively participated in the training. The main objective of the training was to learn and enhance the skills in capturing high-quality photographs during field visits, utilizing handheld devices like smartphones.



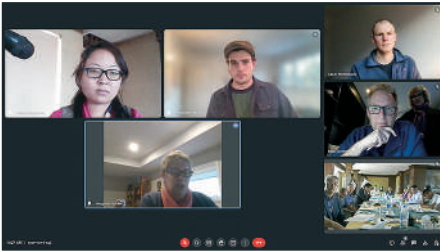
HTN team after completing two-day's basic photography training.

## 5.2 15<sup>TH</sup> AGM OF HTN CONDUCTED

The 15th Annual General Meeting of HTN was held on 12th August 2022 in Kathmandu. HTN donors and partners from overseas actively participated in the meeting virtually. Notable attendees included Mr. Alexander Hillary, General Manager, and Mr. Casey Hemingway, Marketing Manager from HTNZ, Mr. Mike Chisholm and Ms. Sheryl Chisholm, founders of EduTech Nepal, as well as trustee members Ms. Margaret Stocker, Ms. Colleen Waddington, and Mr. Russell Waddington from Forgotten Sherpas of Nepal Trust in New Zealand.



» 15th AGM of HTN successfully conducted on 12th August 2022 in Kathmandu.



### 5.3 SLOVAK AMBASSADOR VISITS HIMALAYAN TRUST

On 29th August 2022, His Excellency Mr. Robert MAXIAN, Ambassador of the Slovak Republic to India/Nepal, along with Honorary Consul Mr. Pasang Dawa Sherpa, paid a visit to the HTN office to review the progress of the organization's project activities.



Dr. Mingma Norbu Sherpa, CEO of HTN, Ambassador of the Slovak Republic to India/Nepal, Mr. Robert MAXIAN and Honorary Consul Mr. Pasang Dawa Sherpa at HTN office.

### 5.4 VIDEO INTERVIEWS AND PHOTOGRAPHS COLLECTION

Mr. Phurba Chheten Pradhan, the Programme Officer of HTN, and Photographer Mr. Santosh Bisunke visited Khumjung, Khunde, Namche, and Lukla from 23 August 2022 to 31 August 2022.

The major objectives of their visit were to conduct video interviews with Khumjung School graduates, capture class-wise group photographs of the students and teachers of Khumjung School, and organize a class project such as an art competition, plantation programme, and clean-up campaign. Additionally, they visited Khunde hospital and Namche to document the various projects undertaken by the Trust through photography and videography.



Group photo of Khunde hospital team.



Art competition organized in Khumjung school for grade 4, 5 and 6.



Clean Up Campaign organized nearby Khumjung Secondary School.



Plantation programme organized for grade 8 students of Khumjung Secondary School.



Few glimpses of HT afforestation programme nearby Namche.



## 5.5 SEHS GERMANY BOARD MEMBERS VISIT HTN

Mr. Manfred and Mrs. Brigitte Braml, board members of Sir Edmund Hillary Stiftung (SEHS) in Germany, paid a visit to the office of Himalayan Trust Nepal on 12th October 2022. SEHS has been providing support to Phaplu Hospital, Bung, Salyan and Sotang Primary Hospital in the Solu region through HTN. They trekked to Solukhumbu and visited Phaplu Hospital, Monju Community Hall, Khunde Hospital, and Khumjung School.



Mr. Manfred and Mrs. Brigitte Braml with Dr. Mingma Norbu Sherpa and Mr. Lhakpa Tenji Lama (Sherpa).

## 5.6 HTN TEAM VISITS NEW ZEALAND

A team from HTN consisting of Mr. Pasang Dawa Sherpa (Chairman), Dr. Mingma Norbu Sherpa (CEO), and Mr. Lhakpa Tenji Lama (Programme Manager) traveled to New Zealand from 14 October to 26 October 2022. The purpose of their trip was to participate in the Annual General Meeting (AGM) and Board Meeting of Himalayan Trust New Zealand, which was held in Auckland on 22 and 23 October 2022. During these meetings, the HTN team shared updates on the progress of HTN activities and engaged in discussions regarding future plans and priorities.

Additionally, the team explored other parts of New Zealand, including Christchurch, Geraldine, and Mt. Cook. They had the opportunity to meet with members and supporters of the Himalayan Trust, including the founders of EduTech Nepal, trustee members of the Forgotten Sherpas of Nepal Trust, and professors from Lincoln University.



HTN team with Mike and Sheryl Chisholm of EduTech Nepal.



HTN team attended a meeting at Lincoln University.



HTN team with Board members of HTNZ.



HTN team visited Mt. Aoraki/Cook.



HTN team attended a meeting at Sarah Hillary's residence regarding Sir Ed Visitor Centre.



HTN team with the Trustee members of FSNT.

## 5.7 PETER HILLARY AND TEAM VISITS NEPAL

A team including Mr. Peter Hillary, Chairman, Mr. Alexander Hillary, General Manager, and Mr. Casey Hemingway, Marketing Manager of HTNZ completed a 12-day field trip to Solukhumbu from 4 to 15 November 2022. They were accompanied by Mr. Pasang Dawa Sherpa, Chairman, Dr. Mingma Norbu Sherpa, CEO, Mr. Lhakpa Tenji Lama, Programme Manager, and Computer Lab Monitoring Officer, Mr. Nava Bahadur Bhujel. Additionally, Mr. Mike Chisholm, the founder of EduTech Nepal, and Mr. Ashok Dalli, CEO joined the team in Namche Bazar.

The main objectives of their trip were to monitor the progress of project

activities supported by HTNZ and to reconnect with the communities in Solukhumbu. The team began their monitoring trip from Bung in Mahakulung Rural Municipality Solukhumbu, and proceeded to Sotang, Mapya Dudhkoshi, Khumbu Pasang Lhamu Rural Municipalities, and Solududhkunda Municipality.

During their visit, the team assessed 22 schools, 3 hospitals, 3 clinics, and 1 water supply project.



HTNZ/HTN team at airport before flying to Bung.



The team at Bung.



HTNZ/HTN team during their Pelmang BS in Mahakulung Rural Municipality.



The team visited Thame Basic School.





HTNZ, HTN, AHF and EduTech Nepal teams with local leaders attended a dinner programme at Namche.



Namche Dental Clinic visit.



Dr. Kami Temba Sherpa welcoming Peter Hillary and his team at Khunde hospital.



Students of Khumjung Secondary School ready to welcome Peter Hillary and team.



Visit to the Sir Ed Visitor Centre in Khumjung.



Pema Chholing Monastery visit in Thulo Gumela.



HTNZ & HTN team made a courtesy call to KPLRM office in Chaurikharka.

