Apr-June 2021

# Himalayan Trust Nepal

#### HONORARY LIFE-TIME PATRON

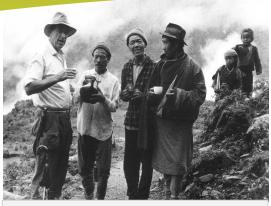
June Mulgrew Hillary Late Zeke O'Connor Richard Charles Blum Dr. Michael Gill Larry Witherbee

#### HONORARY MEMBERS

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Sir Ed with Sherpas bearing chang and a petition for a school.

#### FOUNDER Sir Edmund Hillary

#### APR-JUNE, 2021 HIGHLIGHTS:

#### **Covid-19 Second Wave Response Programme**

- Covid-19 Prevention Materials Support
- Covid Isolation Center at Khumjung
- Kunde Hopsital Trained Covid-19 Screening Test

#### **Other Activities**

- Monitoring Visit to Solukhumbu
- Solar Project in Mamerkhu and Boksuwar
- Salyan Primary Health Care
- Bachelor Level Scholarships Awarded
- Teaching Materials for 65 Schools
- Dr. Tshering Wangdi Scholarship Awarded
- Louise and Belinda Hillary Memorial Scholarship
- Goli Clinic Moves to the Newly Built Building
- Virtual Orientation Programme Organized
- Emerging Donors of Himalayan Trust
- Computer Lab Installation in Progress
- School WaSH Project Update
- Preparation of Customized Training Curriculum for Integrated Teaching and Learning

#### Covid-19 Prevention Materials Supported

The second wave of Covid-19 pandemic struck Nepal in the third week of April. Nepal government imposed second time lockdown from 29<sup>th</sup> of April and it has been eased from 22<sup>nd</sup> of June 2021.

Considering the Covid risks to the frontline workers and upon request of Phaplu hospital and government authorities of Solukhumbu, HTN had been able to procure Covid-19 prevention materials in the first week of May 2021. The aid materials included antigen test kits, surgical masks, surgical gloves, surgical gowns and hand sanitizers. They were handed over to Phaplu hospital, Central District Office, District Police Office and District Coordination Committee of Solukhumbu. The funding support for this procurement had been possible through the generous funding of Himalayan Trust New Zealand.

HTN has sent the second lot of Covid-19 prevention materials to Khunde hospital, Khumjung Isolation Center, Thame, Phortse and Monjo clinics. The materials included 100 antigen test kits, room disinfectant fogger solution, surgical masks, KN95 masks, face shields, disposable gowns and gloves, soap dispenser and liquid soap. The support has been possible through the generous support of American Himalayan Foundation.

HTN has been quick to respond to Covid-19 spread in the Solukhumbu. As the number of infections started to escalate, HTN through the generous support of its donors and partners have been able to procure essential Covid prevention materials and handed over to Phaplu hospital, Solududhkunda Municipality operated Phaplu isolation center, Khumbu Pasanglhamu Rural Municipality operated Khumjung isolation center, Pangboche, Namche, Nachipang, Poiyan, Buksa, Juving, Takshindu, Junbesi, Nechasalyan, Kangel, Sotang, Bung, Goli and Patle health posts and clinics and Thupten Chholing Monastery in May and June 2021. This has been possible with the generous support of our donors, American Himalayan Foundation, Himalayan Trust New Zealand, Sir Edmund Hillary Stiftung Germany, Benoit Chamoux Foundation, Professor Wolfgang Nairz, Naulekh Foundation, Forgotten Sherpas of Nepal Trust, Eyes4Everest, Nepal Kinderhilfe Germany, Messner Mountain Foundation, David Smith – UK, and Karl & Maggy Buhler – New Zealand. The total infected cases of Solukhumbu is 1245, out of which 894 recovered and 10 deaths were recorded as of 30<sup>th</sup> June 2021. The national scenario of Covid-19 cases as of 30<sup>th</sup> June in Nepal is:

Total cases	Total active cases	Total recovered	Deaths
638,805	33,561	596,132	9112



Covid-19 materials for Phaplu hospital and district government offices



Covid-19 prevention materials handed over to DCC.