## 5.8 SIR ED'S 15TH DEATH ANNIVERSARY OBSERVED

On 11th January 2023, the 15th death anniversary of Sir Edmund Hillary was observed in the Trust office at Dillibazar. Board members including staff of HTN attended the programme. During this meeting, decisions were made regarding small grants for various educational and community projects for the fiscal year 2023/24.



HTN Chairman Mr. Pasang Dawa lighting a butter lamp, left and delivering a welcoming speech.





15th Death anniversary of Sir Ed observed in Trust office, Dillibazar.

## 5.9 NEW APPOINTMENTS

HTN appointed two new teacher trainers to implement Literacy through Integrated Learning (LIL) programme and School Based Teacher Training Programme (SBTTP) in Solukhumbu district. Ms. Srijana Thapa has taken on the role of LIL Education Field Officer, starting from 20 June 2023, in place of Ms. Prabina Karki, who left her position. Meanwhile, Mr. Keshav Sigdel has been appointed as Education Training Officer for English subject to carry out the SBTTP, beginning on 2 July 2023, replacing the position of Mr. Abin Maharjan.

Ms. Srijana Thapa,  
LIL Education Field Officer



Mr. Keshav Sigdel,  
Education Training Officer (English)

## 5.10 CONCLUSION

Himalayan Trust Nepal has achieved notable milestones over the last fiscal year 2022/23. The implementation of SBTTP and LIL activities, part of the five-year-long "Quality Education Programme in Solukhumbu", funded by the New Zealand Aid Programme and Himalayan Trust New Zealand, has been making remarkable progress in 76 schools. This includes the implementation of SBTTP in 33 schools and

LIL in 43 schools of Solukhumbu. The programme has effectively delivered various components, such as teacher training, teaching materials support to 106 schools, installation of new computer labs, teachers support, and various scholarships including bachelor's level scholarships. The scholarship programme has been implemented following improved guidelines focused on inclusivity and equity.

Notable progress has been made in the school infrastructure project, including the successful construction of a 24-bed capacity hostel with kitchen, shower and toilets for female students at Sotang School. The project is funded by Grand Circle Foundation of USA and Sotang Rural Municipality. The project is handed over to the school management committee. Eight computer labs in partnership



with EduTech Nepal and Himalayan Trust New Zealand have been successfully established in 8 schools, 7 schools in Solukhumbu and 1 school in Khotang.

In the health sector, Khunde Hospital has consistently maintained its quality service to the beneficiaries in the Khumbu region. Two of the community clinics operated by Khunde Hospital at Thame and Phortse with the support from Himalayan Trust and American Himalayan Foundation have provided basic healthcare services to their beneficiaries. Similarly, Phaplu Hospital has played a vital role in delivering excellent healthcare services to the general public. Himalayan Trust Nepal has also provided support to Phaplu hospital through staff incentives and additional medicine supplies with the generous funding support from Sir Edmund Hillary Stiftung, Germany.

This year, HTN initiated a health project called "Zero TB in Kids and Family" with funding support from Johns

Hopkins University, USA. The project was developed in collaboration with the National Health Research Council (NHRC), Nepal Tuberculosis Control Centre (NTCC), National Anti-Tuberculosis Association (NATA), and Budhanilkantha Municipality. The primary objective of the project is to identify and treat Latent Tuberculosis in densely populated residential areas, contributing to the eradication of TB. The HTN health team has screened monks, nuns, and students of Budhanilkantha Municipality.

Another remarkable achievement was the successful celebration of the historic first ascent of Mt. Everest. The event commemorated the monumental accomplishment and brought together individuals from around the world visiting to honour this extraordinary feat. During this event, Tenzing Hillary statues were unveiled in Lukla. Furthermore, the Dental unit in Khunde hospital was opened, and The Sir Edmund Hillary Visitor Centre in Khumjung was inaugurated. A grand 70th Anniversary

dinner reception took place in Kathmandu, followed by celebrations at the New Zealand High Commission in New Delhi, London, and New Zealand. The celebrations were truly magnificent.

Himalayan Trust's programme and project activities are based on participatory, transparent, and inclusive approaches throughout the overall planning, implementation, monitoring, and evaluation processes. The success and effectiveness of these projects are determined by thorough needs assessment and extensive consultations with beneficiaries and stakeholders. Himalayan Trust's greatest strength lies in involving and engaging the individuals and groups of the community impacted by the projects in decision-making level which ensures that its initiatives are aligned with the actual requirements and aspirations of the beneficiaries. This participatory approach fosters ownership, promotes inclusivity, and enhances the overall outcomes and impact of the projects.

# ANNEX 1

## FINANCIAL REPORT

HIMALAYAN TRUST NEPAL  
SOLUKHUMBU, NEPAL  
**STATEMENT OF FINANCIAL PERFORMANCE**  
For the year Ended 31st Ashad 2080 (16 July 2023)

Details	Note	Sub-Total Amount (Rs)	Current Year Amount	Sub-Total Amount (Rs)	Previous Year Amount
<b>INCOME /RECEIPT</b>	<b>A</b>				
Membership Fee			1,400.00	1,600.00	1,600.00
<b>Grant and Contribution</b>			132,968,307.89		117,484,328.19
Grant and Contribution (HTNZ)	7	126,722,163.65		112,778,657.75	
Contribution from Projects (Annex: B)	8	6,246,144.24		4,705,670.44	
<b>Other Income (Internal)</b>	<b>9</b>		2,906,801.70		2,402,770.26
Exchange Gain & Loss		-		-	
Miscellaneous Income		128,000.00		19,000.00	
Bank Interest (Annex: C)		2,778,801.70		2,383,770.26	
<b>Total Income/Receipt</b>			<b>135,876,509.59</b>		<b>119,888,698.45</b>
<b>EXPENDITURE</b>	<b>B</b>				
<b>Project Expenses</b>	<b>10</b>		<b>131,041,458.00</b>		<b>118,535,426.58</b>
HTNZ Projects	i	48,900,492.83		37,676,114.44	
Scholarship and Salary (HTNZ)	ii	565,000.00		303,073.44	
HTNZ Admin and other Expe.	iii	10,826,101.05		12,407,794.95	
Khunde Hospital Expenses - NZ	iv	4,886,814.74		3,793,565.15	
HTNZ Admin Exp and Internal Activities	v	4,319,294.35		3,289,853.34	
HTNZ Covid Prevention Fund	vi	60,000.00		200,000.00	
SEHS Germany Project	vii	3,936,515.16		6,190,685.65	
BCF Scholarship	viii	4,361,229.80		4,403,661.00	
Grand Circle foundation	ix	-		2,128,040.83	
GCF (Himali Hostel Construction Project)	x	4,710,493.23		8,786,138.04	
AHF Projects	xi	11,201,376.46		8,092,135.90	
TGHF Scholarships	xii	1,836,500.00		1,682,300.00	
Naulekh Foundation Scholarship	xiii	4,867,312.00		5,104,898.00	
Jeffrey W. Philips	xiv	34,360.00		-	
Johns Hopkins University	xv	1,471,809.98		-	
Monzo Clinic Construction Project	xvi	1,250,000.00		-	
Patle clinic Construction	xvii	3,268,726.38		-	
Rotary Club of Koblenz	xviii	526,379.00		466,797.18	
School Construction Project Kharikhola,	xix	2,328,908.02		-	
HTUK Scholarships	xx	1,107,800.00		1,655,017.16	
Others Donor	xxi	1,232,814.93		1,076,238.90	
Nepal Kinder Hlife	xxii	6,477,124.27		8,318,147.00	
Forgotten Sherpas of Nepal Trust	xxiii	1,963,850.44		1,855,195.01	
Jossep Wessengger	xxiv	1,856,795.04		-	
Thame Sherpa Heritage Fund	xxv	66,201.42		5,424.00	
KSVC Donors	xxvi	7,594,070.25		4,916,141.76	
MCDWP Donor	xxvii	-		1,541,306.35	
Light for Kids	xxviii	906,188.65		4,139,398.48	
Tenzing Norgay Sherpa Foundation	xxix	167,500.00		503,500.00	
NDC Internal Donation	xxx	317,800.00		-	
<b>Net Operating Expenditure</b>			<b>131,041,458.00</b>		<b>118,535,426.58</b>
<b>Net Operating Surplus (A-B)</b>					
HTN Surplus	xvii	4,835,051.59		1,353,271.87	
SEHF Project ( Khunde Hospital)	A	1,848,441.35		1,228,728.13	
<b>Surplus for the Year(2079-80)</b>			<b>6,683,492.94</b>		<b>2,582,000.00</b>
<b>Accumulated Surplus Balance (2078-79)</b>			<b>23,919,242.93</b>		<b>21,337,242.93</b>
<b>Accumulated Surplus for the Year</b>			<b>30,602,735.87</b>		<b>23,919,242.93</b>

any form an integral part of these financial statements

(Baween Raj Tandukar)  
Finance & Admin Manager

Mingma Norbu Sherpa  
Chief Exe. Officer

Pasang Sherpa Lama  
Treasurer

Pasang Dawa Sherpa  
Chairman



Bal Krishna GC  
B.K. Associates  
Regd. Auditor




# ANNEX 2

## EXECUTIVE COMMITTEE



**PASANG DAWA SHERPA**  
Chairman



**TASHI JANGBU SHERPA**  
Vice Chairman



**PASANG SHERPA LAMA**  
Treasurer



**MINGMA NORBU SHERPA, PHD**  
Secretary



**YANGJI DOMA SHERPA**  
Joint Secretary



**DR. NIMA NAMGYAL SHERPA**  
Member



**THUKTEN SHERPA**  
Member



**DAWA FUTI SHERPA**  
Member



**PASANG DAWA SHERPA**  
Member

# ANNEX 3

## OUR TEAM

### KATHMANDU TEAM



**DR. MINGMA NORBU  
SHERPA**  
Chief Executive Officer



**LHAKPA TENJI LAMA**  
Programme Manager



**BAWEEN RAJ TANDUKAR**  
Finance & Admin Manager



**PHURBA CHHETEN  
PRADHAN**  
Programme Officer




**PEMA DIKI SHERPA**  
Admin Officer



**FURA YANCEE SHERPA**  
Finance Officer



**ANG CHHIRING SHERPA**  
Office Assistant



**MAN BAHADUR MAGAR**  
Gardener

## EDUCATION TEAM



## KHUNDE HOSPITAL TEAM



## TECHNICAL TEAM



## NAMCHE DENTAL CLINIC



## ZERO TB IN HIMALAYA KIDS & FAMILY PROJECT



# ANNEX 4 OUR PARTNERS



TENZING NORGAY  
SHERPA FOUNDATION



Government of Nepal



NEW ZEALAND  
FOREIGN AFFAIRS & TRADE  
Aid Programme



Himalayan  
Trust UK

SUPPORTING THE MOUNTAIN  
PEOPLE OF NEPAL



Forgotten Sherpa of Nepal Trust



Hillary  
Foundation  
of USA

Naulekh (Poyan)  
Foundation  
Switzerland

Reinhold Messner  
Mountain  
Foundation

Sir Edmund Hillary  
Stiftung Deutschland e. V.

Grand Circle Foundation  
Giving back to the world we travel

THAME SHERPA



FOUNDATION BENOÎT CHAMOUX



HERITAGE FUND





# ANNEX 5

## ARTICLES FROM HTN SCHOLARSHIP RECIPIENTS

### Honored to Receive Scholarship



**DAWA GYALMU SHERPA**  
Pangkarma, Solududhkunda-2,  
Solukhumbu  
SEHM Scholarship Recipient

**M**y name is Dawa Gyalmu Sherpa. I am a kind, loving, and caring person. I belong to a middle-class family and my family is the real essence of my life. I am 17 years old, currently a high school student studying Computer Science within Science faculty at Trinity International College. I am originally from Pangkarma, Solududhkunda-2, Solukhumbu district. Right now, I live with my brother and sister in Boudha, Kathmandu. I am the middle child of my parents. I have two younger brothers and an elder sister. My father is a teacher. He is very supportive to me and my siblings. I owe everything to my father because he did not only support me but taught me the values of life, honesty, hard work, commitment and sincerity. After the demise of my mother in April 2015, my father ensured we never lack any motherly attention, love and support. I have always looked up to my father as my role model. He has always inspired me in every possible way.

Being an elder sister to two younger brothers, I have to do righteous deeds so that my younger ones learn from me and follow me as I did from my parents. From the very beginning of my schooling, I have always been a bright student. I passed my Basic Level Examination with a GPA of 3.91 from a boarding school here in Kathmandu. After Covid, the whole world went into lockdown. Due to financial distress, I transferred to Junbesi for my further studies. There, I completed my Secondary Education Examination (SEE) from Junbesi Secondary School with a GPA of 3.50 ranking the highest among 26 students. Due to my hard work and dedication, I was provided the Sir Edmund Hillary Memorial Scholarship by Himalayan Trust. My efforts paid off in a big way and I am honoured to receive this scholarship. This scholarship has been a great financial help for me. I have enrolled myself in one of the top colleges in Kathmandu. This scholarship allows me to focus on my aca-

ademic pursuits and reduced my educational expenses.