Covid-19 materials handed over to Phaplu hospital.



Covid-19 prevention materials handed over to CDO.



Covid-19 prevention materials handed over to District Police Office.



Covid-19 materials for Khunde hospital.



Covid-19 materials for Monjo clinic.



Covid-19 materials for Phortse clinic.



Covid-19 materials for Thame clinic.



Nachipang clinic, Nachipang



Namche clinic, Namche



Pangboche clinic, Pangboche



Khumjung isolation center, Khumjung





Bung health post, Bung



Kangel health post, Kangel



Phaplu hospital, Phaplu



Salyan health clinic, Salyan



Thupten Chholing Monastery

## Covid Isolation Center at Khumjung

Himalayan Trust Nepal on the request of Khumbu Pasang Lhamu Rural Municipality helped set up and operate an Isolation Center for COVID patients at Khumjung. HTN through Khunde hospital provided medical assistance and additional medical professional to manage the isolation center. This has been possible with the generous support of our donors such as American Himalayan Foundation and Benoit Chamoux Foundation.



Dr. Kami Temba Sherpa explaining the ways to take care of Covid patient.



Isolation center managed at Khumjung.



Nurse, Ms. Fura Doma Sherpa demonstrating the correct way of using PPE & face masks.



Dr. Kami Temba Sherpa demonstrating the correct use of Oxygen Concentrator to the volunteers and members of youth group.

### Kunde Hospital Trained Covid-19 Screening Test

Kunde hospital started Covid-19 antigen tests from the beginning of May 2021. The Community Medicine Assistants of Thame, Phortse and Monjo clinics were trained by the Khunde doctors in performing the test. The antigen test facilities are now available at all three outreach clinics. Since then the village based medical staff have performed a number of tests and treated patients in consultation with Khunde doctors at home isolation. The data for the month of May and June are presented as follows:

Month	Positive	Negative	Recovered	Isolation	Death	Referred	Total
May	46	30	26	18	1	1	76
June	38	22	29	7	2	-	98
Total	84	52	55	25	3	1	174



Medical staff at Kunde hospital performing antigen tests on patients.

#### Monitoring Visit to Solukhumbu

As a part of regular monitoring, HTN CEO Dr. Mingma Norbu Sherpa, Programme Manager Mr. Lhakpa Tenji Lama under the leadership of Chairman Mr. Pasang Dawa Sherpa visited Beni Health Post in Junbesi, Junbesi Secondary School and Phaplu hospital on 31<sup>st</sup> May 2021 after their successful trip to Khumbu . The team met Ms. Ang Lhamu Lama in charge of the Junbesi health post, newly appointed head teacher Mr. Bharat Rai, former head teacher Mr. Chungba Chhiring Lama and SMC chair Mr. Karma Lama. HTN team also met Ms. Sani Sherpa, In Charge of Phaplu hospital and took stock of information about the hospital. HTN with the generous funding support of Sir Edmund Hillary Stiftung Germany is helping to repair the leaking roof of the old hospital buildings.



Beni Health Post, Junbesi



Meeting at Junbesi School





Meeting with SMC of Sotang School



Visit to Sotang School



Visit to Sotang School

#### Solar Project in Mamerkhu and Boksuwar

A team led by Chairman of HTN Mr. Pasang Dawa Sherpa along with Dr. Mingma Norbu Sherpa, Engineer Mr. Bijay Shrestha, Manfred and Peter from Light for Kids Germany visited Chheskam school, Mamerkhu and Boksuwar villages. The objective of the visit was to meet, interact and assess the local situation for launching the Solar project. These two villages lie in the most remote part of Solukhumbu. Sherpa and Rai are the major population of the villages.

Light for Kids is a charity organization based in Germany. Manfred is the CEO and Peter is the Vice-president of the organization. With the funding support from the organization, HTN is implementing a solar project at Mamerkhu and Boksuwar village in 2021.