I have many goals and dreams in life. My most absorbing goal in life is to become a computer engineer. As we know life without a desired goal is useless. So I have already begun the journey towards my goal. I will have to find the best suited university for my goal to come to fruition. In order to ensure my acceptance in college, I plan to keep good grades and set my foundation of long-term success. Apart from studies, my nature is entirely adventurous. I take risks and do not fear the circumstances. I am an active member of Joseph Open Scout Crew within the Nepal Scouts. I have learned many skills and developed innovative ideas in this journey of 6 years. I have also contributed my part at Madhavi Aguwa Baal Club as the secretary for two years.

Upon graduation, I plan to seek employment and continue my goal. Your generosity is allowing me to make my goals and dreams a reality. As I believe in the ideology of giving back to the community, I hope in turn one day I will also be able to help struggling students reach their goals in higher education by assisting them the same way you are helping me. Thank you for your continued support and investment in my future.

## PASANG TAMANG

Mapya Dudhkoshi Rural Municipality-5,  
Solukhumbu  
HT Bachelor Scholarship Recipient



# Grateful for the Generous Support

**M**y name is Pasang Tamang and I am from Mapya Dudhkoshi rural municipality-5, Solukhumbu district. I am 21 years old. I have five members in my family.

Currently, I am studying Bachelor of Education taking Science as a major subject in Mahendra Ratna Campus, Kathmandu. I have always been a good student from my childhood. I have faced many challenges since I was a child. It was difficult to survive because I belonged to a poor family. I completed my SEE from Taksindu Secondary School, Nunthala. During our time, the school provided school uniforms and books for students like me who had nothing. I never had the privilege to carry a tiffin box with food items that I like as my parents couldn't afford it. Some of my friends carried tiffin box carrying different food items while I had nothing to eat. I will never forget that moment in my entire life.

Despite those difficult situations, I never compromised to study. I was always focused in my studies and I never let those lacking create a dis-

turbance in my studies. So, I became the class topper from nursery to class ten (SEE) level. I didn't have any income source at that time. So, I had to struggle a lot to make some money to invest in my study. I went to trekking as a porter to earn some money. At that time, I was just in my age of 15, studying in class nine.

I got good marks in SEE. That is why, I am one of the recipients of Himalayan Trust Nepal's Sir Edmund Hillary Memorial Scholarship. After that I went to headquarters of Solukhumbu district – Salleri to achieve my academic goals. I studied in Shree Jana Jagriti Higher Secondary School, Salleri. It was very difficult for me to live alone without my family and enough money for studies. At that time, Himalayan Trust Nepal provided me monthly five thousand (NPR 5000) which was a great support for me. Because of this support and motivation, I was able to secure the title of "college topper" in 10+2 level also. I received this title and all thanks go to this scholarship that you have provided me.

After completing 10+2 level studies, there were not any colleges and institutions that provided further education in Science faculty in Solukhum-

bu. So, I had to come to Kathmandu for my bachelor's level study. Luckily, I was selected for the Himalayan Trust Nepal Bachelor Level Scholarship, provided to the students of Solu southern part. I am in my second year of bachelor's studies. I am highly grateful to HTN for your generosity and opportunity provided to me. Receiving this scholarship means a lot to me as it has helped me to pursue my academic goal and to further my education. I am honoured to have been chosen as a recipient of this scholarship. I will do my best to make the most out of this opportunity.

Your support has not only helped me financially but it has also given me the motivation to work harder and strive for excellence in my study. I have also achieved school top at grade 12 final exam and bachelor first year exam. I am inspired by this organization to promote education and empowering student like me. I hope one day I will give back to my community in a similar manner. If I did not get this scholarship, I could not have continued my study. So, I am very thankful to Himalayan Trust family. I will always be grateful for this opportunity and for the positive impact that it will have in my life.



During chemistry practical class  
(Pasang at the middle)

# Transformation with Generous Support

**CHANDANI KHALING RAI**  
Sotang-02, Pawai, Solukhumbu  
Recipient of Louise and Belinda Hillary  
Memorial Scholarship



**M**y name is Chandani Khaling Rai. I am a 21-year-old girl from the remote village of Pawai in Sotang Rural Municipality, Solukhumbu. I feel incredibly fortunate to be a recipient of the Louise and Belinda Hillary Memorial Scholarship from the Himalayan Trust Nepal, which has played a pivotal role in shaping my journey. Alongside me are my two sisters, who constantly inspired me to be educated. We faced immense challenge of losing our beloved parents at a very young age, and this tragedy made survival even more difficult. However, through the twists and turns of life, I found solace and unwavering support from a previously unknown family, that is Himalayan Trust. Today, I stand before you to share my remarkable transformation from financial instability to receiving a scholarship, successful graduation of the three-year Health Assistant (H.A.)

course and receiving six month's primary eye care training from Tilganga Institute of Ophthalmology for Khunde hospital.

Before receiving support from the Himalayan Trust, my situation was critical. The loss of our parents plunged us into financial hardship, and we struggled to sustain our household. With no one to care for us or offer guidance, we faced immense uncertainty. However, fate smiled upon us when a family in my hometown of Sotang was seeking someone who had no parents. They welcomed me into their home, allowing me to care for their child while pursuing my education—a true blessing in disguise.

At the tender age of 7, I began my educational journey at Shree Birendra Jyoti Secondary School, starting from

class one. I diligently balanced my studies with household chores, all while being embraced by the family I lived with. They treated me as their own daughter, offering unwavering support in every situation. Over time, I became an integral part of their family. My hard work paid off, and I proudly completed Grade 10 and attended School Education Examination (SEE) from the same School. I secured an outstanding GPA in SEE, securing the distinction of being the top-ranked female student. I even received recognition from the Sotang Rural Municipality, an honour that filled me with pride, considering the immense struggles I faced to balance my studies and responsibilities.

With a burning desire to pursue a career in healthcare, I made the decision to embark in a Health Assistant (HA) Course. It was during this period that I discovered the Himalayan Trust Nepal—a remarkable organization dedicated to providing support to economically disadvantaged individuals without parents. I reached out to Mr. Shreedhwoj Rai, who is also a Himalayan Trust Scholar and currently taking the lead role of the health section of the Sotang Rural Municipality. I humbly requested him for his help to connect me with Himalayan Trust

Nepal. He suggested me to visit HTN office during my visit to Kathmandu. Upon my arrival in Kathmandu, I had the privilege of meeting the Chief Executive Officer (CEO) of the Himalayan Trust Nepal and requested for scholarship. After learning my circumstances, the HTN generously awarded me the Louise and Belinda Hillary Memorial Scholarship, which covers the course fees for the three-year programme. This scholarship was provided through the generous financial support of the Sir Edmund Hillary Stiftung Germany, with whom the HTN had an agreement.