### Salyan Primary Health Care

With the generous funding support of Sir Edmund Hillary Stiftung Germany, HTN handed over 49 different types of medicines along with medical equipment to Salyan Primary Health Care Center as part of its annual support in April 2021.



Mr. Nava Bahadur Bhujel of HTN handed over the essential medical supplies to the Salyan PHC.

#### Bachelor Level Scholarships Awarded

HTN through the funding of New Zealand Aid Programme and Himalayan Trust New Zealand has been able to set up bachelor level scholarships for students of Solukhumbu. The scholarship is being awarded on two different catagories. The fisrt category is:

- 1) Khumbu Pasanglhamu Rural Municipality and Himalayan Trust Scholarships for the students of the Khumbu region. 8 (1 female and 7 male) students from KPLRM were successful to get scholarships. This scholarship is a joint initiative of Khumbu Pasang Lhamu Rural Municipality (KPLRM) and HTN. KPLRM covers 60% and HTN covers 40% of the scholarship fund. The scholarship amount covers tuition fees and partial living cost. Students need to bear additional cost of living. Out of the 28 seats available, only 8 seats were fulfilled this year. For the remaining 20 seats, applications will be called in 2021.
- 2) Himalayan Trust Bachelor Level Scholarship for the students of Southern Solukhumbu. As part of the Quality Education Programme in Solukhumbu (QEPS), HTN awarded scholarships to 15 (7 female and 8 male) students from 5 rural municipalities of Southern Solukhumbu district to pursue their Bachelor level study in various subjects.

S.N.	Name of student	Permanent address	Subjects
1	Subas Rai	KPLRM – 02, Lukla	B.E. – Civil Engineering
2	Dorjee Gyalzen Sherpa	KPLRM– 04, Khumjung	B.E. – Civil Engineering
3	Kami Tshering Sherpa	KPLRM– 04, Khumjung	Bachelor of Law (LLB)
4	Mingma Doma Sherpa	KPLRM– 05, Theso	B.Ed. (English)
5	Ngima Chhiri Sherpa	KPLRM – 02, Lukla	B.Sc. – Environment Science
6	Ngima Tashi Sherpa	KPLRM– 05, Chanyakpa	Bachelor – Tourism
7	Ngawang Tshering Sherpa	KPLRM– 04, Khumjung	Bachelor – Computer Science
8	Dawa Tshering Sherpa	KPLRM– 03, Ngamuteng	Bachelor – IT

Table 1: Khumbu Pasanglhamu Rural Municipality and Himalayan Trust Scholarship

#### Table 2: Himalayan Trust Bachelor Level Scholarship for Southern Solukhumbu

S.N.	Name of student	Permanent address	Subjects
1	Lhamu Dolma Sherpa	Solududhkunda-03, Loding	B.Sc. – Forestry Science
2	Ganesh Bastola	Necha-Salyan-03, Necha	B.Sc. – Agriculture
3	Manich Kumar Rai	Thulung Dudhkoshi-09, Dilbu	B.Sc. – Agriculture
4	Bebina Phuyal	Necha-Salyan-03, Besigaun	B.Ed. (Science)
5	Pasang Tamang	Mapya Dudhkoshi-05, Rokful	B.Ed. (Science)
6	Sribina Rai	Mapya Dudhkoshi-05, Kanku	B.Ed. (Science)
7	Prajwal Rai	Mahakulung-01, Saddi	B.Ed. (English)
8	Suraj Pratap Ranamagar	Mapya Dudhkoshi-05, Kanku	B.Ed. (English)
9	Samina Kulung Rai	Mahakulung-03, Chheskam,	B.Ed. (Maths)
		Khardo	
10	Mukesh Bastola	Necha-Salyan-02, Salyan	B.Ed. (Social Studies)
11	Lakhmaya Tamang	Mapya Dudhkoshi-05, Kanku	B.Sc. – Nursing
12	Phurba Gyalzen Sherpa	Solududhkunda-04, Salleri	Bachelor – Computer Science
13	Amrit Regmi Magar	Mapya Dudhkoshi-06, Waku	Bachelor – IT
14	Bipana Koirala	Necha-Salyan-01, Salyan	Bachelor of Dental Surgery (BDS)
15	Rojina Katel	Necha-Salyan-03, Necha	Bachelor of Law (LLB)