I will forever remain grateful to the Trust for changing me into the person

I am today. I hold deep admiration for this organization, as it has opened doors for countless students and children like me, granting us access to knowledge that was once beyond our reach. Just a few months ago, I was incredibly fortunate to be appointed as an intern in a research project called "Zero TB in Kids and Family)" that is screening Latent TB among monks and hostel students from the mountain region of Nepal studying in Kathmandu. The project is being implemented by HTN with funding support from Johns Hopkins University, USA. Through this project, I have gained invaluable experience of working to earn and learn—an opportunity I owe entirely to the Trust

for believing in my potential. Being a part of this project has given me a profound understanding of the true essence of working hard to achieve both personal and professional growth. I take immense pride in how far I have come, and I owe an immeasurable debt of gratitude to the Himalayan Trust and the SEHS Germany for bestowing upon me this invaluable opportunity to continue expanding my capabilities. With their guidance and belief in my potential, I am confident that I can contribute positively to the society and make a lasting impact in the field of health-care. Thanks to the unwavering support and advocacy of the Himalayan Trust, my life took a remarkable turn.



*Ms. Chandani Khaling Rai asking Questionnaire during Zero TB screening.*

# Where there is a will, there is a way

**LAKPA YANGZUM SHERPA**  
Beding, Rolwaling valley, Dolakha  
Recipient of Tenzing Norgay  
Sherpa Memorial Scholarship



**T**ashi Delegh and Namaste. My name is Lakpa Yangzum Sherpa. I am a 17-year-old girl and a student. I would like to introduce myself as an enthusiastic learner and an empathetic person. Currently, I live in Kathmandu, Nepal where I have completed my education up to high school. I have a small family including my father, mother, and me. My hometown is Beding village, located in the Rolwaling Valley of Dolakha district. The village is surrounded by snow-capped mountains and rolling hills and it's truly a beautiful place.

I spent most of my childhood being away from my mother due to our financial circumstances. She had to travel to a Gulf country to work as a domestic helper. When I was just seven years old, my father left us, and I ended up living with my relatives. Despite the challenges, my mother persevered abroad to support me. Eventually, she returned, but sadly, my

parents got divorced, and the little savings she had accumulated were lost. Encountering these harsh realities, I became disheartened and almost abandoned the idea of pursuing further education, opting instead for low paying jobs to help my mother.

However, fate had a remarkable twist in store for me when I met Dr. Mingma Norbu Sherpa, the CEO of Himalayan Trust Nepal. It felt like a miracle. HTN filled me with inspiration and gave me renewed hope, upon accepting my humble request. Soon after, I was fortunate to receive scholarship of the Tenzing Norgay Sherpa Foundation (TNSF) through HTN. The moment I received the news of the scholarship was truly surreal, beyond my wildest dreams.

Being admitted to one of the esteemed educational institutions in Kathmandu was beyond my imagination. I felt incredibly blessed and in-

spired to become a part of this institution, a dream that would have remained unrealized without the support of HTN and TNSF. This support has inspired me and gave me the motivation to work harder. With no financial worries to burden me, I have been able to whole heartedly dedicate myself to my studies, resulting in a new found confidence.

The sight of my mother's happiness, free from the worries of my education, fills me with renewed energy. I am deeply indebted to HTN and TNSF for the joy and radiance they have brought to her face. Currently, I have successfully completed my +2 in the science faculty, and I am immensely proud of my performance in the exams. Now, I eagerly await a favourable outcome in the results. The gratitude I feel for receiving a proper education is boundless, and my hope is that all the children facing similar situations will be granted same opportunities. I take great pride in witnessing the increased respect my mother now receives in the society. Overall, I am humbled, determined, and profoundly aware of my responsibility to utilize the education I have received to give back to society. My heartfelt thanks go to Himalayan Trust Nepal and Tenzing Norgay Sherpa Foundation.



*Performing in a Cultural programme held at my school with my friends*

# Thank You for the Support

**ROLISHMA KHATRI**  
Nirmalidanda, Khotang  
Recipient of The Mary  
Lowe Scholarship



I am Rolishma Khatri, originally from Khotang district. My village, Nirmalidanda, lies in the eastern part of Diktel Rupakot Majhuwagadi Municipality. It is a remote and secluded village that, truth be told, lags behind in terms of education, technology, economic activities, and modern facilities when compared to more developed areas of Nepal.

In our village, the farming profession still heavily relies on traditional human labour despite the existence of various agricultural tools used in more advanced regions of Nepal. My father works as a primary school teacher in our village. The schools there retain a traditional environment with old-fashioned classrooms, furniture, and teaching methods, which is where I received my early education.

Upon moving to Kathmandu and enrolling in a 10+2 school, I found a vast difference between the village community schools and the schools in urban areas. The facilities and teaching systems are very different. I believe it will take a considerable time for remote village schools to catch up and develop to the level of urban schools. This might be the main reason why the quality of education in village

schools and colleges struggles to meet the standard.

My mother leads a challenging life. She tirelessly works from early morning until evening every day, tending to her cattle, managing their fodder, working in the fields, cooking for us, cleaning, washing, and doing many more. I have immense love and admiration for her. Despite her hardships, she hides her pain to ensure our happiness and supports our progress. I consider myself very lucky to have received the Himalayan Trust scholarship specifically The Mary Lowe Scholarship. This support has enabled me enrol in a well-facilitated and renowned college, Kathmandu Model Higher Secondary school in Balkumari, Lalitpur.

Without this scholarship, my parents would struggle to afford my tuition fees, learning materials, food, and rent for a room in Kathmandu. I did not know about any INGOs and NGOs that help financially weak students from remote villages. However, I got an information to check out the website of Himalayan Trust Nepal from a relative and learned about their remarkable social work. I was very excited and made plans to apply for

their support. Fortunately, luck was on my side, and I was selected for the scholarship. Words cannot express the overwhelming joy I felt after receiving the scholarship. The monthly stipend of Rs.5,000 for two years is a substantial amount for me and my family. My parents are responsible for the education of four children, and managing the finance poses a great challenge for them.

In grade 11, I obtained a GPA of 3.20, which I am quite proud of considering my background from a remote village. Currently, I have already taken the board exam of grade 12, majoring in science with a focus on the physics stream. I have worked hard to excel in my studies in grade 12. I am eagerly awaiting the results and I hope it will bring happiness not only to me but also to my family. My academic achievements are really influenced by the support of the Himalayan Trust scholarship which has inspired me a lot. This support has enabled me to fully concentrate on my studies with no worries about the finances. Without this scholarship, I might not have been able to pursue my major in science. It has played an important role in building a strong foundation for my future.

Words fails short to express how thankful I am to Himalayan Trust Nepal for helping a student like me from a remote and backward village. I am immensely thankful to the organization, its CEO, Manager and Trust members, and staff. I sincerely hope that Himalayan Trust Nepal will continue to support me in the future, promoting my career and pursue my further education at the university level.

# Journey of My Education

## NGIMA CHHIRI SHERPA

Lukla, Khumbu Pasanglhamu RM-2, Solukumbu

Recipient of Khumbu Pasanglhamu Rural Municipality and Himalayan Trust Scholarship



**N**amaste! My name is Ngima Chhiri Sherpa. I am one of the beneficiaries of Khumbu Pasang Lhamu Rural Municipality and Himalayan Trust supported scholarship. First, I would like to show my sincere gratitude towards everyone who helped and supported me throughout the journey of my education. I was born in Lukla, Solukhumbu and currently I am living in Kathmandu for further education. I am 23 years old and I have a brother and two sisters in my family. Unfortunately, we lost our parents when we were all very young. Currently, I have finished final year of Bachelor in Environmental Science and working on my Thesis paper to fulfil the requirement of the degree.

I was awarded with the scholarship while I was studying in my second year of college. I also used to work as a part time teacher in a monastery which was a great experience. I chose Environmental Science as my major because of the need to tackle climate change and the interference of human being on our biodiversity. I also had very keen interest in this field as I

am planning to dedicate my life protecting the environment and our biodiversity. In addition to that I would also like to make people aware to live their life in a sustainable way protecting the gifts that mother earth has provided to us. I always have been a hardworking student and included real world experience along with theoretical knowledge. I also worked and volunteered with different organizations contributing to environmental awareness among people. But with everything I also had hard times financially and was in desperate need of financial assistance so I applied for the scholarship. I was very happy and more inspired to work harder after I got the needed financial help from joint scholarship programme of Himalayan Trust Nepal and Khumbu Pasang Lhamu Rural Municipality.

I was very thrilled to have the support to continue with my educational degree. It helped me to focus more with my studies and showed me a good hope for my future. I was easily able to complete my degree without any financial disturbance and was

highly motivated and confident towards completing my degree with full of knowledge and experiences. A student like me who is from a weak financial background the generosity from both organizations helped me feel secure not only financially but both emotionally and mentally.

I will be soon getting my bachelor degree certificate and I am very excited for future career while being grateful of everything I got. I am very proud of my every little achievement and a big part of the credit goes to my donors. Your support will always help a student like me to pursue a better career and have a better life. So, once again I would like to thank Himalayan Trust Nepal, Khumbu Pasang Lhamu Rural Municipality and all supporting donors who helped me to complete my bachelor degree. I am looking forward to help others in future as well as growing myself as a person collecting new knowledge and experiences, Thank you.



During the experiment at the lab

# Proudly Working as a Chef

**MINGMA TENJING SHERPA**  
**Makalu, Sankhuwasabha**  
**Recipient of Scholarship by Benoit**  
**Chamoux Foundation (BCF)**



**M**y name is Mingma Tenjing Sherpa. I was born and raised in Makalu, Sankhuwasabha, a district located in the eastern Himalayas of Nepal. When my late father was alive, he used to work as a Sherpa on various mountaineering expeditions. When I was around 2 years old, my family and I moved to Kathmandu with the aim of improving our education and overall circumstances. Currently, my family comprises of my mother, my elder sister, and, me.

We all understood that our father's job was difficult because he was the sole provider for our family. Each time my father went on a mountaineering expedition, I still remember how we all deeply prayed for his safe return. The other memory I have is the evening my sister and I returned home from school, only to find our mother inconsolably sobbing in the presence of close relatives. Through her tears, she revealed that this time, only our father's clothes had come back, not our

father himself. The loss of our father was an immense challenge for us to come to terms with. Moreover, the responsibility of raising two kids who had just begun their school fell solely upon my mother's shoulders, presenting her with an incredibly demanding task.

My mother, the strongest woman I have ever known, whole heartedly embraced this challenge. She gave her all, working at a tiny cafe, and began distilling raksi (local alcohol) at home. I can never forget the sight of her carrying large quantities of alcohol single-handedly to small restaurants. My mother somehow managed to raise us, imposing necessary restrictions for our own wellbeing while juggling the lives of three individuals and shouldering expenses such as rent, food, and school fees. After enduring years of hardship, we were eventually blessed as we were introduced to The Himalayan Trust which proved to be a lifeline for us.

With the rise in prices and education

fees, life had become increasingly challenging for us. In our time of need, Benoit Chamoux Foundation (BCF) and Himalayan Trust Nepal (HTN) emerged as our guardian angels. Both of these organizations embraced us, providing us with unwavering support and becoming fatherly figures for us. During that time, my older sister was in fourth grade and I was in third grade at a local school. With the support and care of the foundation, we were promptly transferred to a prestigious school in Kathmandu to continue our education. The first few days felt like a dream that I never wanted it to end, yet they were indeed, a beautiful reality. My sister and I were fortunate to receive the finest education in a reputed school. With the continuous support of the foundation, my mother's burden was significantly reduced. She no longer had to worry about our food, accommodation, clothing, or education expenses, as everything was taken care of. I vividly remember my first encounter with Fabienne Clauss – her eyes filled with tears, accompanied by a heart-warming and a beautiful smile. Since then, she has been a mother and godmother to us.

After completing my school at HIMS, I was admitted to Little Angles' College to pursue my further education. Recently, I successfully completed my undergraduate studies at this college. My family and I are immensely grateful to BCF and HTN for their continuous love and support, which made all of this possible. Cooking has always been my passion, and with the



guidance of my godmother Fabienne and the HTN family, I turned it into a professional career. Today, I proudly work as a chef and find immense joy in the life that I am living today. I have had the opportunity to work at a renowned boutique hotel such as The Dwarika's Hotel as a cook, and currently, I hold the position of Chef de Partie at The Old House Restaurant. Our family now resides in a beautiful

and comfortable apartment, and my mother no longer needs to work.

Every child has a dream, but life often presents unexpected challenges that can drastically alter their path in unimaginable ways. The Himalayan Trust is driven by a deep enthusiasm to reach out to children like me, providing support and opportunities for a better life. I owe everything I am to-

day to the support I received from BCF and HTN, and no words can adequately express my gratitude for the countless ways they have transformed the lives of my family, myself, and numerous other children in similar circumstances. For children like me, BCF and HTN have not only offered support but also a transformative way of life. Thank you very much.



*At a work as a Chef*

# Thanks to the Unwavering Support

## FUR NGIMA SHERPA

Bupsa, Solukhumbu

Mountain Disaster Relief Educational  
Support (MDRES) Scholarship Recipient



My name is Fur Ngima Sherpa, an 18-year-old from a small village (Bupsa, Solukhumbu) nestled in the breathtaking Himalayas. Our village, tucked away from the rest of the world, is home to a humble population of around 1,000s people, including my loving family. Our house, constructed with weathered wood and stones, symbolizes the resilience and simplicity that define our lives.