#### **Teaching Materials for 65 Schools**

HTN through the funding support of New Zealand Aid Programme and Himalayan Trust New Zealand provides teaching materials to 60 schools of Solukhumbu annually. Five schools have been added to the list in 2021 and thus 65 schools will receive the teaching materials every year. All these teaching materials have been transported to the respective schools just before the lockdown started in April. All the 65 schools are now well equipped with teaching materials and will have a comfortable situation to resume the classes after the lockdown. As for Rolwaling Sangag Choling Monastery School, the materials were handed over to the Chairman of the school management committee, Geshe Thubten Jinpa at the Trust office by CEO of HTN Dr. Mingma Norbu Sherpa.



Teaching materials packing done at HTN office.



Teaching materials handed over to both Janajagriti Basic and Secondary School.





Teaching materials handed over to Chiwang Basic School.

Teaching materials handed over to Juving Secondary School.



Geshe Thubten Jinpa receiving the teaching materials of Rolwaling monastery school at HTN office.

### Dr. Tshering Wangdi Scholarship Awarded

Dr. Tshering Wangdi Sherpa originally from Namche is currently living in the United States. Dr. Sherpa who initially received scholarship from the Himalayan Trust has changed his life considerably. Now, he wants to pay back to Himalayan Trust to show his high respect to Sir Ed for his legacy. HTN is pleased to award his scholarships to Ms. Fura Yangji Sherpa from Pangboche to complete her high school level studies and Ms. Pasang Lhamu Sherpa from Thameteng to complete her final year studies of Bachelor in Education taking Mathematics as a major subject. Both the candidates are deserving students.



Ms. Pasang Lhamu Sherpa

#### Louise and Belinda Hillary Memorial Scholarship

The Louise and Belinda Hillary Memorial Scholarship for this year has been given to Ms. Sophi Rai to pursue her Bachelor in Chartered Accountant in The Institute of Chartered Accountants of Nepal in Kathmandu and Ms. Pasang Yangzi Sherpa to study B.Sc. Nursing. The scholarship grant is supported by Sir Edmund Hillary Stiftung, Germany. The scholarship grant for Ms. Sherpa has been donated by an 82 years old lady, Anna Patzlsperger from Germany. She saved her own holiday money of 2021 and supported a sum of Euro 3,000 through the foundation to Ms. Sherpa to pursue her Nursing course.



Ms. Sophi Rai



Ms. Pasang Yangzi Sherpa

#### Goli Clinic Moves to the New Building

Pikey Rural George Hunter Clinic has moved to the new building and is well equipped to provide basic health services to the community. The new clinic building was built through the financial support of Slovak Embassy New Delhi and Likhu Pikey Rural Municipality in 2020. The salary of health staff and medicines have been supported by the Forgotten Sherpas of Nepal Trust New Zealand. The formal handing over of the clinic to the community was not possible due to the Covid second wave.

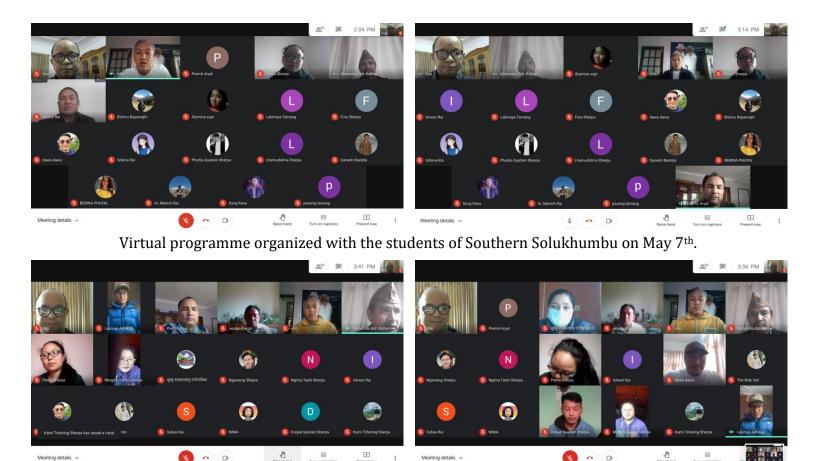


The fully equipped new Goli clinic building.