Before the Himalayan Trust (HT) came into my life, the prospects for education and a better future seemed bleak. In our village, access to quality education was limited, and poverty cast a shadow of despair over our dreams. My parents, both uneducated but with hearts brimming with hope, struggled to make ends meet as farmers in the harsh terrain. The financial burden of providing for our family made it impossible for them to support my educational aspirations. The lack of resources, including proper school facilities and educational

materials, compounded my challenges, leaving me trapped in a cycle of hopelessness.

The day the Himalayan Trust reached out to offer their support was a turning point in my life. The scholarship they provided enabled me to attend a well-equipped school in the city, unlocking a world of knowledge and possibilities previously beyond my reach. Their support gave me a quality education, empowering me to dream bigger and work harder. The HT also facilitated mentoring and career guidance, nurturing my talents and instilling in me a sense of self-belief that I had never known before. They also provided me with essential resources such as books, uniforms, and stationery, erasing the barriers that once stood between me and my dreams.

Today, thanks to the unwavering support of the Himalayan Trust Nepal, American Himalayan Foundation and

Himalayan Trust New Zealand, I stand as a proud testament to the transformative power of education and philanthropy. Through their generosity, I have become the second person in my family to pursue higher education after my brother. After all, being a daughter of my family, I have joined a prestigious college, studying Hotel Management, a subject that has always fascinated me. The Himalayan Trust's support has not only transformed my life but also the lives of countless other young individuals in our community.

Reflecting on my journey, I have learned that with compassion and opportunities, we can break the shackles of poverty and build a brighter future for generations to come. The Himalayan Trust's legacy, inspired by the great Sir Edmund Hillary, continues to thrive through its transformative impact on young minds like mine. Donating to the Himalayan Trust can provide more opportunities to the young generation, helping them escape the clutches of poverty and shape their destinies.

Let us join hands and empower the future leaders of the Himalayas. Together, we can ensure that every child has access to education, nurturing their dreams, and honor the incredible legacy of Sir Edmund Hillary and the Himalayan Trust.

# Making Learning More Accessible



**BINDHYA THAPA RAI**  
Mahendrajyoti Higher Secondary  
School, Chaurikharka, KPRM.  
HT Supported English Teacher

I had always been passionate about teaching and embarked on my journey as a teacher with a sincere dedication to help students learn and grow. My first year was probably the toughest, as I learned to navigate the challenges that come with being a teacher. But I persevered and with time passed, I gained more confidence, honed my teaching methods, and developed a deeper understanding of students and their needs.

I fortunately got an opportunity to be appointed as a teacher in Mahendra Jyoti Secondary School, Chaurikharka with the monthly salary assisted from Himalayan Trust Nepal and I am proud to say that I have successfully implemented effective educational strategies that have positively impacted both the students and the organization.

One of my main goals as a teacher was to create a positive learning environment for the students. By implementing a variety of teaching methods such as gamification, interactive lessons and group projects, I was able to create an engaging and fun learning environment that kept my students interested and motivated.

I prioritized open communication with my students by actively listening to their needs and concerns. This allowed me to build meaningful relationships with my students, which helped to create a safe and supportive learning environment.

Through regular assessments, I was able to monitor the progress of my students and provide them with timely interventions to help them overcome any learning challenges. Furthermore, I consistently demonstrated a growth mindset by encouraging my students to take risks and learn from their mistakes.

As a result of my teaching approach, my students started showing improvements in their grades, attendance and behavior. They were also happier and more confident in their abilities.

For me, the success I experienced as a teacher goes beyond academics, it is about making a difference in the lives of my students. Seeing them grow, flourish and achieve their dreams is the ultimate reward, and it remains one of the most fulfilling aspects of my career.

I believe that my dedication, passion and success as a teacher have benefited the organization in various ways. I am excited to continue making a positive impact through my work as an educator for this organization.

As a teacher supported by Himalayan Trust Nepal, I have seen positive impact that Himalayan Trust Nepal has had on the education system. Through their support, we have been able to receive essential resources such as books, stationery and classroom materials making learning more accessible and engaging for our students.

Himalayan Trust Nepal has also provided training for teachers, helping us improve our pedagogical skills and teaching techniques, which has ultimately led to better learning outcomes for the pupils. As a teacher from this organisation, I am grateful for their efforts in enhancing the quality of education and empowering the children in the remote areas of the country.



*Ms. Bindhya Thapa with the children in the classroom*

# Letter of Appreciation from Himchuli Basic School

**HIMCHULI BASIC SCHOOL**  
Bung, Mahakulung RM-1, Solukhumbu



**H**imchuli Basic School was established in 2012 with the generous financial support of Richard May, a German citizen. The initiative was spearheaded by the Himchuli Youth Ekata Club, in collaboration with local parents, intellectuals, and education enthusiasts. The school's humble beginnings took shape within a bamboo hut, with Teju Kumari Kulung assuming the role of the first teacher. With the approval of the local government, Himchuli Basic School was authorized to operate as a primary school.

The temporary learning centre found its home on land donated by the local residents of Mahakulung, namely Sanak Singh Rai, Laxmi Kumar Rai, Jagat Ram Rai, and the Himchuli Youth Ekata Club. In 2015, the joint funding support of Richard May from Germany and Candy Chaplain from the United States, enabled the construction of the first two-room classroom building. The following year, in



*Classrooms before and after the HTN support*



*HTN Trainer Ms. Neelam Chand facilitating the teachers in the classroom*

2017, Kathrina, a Swiss benefactor, generously contributed to the construction of an additional three-room building. Recognizing the importance of proper sanitation, Kathrina further supported the school by assisting in the construction of a three-room toilet facility in 2018. The Mahakulung Rural Municipality Ward No. 1 also played a pivotal role by supporting water supply and providing essential furniture for the school. In 2019, Kathrina and her team once again extended their assistance by helping construct another three-room building.

At present, Himchuli Basic School employs five teachers and one office assistant with the support from donors and the rural municipality. The school offers education up to grade 5

and currently has a total enrolment of 104 students.

Since the academic year 2022, the Himalayan Trust Nepal (HTN) has been instrumental in enhancing the teaching and learning environment by including the school under Literacy through Integrated Learning (LIL) Programme. HTN has provided invaluable support, including teacher training, teaching materials, classroom repairs and painting, as well as improvements such as furniture installation, carpeting the classrooms, and the establishment of book corners with reading materials. These initiatives have significantly contributed to creating an enriching educational experience for the students. With effective classroom manage-

ment practices in place, students are motivated to attend school and are content with their academic journey. Parents and well-wishers are delighted with the progress made by the school. Notably, the students have developed a habit of reading story-books, and even the Early Childhood Education and Development (ECED) students eagerly explore the narratives depicted through the accompanying pictures.

The Himalayan Trust Nepal's unwavering support has played a crucial role in the overall improvement of Himchuli Basic School. We extend our heartfelt gratitude to Himalayan Trust for their invaluable assistance and look forward to their continued partnership and support in the days ahead.

**Nirkumar Rai**  
Chairperson,  
School Management Committee

**Teju Kumari Kulung**  
Principal

# ANNEX 6

## LIST OF TEACHING MATERIALS SUPPORTED TO THE SCHOOLS

Quality Education Programme in Solukhumbu										
Teaching materials (stationery supplies) for 105 schools of Solukhumbu and 1 school of Rolwaling for the year 2023										
SN	Particulars/ Schools	Specification	Unit	Rate	"SBTTP (63 Schools)"		"LIL (43 School)"		"Total (106 Schools)"	
Student Number	ECED				895				895	
	1-3				1477		1100		2577	
	4-5				1086				1086	
	6-8				1424				1424	
	9-10				771				771	
	11-12				130				130	
	Total				5783		1100		6883	
	General stationery				Qty	Rate	Qty	Amount	Qty	Amount
1	Teacher atten register	40 sheet, nepali paper, hard cover as per given design	Pcs.	400	34	13600	7	2800	41	16,400.00
2	Student atten register	30 sheet, Hard Cover as per given design	Pcs.	65	399	25935	233	15145	632	41,080.00
3	Exam copy	400 sheet, 60gsm, 11" X 18"	Rim	450	505	227250	166	74700	671	301,950.00
4	A4 paper	JK Copier, 70 gsm	Rim	485	492	238620	136	65960	628	304,580.00
5	Multicolor paper (Mix Colour)	A4 Size, 100 pcs mix colour, indonesian, 120gm	Rim	230	115	26450	114	26220	229	52,670.00
6	Nepali Record File with rope	Nepali paper pasting, good quality as per given design	Pcs.	5.5	8495	46723	4631	25471	13126	72,193.00
7	Large Copy 100 page	234x176 mm, 64 gsm, 100 pages including cover as per given design	Dz.	390	1628	634920	401	156390	2029	791,310.00

Quality Education Programme in Solukhumbu											
Teaching materials (stationery supplies) for 105 schools of Solukhumbu and 1 school of Rolwaling for the year 2023											
Student Number	SN	Particulars/ Schools	Specification	Unit	Rate	"SBTTP (63 Schools)"		"LIL (43 School)"		"Total (106 Schools)"	
		ECED				895				895	
		1-3				1477		1100		2577	
		4-5				1086				1086	
		6-8				1424				1424	
		9-10				771				771	
		11-12				130				130	
		Total				5783		1100		6883	
	General stationery				Qty	Rate	Qty	Amount	Qty	Amount	Qty
8	Mix Color Drawing paper	25"x35 1/2", 120gsm, indo- nesia	Pcs.	22	1100	24200	1390	30580	2490	54,780.00	
9	White board marker (Mix Colour)	Pointline , Re- fillable	Doz.	330	188	62040	77	25410	265	87,450.00	
10	White board marker ink (Black)	Pointline 30ml, 12 pieces	Box	1080	55	59400	64	69120	119	128,520.00	
11	Pencil	Doms, Super dark HB/2 graphite pencils	Pkt.	52	1593	82836	534	27768	2127	110,604.00	
12	Eraser	Doms	Pcs.	3.75	5080	19050	1962	7358	7042	26,407.50	
13	Pencil Sharp- ner	Large Table sharpner KW- trio 0310A	Pcs.	450	99	44550	117	52650	216	97,200.00	
14	Dot pen (Black)	Cello, Technotip	Pkt.	125	178	22250	95	11875	273	34,125.00	
15	Dot pen (Red)	Cello, Technotip	Pkt.	125	176	22000	82	10250	258	32,250.00	
16	Permanent Marker (Mix Colour)	Pointline , Re- fillable	Doz.	330	74	24420	55	18150	129	42,570.00	
17	White board duster	Boho, White board eraser	Pcs.	32	401	12832	129	4128	530	16,960.00	
18	Sand paper	120 No.	Pcs.	5	725	3625	1100	5500	1825	9,125.00	
19	Card Board Paper	Thick	Pcs	10	870	8700	1035	10350	1905	19,050.00	

Quality Education Programme in Solukhumbu										
Teaching materials (stationery supplies) for 105 schools of Solukhumbu and 1 school of Rolwaling for the year 2023										
SN	Particulars/ Schools	Specification	Unit	Rate	"SBTTP (63 Schools)"		"LIL (43 School)"		"Total (106 Schools)"	
Student Number	ECED				895				895	
	1-3				1477		1100		2577	
	4-5				1086				1086	
	6-8				1424				1424	
	9-10				771				771	
	11-12				130				130	
	Total				5783		1100		6883	
	General stationery				Qty	Rate	Qty	Amount	Qty	Amount
20	Carbon Paper	Deli Black, 100 Pcs	Pkt	350	29	10150	44	15400	73	25,550.00
21	Glue stick	Deli 7103 wash-able glue, 36g/ PVA	Pcs.	65	174	11310	276	17940	450	29,250.00
22	Transparent Tape	2 inch, Big Roll, 800 gm	Pcs.	440	58	25520	91	40040	149	65,560.00
23	Fevicol	1 Kg	Bottle	300	29	8700	45	13500	74	22,200.00
24	Crayon color	Camel Wax Crayons Jumbo 12 Shades	Pkt.	60	174	10440	309	18540	483	28,980.00
25	PVC Electrical wire insulation Tape	Red Colour	Pcs.	15	145	2175	210	3150	355	5,325.00
26	Masking Tape	Comet, 20 meter, 1 inch	Pcs.	38	174	6612	216	8208	390	14,820.00
27	Scissor	Deli classic-6010, 8.5"	Pcs.	150	58	8700	60	9000	118	17,700.00
28	News Print Paper	23" X 36"	Roll	400	29	11600	44	17600	73	29,200.00
29	Paper cutter	Deli 2041	Pcs.	150	58	8700	48	7200	106	15,900.00
30	White Board	3*5, Indian	Pcs.	2250	0	0	15	33750	15	33,750.00
31	Punching Machine	Kangaro 600 Punching Machine	Pcs.	215	29	6235	33	7095	62	13,330.00
<b>Student Number</b>			<b>1,709,542.50</b>		<b>831,247.00</b>				<b>2,540,789.50</b>	
<b>13%TAX</b>			<b>222,240.53</b>		<b>108,062.11</b>				<b>330,302.64</b>	
<b>Grand Total</b>			<b>1,931,783.03</b>		<b>939,309.11</b>				<b>2,871,092.14</b>	







## HIMALAYAN TRUST NEPAL

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