# Virtual Orientation Programme Organized

HTN organized a virtual orientation for the students of Southern Solukhumbu on May 7<sup>th</sup> 2021 who were selected for the Himalayan Trust Bachelor Level scholarships. Similarly, another virtual programme was organized on May 9<sup>th</sup> 2021 for those students selected for the Khumbu Pasang Lhamu Rural Municipality and Himalayan Trust Scholarships to study bachelor degree in different subjects.

HTN's part of the funding for both category of scholarships have been managed under the Quality Education Programme in Solukhumbu (QEPS) funded by Himalayan Trust New Zealand and New Zealand Aid Programme.



Virtual programme organized with the students selected for KPLRM and HTN scholarship on May 9<sup>th</sup>.

# **Emerging Donors of Himalayan Trust**

Dr. Tshering Wangdi Sherpa has committed he would support Himalayan Trust activities such as management of Khunde hospital, Khumjung school, scholarships annually.

An American citizen named Mr. M.J. Bakke has committed that he would be supporting US \$1000 per year to Himalayan Trust Nepal activities commencing from 2021.

Mr. David Smith of UK has donated funds for Covid control and humanitarian assistance to poor families of Solukhumbu.

# **Computer Lab Installation in Progress**

HTN is supporting in establishing computer labs in the schools of Solukhumbu in order to improve the access to modern technology-based learning for children. Fifteen computer labs have been established in fifteen schools of Solukhumbu during the period of 2018 to 2020. Five new schools were selected to install the labs in the year 2021. The selected schools are:

- 1. Sagarmatha Secondary School, Waku
- 2. Chheskam Secondary School, Chheskam
- 3. Jivan Jyoti Secondary School, Nele
- 4. Himalaya Secondary School, Jubu
- 5. Yuba Barsa Basic School, Monju

These schools have completed 90% of their work in preparing the required furniture and furnishing of the room for the computer lab and targeted to complete by the end of June. Then the computers will be installed in the following month. EduTech Nepal is providing computers and technical support to establish the computer whereas HTN facilitating identifying schools, transporting computers to schools, monitoring the computer labs, and coordinating with local governments. HTN's part of the funding is managed under the Quality Education Programme in Solukhumbu (QEPS). The QEPS is funded by Himalayan Trust New Zealand and New Zealand Aid Programme.



Furnished computer lab at Himalaya Secondary School, Jubu

Furnished computer lab at Chheskam Secondary School, Chheskam.

# School WaSH Project Update

The Juving high school water and toilet construction project is near completion. This project has been funded by Grand Circle Foundation, USA. The project is targeted to complete by mid July and then formally handover to the community by the end of July 2021.



# Preparation of Customized Training Curriculum for Integrated Teaching and Learning

As part of Quality Education Programme in Solukhumbu (QEPS), the teacher's training programme is one of the major components to improving child-centered teaching and learning outcomes in the classroom. In line with the recent changes in the school level curriculum in Nepal, HTN is closely coordinating with the Centre for Education and Human Resource Development (CEHRD) of Ministry of Education. CEHRD resource persons including HTN teacher training team recently have developed "Customized training curriculum for integrated teaching and learning" to build the capacity of teachers in applying integrated curriculum in the schools. This curriculum will be used in the center-based teacher training and school-based teacher training in the programme area schools of Solukhumbu. Similarly, the CEHRD team in collaboration with HTN is preparing "Training Guide (TG)" for customized training curriculum of integrated teaching and learning. As soon as completion of preparation of TG, a Training of Trainers (ToT) on the integrated curriculum, for HTN teacher training team will be organized in the first week of July 2021.





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